

Jay Daniel Post, Ph.D.

Arkansas Tech University
Parks, Recreation, and Hospitality Administration
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Education:

- Oklahoma State University**, 2013-2016 December 2016
Ph.D. in Health, Leisure, and Human Performance; Emphasis: Outdoor Leadership
Dissertation Advisor: Melissa Zahl, Ph.D.
Academic Chair: Donna Lindenmeier, Ph.D.
Topic: Perceptions of outdoor leaders towards their experiences of spirituality in nature:
A Q methodology inquiry
- Oklahoma City University**, 2009-2010 July 2010
M. Ed in Applied Behaviors Sciences; Emphasis: Group Dynamics
- Oklahoma State University**, 1999-2003 December 2003
B.S. in Leisure Studies (Parks & Recreation); Emphasis: Leisure Service Management
Mentor: Christine Cashel, Ed.D.

Teaching Experience:

- Assistant Professor:** Arkansas Tech University
Russellville, AR 2017-present
Prepared syllabi, rubrics and lesson plans. Evaluated student's progress and areas of improvement. Mentor students interested in the recreation & parks fields
- Adjunct Professor:** University of Central Oklahoma
Edmond, OK 2010-2017
Prepared syllabi, rubrics and lesson plans. Evaluated student's progress and areas of improvement. Mentor students interested in the outdoor & community recreation fields.
- Graduate Teaching Assistant:** Oklahoma State University
Stillwater, OK 2013-2016
Prepared syllabi, rubrics, and lesson plans. Evaluated student's progress and areas of improvement. Mentor students interested in the outdoor recreation fields.

Teaching Assignments – Arkansas Tech University:

- Orientation of Recreation & Parks Administration (RP 1001) A course designed to provide information and enhance skills that will enable students to take responsibility for a successful transition to college. The course will expose students to college resources, requirements, and promote the development of practical skills for college success.
- Backpacking (RP 1002) This course is an introduction to basic backpacking skills, equipment, food, and backcountry travel.
- Principles of Recreation & Parks Administration (RP 1013) A study of the history of the recreation and park profession and the basic sociological and ecological intermix of contemporary recreation and park services.

- Recreation Programming (RP 2003) Recreation program planning, supervision, and evaluation. This course examines the theory, principles, and leadership techniques of programming for individuals and groups in a variety of recreation settings, including community, institutions, and camps.
- Recreation Leadership (RP 2023) A study of the processes, methods, and characteristics of leadership and supervision in the delivery of leisure services. This course will help students to further develop the vital leadership skills needed in today's leisure service settings.
- Camp Administration (RP 3023) Theory and principles of camp administration, programming, leadership, and supervision in public, private, and school camps.
- Commercial Recreation (RP 3033) The course content will introduce the spectrum of planning, delivery and assessment of goods and services in the commercial sector of parks and recreation.
- Work Experience (RP 3043) Supervised field application of class skills and knowledge in Parks and Recreation work situations. Students are given the opportunity to take part in meaningful management and work experiences in actual work situations under the supervision of both university faculty and professionals in the field.
- Research Methods (RP 4023) An introduction to the spirit and theory of research. The scientific method and its application to the recreation and park profession.
- Internship (RP 4114) Placement in selected agency settings in student intern status under professional guidance of both agency supervisor and faculty. Emphasis will be placed on application of classroom theory to agency requirements which fulfill student's individual career interests.
- Wilderness First Aid – Special Topic (RP 4991) Trained laypersons to respond appropriately to emergency situations in wilderness or remote settings. The course content and activities will prepare you to better recognize emergencies, make first aid decisions, and provide care with little or no first aid supplies or equipment.

Teaching Assignments – University of Central Oklahoma:

- Community Recreation (REC 3433) Acquaint students with a variety of community based activities and skills related to the recreation profession. The course will focus on skill development and theories related to community engagement. Issues related to diverse populations and values associated with recreational activities will be examined during the course as well.
- Camp Administration & Programming (REC 2812) Investigated the administration of a modern camp. It will focus on the role of outdoor education in the leisure process.
- Wilderness First Aid (REC 3702) Trained laypersons to respond appropriately to emergency situations in wilderness or remote settings. The course content and activities will prepare you to better recognize emergencies, make first aid decisions, and provide care with little or no first aid supplies or equipment.
- First Aid & CPR (HLTH 2212) Trained laypersons to respond appropriately to emergency situations. The course content and activities will prepare you to better recognize emergencies, make first aid decisions, and provide care with little or no first aid supplies or equipment.
- Healthy Life Skills (HLTH 1112) Comprehensive investigation into current methods of health promotion and disease prevention. Knowledge and practical application in the areas of

fitness, nutrition, and substance prevention, and other positive life skills will be emphasized.

