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### Shopping at Wal-Mart

Shopping is one of my favorite hobbies. I have shopped at many places. However, after moving to Russellville, I found that I enjoy Wal-Mart shopping because it gives me the pleasure of shopping for everything, exercising without burden, and learning American culture.

First of all, shopping for everything at Wal-Mart is the most attractive thing to me. Wal-Mart provides me with everything from A to Z. I can shop for accessories, food, housing materials, plants, or even guns. Because I am a busy person, driving to each shop to find the various items I need is a waste of time and very annoying. However, after I have been to Wal-Mart, I never have to travel to other shops to find what I need because I have found everything that I have wanted and needed at Wal-Mart. Wal-Mart prepares various things that the ordinary people need so that all I have to do is go there, look around, and enjoy shopping with the belief that I can buy everything.

Together with shopping for everything, exercising without burden is another benefit when I shop at Wal-Mart. Unlike many other hobbies such as collecting, watching movies, reading, or listening to music, shopping at Wal-Mart provides me with the chance for physical exercise. As a student and mom, I do not have enough time to exercise or take a walk for myself. Only shopping at Wal-Mart gives me the opportunity for plenty of relaxed walking. During Wal-Mart shopping, I usually walk at least thirty minutes. Actually, when I do not go to Wal-Mart regularly, I gain two or three pounds of weight. Because of this shopping, I can keep

my ideal weight.

In addition to exercising without burden, learning about American culture is a big merit from Wal-Mart shopping. As a foreigner, I am very interested in American culture, and I can fulfill much of my curiosity about American culture from shopping at Wal-Mart. Through Wal-Mart's decorations and displays, I know that Americans have many special traditions such as Valentine's Day, Easter, Independence Day, Thanksgiving, Halloween, and Christmas. I learned what they wear for hunting, what they eat while watching football, and how they wrap gifts. Wal-Mart shopping enables me to peek at something that Americans do not show me directly.

Wal-Mart shopping is the most interesting thing in Russellville for me. I enjoy shopping at Wal-Mart because of its countless items, free exercise, and evidence of traditional American culture.