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ENGL 1013

Date

Word Vomit

Word vomit gets its name from words coming out that can't be stopped. A person who watches the movie *Mean Girls* will hear the term "word vomit." It is an interesting concept because it is a lot like a disease. It spreads quickly, people must come in contact with it in order to obtain the disease, and it's difficult to cure. Word vomit usually happens when someone has a good secret, when people are bored, or when someone has a guilty conscience. All people have word vomited at one time in their life, most likely by accident. If individuals regret the words as soon as they leave their mouth, they have experienced word vomit.

It is easiest to experience word vomit when there is a good secret in the air. A secret is also the best example of the chain reactions associated with word vomit. The person with the disease, also known as the secret, always gives someone else a chance to word vomit. Even if the person with the secret isn't infected, passing on the secret makes someone else word vomit. When someone has a good secret, the disease can easily spread virally, meaning just by hearing the secret a person can be susceptible to word vomit.

When people get bored, they look for "vomit bacteria," also known as gossip. Gossip is normally a lie that comes from some truth blown out of proportion. This is the hardest word vomit to cure because it spreads the quickest. In this instance, people tell their group of friends, and then each of their friends tells another group of people. When this happens, a mass infection occurs, and there really isn't anything to trace the gossip back to the carrier since someone

always heard it from someone else and no one will admit to being the source.

When someone finds out another person has word vomited, it is common for that person to blame someone else. A guilty conscience makes people lie to get themselves out of trouble, making them a sure target for the disease called word vomit. The individuals know they should've kept their mouths shut, and now they have to blame the gossip on someone else. When the people they blame find out, they will have other things to make up. A guilty conscience normally means a person started the word vomit, whether it's true or not.

Experts may not believe word vomit is a disease, but all high school girls recognize it as a serious illness. Symptoms of word vomit include having no friends and not being trusted. Word vomit spreads like a sickness because, once one person is infected, everyone around starts to word vomit. Secrets, bored people, and guilty consciences are normally the most likely causes of word vomit. The only known way to avoid getting the disease is to not tell anyone anything. People should keep their secrets or gossip to themselves to avoid a mass infection and a guilty conscience. Word vomit is not really a disease, but it is easily compared to one, and if people word vomit enough, I'm sure they will start feeling kind of sick.