Flatwater Canoe & Kayak (PHED 2000) Experiential opportunities to learn the fundamentals for flatwater kayaking and canoeing.

Teaching Assignments – Oklahoma State University:

Administration in Leisure Services (RMTR 4493) Co-Taught with Dr. Tim Passmore

Decision making, problem solving, administrative structures, fiscal policies/procedures, and legal issues related to delivery of leisure services.

Senior Seminar in Leisure Services (RMTR 4481) Culmination of course work in leisure studies.

Examination of current issues, professional practices and personal philosophy of leisure.

Foundations of Leisure Service Leadership (RMTR 2473) To assist students in the exploration of leadership from a historical and philosophical perspective, while nurturing the individual student's leadership skills necessary for development and delivery of leisure services.

Contemporary Issues in Diversity (RMTR 2443) The purpose of this course is to expose students to multiple elements of diversity, examine personal beliefs and biases, and address institutional responses to differences.

Laboratory in Leisure Studies (RMTR 2463) Co-Taught with Dr. Donna Lindenmeier &

Dongwook Cho Lecture, discussion and experiential learning of recreation and leisure activities. Adapted activities, small and large group games, sports, arts and crafts, music, drama and cultural events. Utilization of areas and facilities for leisure activities and development of activities across the lifespan.

Guest Lecturer:

Fall 2018 – Hospitality Leadership (HA 2033) Topic: Group dynamics & situational leadership

Spring 2017 – Natural Resource Management & Planning (RP 3053) Topic: Inclusion in Recreation with SMART Goals & Objectives

Spring 2017 – Principles of Recreational Sports (RPTA 430) Topic: Inclusion in Recreation with SMART Goals & Objectives

Spring 2016 – Foundation of Recreation and Intramural Sport (RMTR 3010-G) Topic: Overview of Outdoor Recreation in University Recreation

Fall 2015 – Evaluations in Leisure Services (RMTR 4433) Topic: Thematic analysis for qualitative evaluations

Spring 2015 - Backpacking & Hiking (LEIS 2122) Topic: Backcountry personal waste management

Spring 2015 - Backpacking & Hiking (LEIS 2122) Topic: Wilderness First Aid - Splinting

Fall 2014 - Entrepreneurial Leisure Services (RMTR 4563) Topic: Military Recreation

Fall 2014 - Backpacking & Hiking (LEIS 2122) Topic: Backcountry personal waste management

Fall 2014 - Backpacking & Hiking (LEIS 2122) Topic: Wilderness First Aid – Splinting

Spring 2013 - Backpacking & Hiking (LEIS 2122) Topic: Backcountry personal waste management

Spring 2013 - Backpacking & Hiking (LEIS 2122) Topic: Leave No Trace principles

Research Interest

Outdoor leadership, leadership styles, diversity in recreation, Transcendentalism, outdoor spirituality, leisure motivation, group dynamics, and international perspectives of leisure

Research and Publications:

- Clemons, C., **Post, J.D.**, & Miller, M. (2018). Motivation through Pokemon Go. *Journal of the Oklahoma Association for Health, Physical Education, Recreation, and Dance*, 55(3). Retrieved from <http://ojs.library.okstate.edu/osu/index.php/OAHPERD/article/view/7761>
- Cho, D., **Post, J.**, & Kim, S.K. (2017). Comparison of passive and active leisure activities and life satisfaction with aging. *Geriatrics & Gerontology International*. doi:10.1111/ggi.13188
- Clemons, C., & **Post, J.D.** (2016). 2016 Oklahoma Wildlife Expo Feedback Surveys. Oklahoma Department of Wildlife Conservation: Oklahoma City, OK.
- Post, J.D.**, Zahl, M., Lindenmeier, D., Passmore, T., & Allen, K. (2016). Perceptions of outdoor leaders towards their experiences of spirituality in nature: A Q-Methodology Inquiry (Ph.D. Dissertation). Oklahoma State University, OK.
- Beck, S., Clemons, C., & **Post, J.D.** (2015). 2015 Oklahoma Wildlife Expo Feedback Surveys. Oklahoma Department of Wildlife Conservation: Oklahoma City, OK.
- Post, J.D.**, McKenzie, E., Ruiz-Andreu, C., & Kincannon, J. (2015). Multiple generation families in Oklahoma and their perceptions of leisure. *Journal of the Oklahoma Association for Health, Physical Education, Recreation, and Dance*, 52(2). Retrieved from <http://ojs.library.okstate.edu/osu/index.php/OAHPERD/article/view/6109/5711>
- Post, J.D.** (2010). Sequence for Tuckman's Group Development Model (M.Ed. Thesis). Oklahoma City University, OK.
- Post, J.D.**, & Potter, C. (n.d.). Perceptions of ocean-based outdoor leaders towards their experiences of spirituality in nature: A Q-Methodology Inquiry. Manuscript in process.
- Post, J.D.**, Okamura, T., & Hamatani, H. (n.d.). Perceptions of Japanese outdoor leaders towards their experiences of spirituality in nature: A Q-Methodology Inquiry. Manuscript in process.
- Post, J.D.** (n.d.). Cross-cultural experiences through outdoor recreation. Manuscript submitted for publication.
- Post, J.D.**, Cho, D., & Velasco, P. (n.d.). Outdoor leaders from different generations and perceptions of their leisure. Manuscript in progress.
- Post, J.D.** (n.d.). Outdoor recreation and the connection to religious practices: Multiple regression study. Manuscript in progress.

Non-Academic Publications:

- Post, J.D.** (n.d.). Find your spirituality during your outdoor recreation. *Manuscript in process*

Keynote Presentations:

- Post, J.D.** (2018). What is professionalism in outdoor leadership?. *6th Wilderness Education Association Japan Annual Conference*, Nagano, Japan.

Professional Presentations:

- Post, J.D.**, Clemons, C., & Miller, M. (2019). Motivation for Augmented Reality Gaming in Parks and Tourism Areas (poster presentation). *2019 Tourism, Hospitality, Events, & Conference for Researchers, Educators, Practitioners, & Students*. Las Vegas, NV.
- Post, J.D.** (2019). Benefit-based recreation from an administrative perspective. *2019 Southwest Parks & Recreation Training Institute*. Sequoyah State Park, OK.

- Post, J.D., & Zahl, M.** (2017). Perceptions of outdoor leaders towards their experiences of spirituality in nature: A Q-Methodology Inquiry. *2017 International Conference for Outdoor Leadership*. Jackson, WY.
- Post, J.D.** (2017). What is the Wilderness Education Association?. *2017 National Wilderness Workshop*. Russellville, AR.
- Clemens, C., **Post, J.D.**, & Miller, M. (2017). Impact of Pokemon Go(c) on individual's motivation to increase physical activity. *2017 Southeastern Recreation Research Conference*. Ashville, NC.
- Post, J.D.**, Montgomery, D., & Zahl, M. (2016). Perceptions of outdoor leaders towards their experiences of spirituality in nature: Pilot study (poster presentation). *2016 International Conference of Outdoor Recreation & Education*. Minneapolis, MN.
- Clemons, C. & **Post, J.D.** (2016). Technology as a physical motivator. *2016 Oklahoma Recreation and Parks Society Conference*. Oklahoma City, OK.
- Cho, D., Clemons, C., **Post, J.D.**, & Beck, S. (2016). Participation, Knowledge and Desire on Fishing/Hunting between Males and Females (poster presentation). *2016 National Recreation and Parks Association Conference*. St. Louis, MO.
- Post, J.D.** (2016). Paul Petzoldt: A leader profile. *2016 International Conference for Outdoor Leadership*. California, PA.
- Post, J.D.**, Cho, D., & Velasco, P. (2015). Outdoor leaders from different generations and perceptions of their leisure (poster presentation). *2015 International Conference of Outdoor Recreation & Education*. Atlanta, GA.
- Post, J.D.** (2015). Outdoor recreation and religious practices. *2015 OAHPERD Convention*. Edmond, OK.
- Post, J.D.** (2015). Backcountry personal waste management skills. *3rd Wilderness Education Association Japan Annual Conference*, Fukuoka, Japan.
- Post, J.D.** (2015). Are outdoor leaders Transcendentalist? *2015 International Conference for Outdoor Leadership*. Norman, OK.
- Bumgarner, D., & **Post, J.D.** (2005). Finding an internship with Army Morale, Welfare, and Recreation. *2005 International Conference for Outdoor Recreation & Education*. Estes Park, CO.
- Post, J.D.** (2003). Where the wild things are: Backcountry bear precautions. *2003 International Conference for Outdoor Leadership*. Paul Smith College, NY.

Special Projects:

- Post, J.D.** & Ring, J. (2018). Arrange your spirituality: Using a dissertation to inform art (Art/Ceramic Project). *2018 National Council of Education of Ceramic Arts Conference*. Pittsburg, PA.

Methodological Preparation:

- Research Applications with Q Methodology (ESPY 6063) – Research applications using qualitative, quantitative and Q methodology. Subjectivity and abductive reasoning explored with a limited research project. Professional research skills, including ethics, process, team research, and manuscript development.
- Quantitative Analysis of Social Research (SOC 5263) – Multiple Regression Analysis: Advanced techniques in sociological research and data analysis focusing on the

formulation of substantive research questions and application of a variety of research procedures to answer such questions.

Nonparametric Statistical Methods (REMS 5963) – Presents popular nonparametric statistical methods as applied to educational and behavioral research. Emphasis on conceptual, rather than mathematical development, application, use of computer for data analysis, and substantive interpretation.

Introduction to Qualitative Inquiry (SCFD 5913) – Examination of the major approaches and fieldwork techniques of qualitative research as well as the challenges associated with conducting this form of inquiry.

Analysis of Variance (REMS 6003) – ANOVA: A thorough examination of analysis of variance procedures as they relate to principles of experimental design in education and behavioral sciences.

Research Design & Methodology (REMS 5013) – An introduction to the concepts of research design, methodology, sampling techniques, and internal/external validity and the scientific method in educational problem solving. Critical analysis of educational research studies and the writing of proposals.

Service:

Member for General Education Committee (ATU)	2019-2022
Member for Library Resource Committee (ATU)	2019-2022
Faculty Advisor for RP Club (ATU)	2018-2020
Faculty Advisor for Resorts & Recreations Living Learning Community (ATU)	2018-2020
Board Member for Wilderness Education Association	2016-2020
Chair for International Committee for Wilderness Education Association	2017-2020
Co-Chair for Research Committee for Wilderness Education Association	2016-2020
Strategic Advisor and Representative for Wilderness Education Association	2015-2016
Co-Coordinator for research grant and project (\$5000) Oklahoma Wildlife Expo	2015-2016
Research Committee member for Wilderness Education Association	2015-2016
Research member (Wildlife Expo) – Oklahoma Dept. of Wildlife Conservation	2014-2016
Co-Coordinator for Recreation Student Development Conference (OSU)	2015
Co-Host for Post-Conference Tour for WEA Japan	2015
Leisure Studies Graduate Student Association (OSU) – Rep for Student Gov't	2015-2016
Leisure Studies Graduate Student Association (OSU) – President	2014-2015
Leisure Studies Graduate Student Association (OSU) – Treasurer	2013-2014
Board Member for Empyrean Referral Club (Professional networking group)	2009-2010
Leisure Majors Club (OSU) – President	2001-2002

Professional Experience:

Owner & Guide: Two Eagles Adventures Limited Liability Company

Oklahoma City, OK Jan. 2007 – Aug 2010

Responsible for the daily operations of the Two Eagles Adventures. Managed customer service issues. Responsible for interviewing, hiring, performance standards, training, scheduling and counseling personnel. Developed and implemented Standard Operation Procedures (SOP) and training materials for personnel. Managed finance documents. Managed all marketing communications. Lead guide for backpacking, mountain biking, hiking, snow skiing, outdoor education, and cultural tours.

Outdoor Adventure Coordinator: Oklahoma City University Outdoor Adventures & Tours
Oklahoma City, OK Sept. 2007 - July 2010

Expanded operations of OCU Outdoor Adventures & Tours. Developed and implemented Standard Operation Procedures (SOP), participant paperwork, and marketing materials. Organized and implemented program calendar. Lead guide for mountain biking, hiking, snow skiing, outdoor education, and cultural tours.

Exercise Therapist & PRN Clerk: Post Chiropractic Clinic
Oklahoma City, OK 1998 - 2004, 2007 - 2014

Responsible for teaching and performing set exercise protocols. Assisted in designing exercise protocols. Assisted in front desk duties such as welcoming and scheduling patients, answering the phone, filing and organizing documents, laundry, and office maintenance.

Operations Manager - Outdoor Recreation: Northwest Adventure Center
Fort Lewis, WA Dec. 2005 - Oct. 2006

Responsible for the daily operations of the Northwest Adventure Center including Recreation Equipment Checkout, Ski and Board Shop, Scuba Rental and Pro Shop, Travel Camp consisting of 48 full-hookup sites, Cabin Rentals, and two Recreation Vehicle Storage Lots, classrooms, and maintenance building. Lead for the 2006 Outdoor Recreation Open House (festival). Managed customer service issues. Responsible for recruiting, interviewing, hiring, performance standards, training, scheduling and counseling personnel. Prepared and briefed monthly deviation reports. Managed key control and issuing. Developed and implemented Standard Operation Procedures (SOP) and training materials for personnel. Assisted with Adventure Programs. Led rafting trips, hikes, ski trips, kayak roll sessions, and LNT workshops.

Outdoor Recreation NAF Management Trainee: USACFSC
Fort Carson, CO Jan. - Dec. 2005

Responsible for learning the training criteria set forth by the Management Trainee Program developed by the US Army Community and Family Support Center (USACFSC). Training included mastering the understanding of Army MWR policies and regulations, administrative management, personnel management, financial management, supply management, procurement, contracting, marketing, construction/work requests, retail operations, rental operations, and community activity program management. Assisted with the 2005 Army Outdoor Recreation Programmers Training. Assisted with recruiting for the management trainee program and internships.

Guest Services & Summer Recreation: Angel Fire Resort
Angel Fire, NM Winter 2003-2004

Worked at maintaining a positive guest experience. Greeted guests, sold lift tickets and outside activities, distribution of the daily snow report (phone, e-mail, internet, fax, and paper), and handled lost and found. Maintained the rental mtn bike fleet. Sold lift tickets, miniature golf, disc golf, and merchandise. Provide supervision and safety of the climbing tower and moonwalk. Assisted with special events such as the USASA National Snowboard Championships.

Intern: Adventure Programs & Education - MWR
Fort Carson, CO Summer 2003

Worked as a whitewater raft guide, challenge course facilitator, climbing wall instructor, and a general go to guy. Assisted in CAPRA Accreditation process from NRPA (special project). Entered data in the RecTrac software.

Trip Leader/Kayak Instructor/Rental Shop: Outdoor Adventure, Oklahoma State University
Stillwater, OK Spring 2001 - Spring 2003

Practiced good risk management skills and safety consciousness; utilized effective leadership and group dynamics; promoted a high degree of motivation and enthusiasm; maintained a high level of organization throughout program; contributed myself as a mature, selfless individual whose priority is to serve the participants; served as an appropriate role model for participants; evaluated participant's skill levels; collaborated flexible alternatives or backup plans; demonstrated environmental awareness by using low-impact skills. Taught the basic skills of kayaking; practiced good risk management skills and safety consciousness; challenged, supported, and encouraged participants. Maintained outdoor equipment and gear. Assisted in front desk duties such as welcoming, providing customer service and information, answering the phone, filing and organizing documents, working the cash register, and handling money.

Summer Kids Counselor: Multi Arts Center, Stillwater Parks, Events, and Recreation
Stillwater, OK Summer 2002

Planned and facilitated outside games for kids ranging from 5 to 13 years old. Assisted with art projects. Cleaned the work areas and prepared for the next day.

Ranger: Philmont Scout Ranch, BSA

Cimarron, NM Summer 2001

Welcomed crews to Philmont; guided crews through administrative processing; carried out prescribed policies and procedures; served as an appropriate role model for participants; taught hard and soft skills such as water purification, orienteering, bear precautions, team building, conflict resolution, and wilderness appreciation.

Lifeguard: Greens Country Club, Oklahoma Pool Management
Oklahoma City, OK Summer 2000

Monitored the safety of pool participants; helped with pool upkeep; operated registration at the pool area front desk.

Backcountry Trading Post Manager: Philmont Scout Ranch, BSA
Cimarron, NM Summer 1999

Managed the inventory and money of Phillip's Junction Camp; tested the chlorinator and water quality; performed household duties such as preparing and cooking meals, cleaning kitchen and shower facilities, and laundry of uniforms.

Trading Post/Snack Bar Clerk: Philmont Scout Ranch, BSA
Cimarron, NM Summer 1998

Sold equipment and souvenirs to scouts; maintained a clean and sanitary work environment; kept good relations with customers and staff.

Achievements & Honors:

Christine Cashel Endowed Professional Scholarship	April 2015
Charles A. Eslinger Outdoor Recreation Endowed Scholarship	April 2014
Eagle Scout	Boy Scouts of America May 1997

Certifications & Trainings:

eTech Online Training Course	March 2018
Preparing Online Instructor Training (OSU)	Nov 2016
WEA Bridge Course – Outdoor Educator	Feb 2016
Graduate Teaching Assistant Training	Aug 2015
Graduate Teaching Assistant Training	Aug 2014
Graduate Teaching Assistant Training	Aug 2013
Wilderness & Remote First Aid Instructor – American Red Cross	Feb 2011
Youth Protection – Boy Scouts of America	July 2011
First Aid/CPR/AED Instructor – American Red Cross	July 2010
Wilderness First Responder (WMI) (Re-Cert)	October 2009
Avalanche Training Level One (Fort Carson)	March 2007
PADI Open Water SCUBA Certification	August 2006
Recreation Program Management and Leadership (MWR Academy)	May 2006
Action Officer Course (Army Online)	December 2005
U.S. Constitution Course (Army Online)	November 2005
Basic NAF Contracting Course (MWR Online)	September 2005
Programming and Special Events (MWR Academy)	September 2005
Supervisor Development Course (Army Online)	July 2005
Effective Army Writing Course (Army Online)	July 2005
Creating Stellar Customer Relations Course (Fort Carson)	June 2005
MWR Orientation Course (MWR Online)	March 2005
Intern Leadership Development Course (Center for Army Leadership)	March 2005
MWR Basic Management Course (MWR Online)	February 2005
Army Family Team Building Level One (Fort Lewis)	February 2005
WEA Stewardship Course – Japan (Wilderness Education Association)	June 2004
Whitewater Raft Guide Training (Fort Carson)	May 2003
Challenge Course Instructor Training (OSU)	March 2003
WEA Certified Outdoor Leader (Wilderness Education Association)	August 2002
Project WOW (Wonders of Wetlands) Trainer (OSU)	April 2002
Leave No Trace Trainer (OSU)	March 2002
Project WILD Trainer (OSU)	February 2002
Outdoor Leader Training (OSU)	September 2001
Ranger Training (Philmont)	May 2001
Rayado Leadership Training (Philmont)	July 1997

Professional Memberships and Conferences:

Wilderness Education Association	2002-2005, 2013-2019
2018 WEA/AORE Joint Conference, Snowbird, UT	
2017 WEA Annual Conference, Jackson, WY	
2017 Accreditation Summit, Santa Fe, NM	
2016 WEA Annual Conference, California, PA	
2015 WEA Annual Conference, Norman, OK	
2005 WEA Annual Conference, Estes Park, CO	
2003 WEA Annual Conference, Paul Smiths College, NY	
Wilderness Education Association Japan	
2018 WEAJ Annual Conference, Nagano, Japan	

2015 WEAJ Annual Conference, Fukuoka, Japan.
Japan Outdoor Education Society Conference
2018 Nagano, Japan
2015 National Aso Youth Friendship Center, Japan
2004 Nara University of Education, Japan
Arkansas Regional Adventure Programming Conference
2019 Jasper, AR
2018 Jasper, AR
Arkansas Governor's Conference on Tourism
2019 Hot Springs, AR
2018 West Memphis, AR
National Recreation and Parks Association 2001-2006, 2013-17
2016 National Conference, St. Louis, MO
2015 National Conference, Las Vegas, NV
2014 National Conference, Charlotte, NC
2006 National Conference, Seattle, WA
2005 National Conference, San Antonio, TX
2001 National Conference, Denver, CO
Association of Outdoor Recreation and Education 2005-2007, 2014-2017
2018 WEA/AORE Joint Conference, Snowbird, UT
2016 Annual Conference, Minneapolis, MN
2015 Annual Conference, Atlanta, GA
2006 Annual Conference, Boise, ID
2005 Annual Conference, Buffalo, NY
Armed Forces Recreation Society 2005-2006
2005 Conference, San Antonio, TX
2005 Army Outdoor Recreation Programmers Training, Colorado Springs, CO
Leisure Studies Graduate Student Association (OSU) 2013-2016
Leisure Majors Club (OSU) 2000-2003
Leave No Trace 2001-2019
Philmont Staff Association 2007-2019
Empyrean Referral Club 2009-2010

Special Skills:

Computer Experience: SPSS, STATA, PQMethod, Camtasia Video Editing, Microsoft Word, Excel, Power Point, and RecTrac

Hobbies: Mountain biking, backpacking, telemark skiing, rock climbing, slacklining, whitewater kayaking/rafting, stand-up paddleboarding, SCUBA diving, traveling, dog training, photography, drawing, and live music.

Jay Daniel Post

References:

Dr. Cathi McMahan
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Dr. Chris Cashel
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