Welcome Back!

Everyone at the SSS Office hopes that you have had a great break, and are ready to start a great semester at Arkansas Tech! This semester we have many exciting things planned for you as participants in the SSS Program.

Workshops will begin this month, and there will be at least two workshops every month this semester. The first workshop will be held on January 19th, and will be about the many fun ways to get involved on campus! The second workshop will be the first Faculty of the Month series, and Dr. Jason Warnick will be kicking off this exciting and informative series! Both of these workshops will be held in Doc Bryan Room 242. Remember, you will have to attend at least one workshop this semester, as well as one Financial Literacy workshop/seminar.

Also, please start scheduling your first appointments with your SSS Advisor. As you remember from signing your contract, there are two mandatory meetings that you must have with your advisor every semester. Though you can meet with your SSS Advisor as many times as you would like throughout the course of the semester, you are required to meet at least twice. These meetings are to help you progress through the semester, and help you succeed in not only the classroom, but also in life!

If you have discussed with your SSS Advisor, that you are interested in tutoring for this semester, make sure that you have filled out a tutor request form, so that we can get you on the right track.

Remember, the SSS Office is here to help! Come by and see us any time you have a question, need help, or just would like to chat! We are looking forward to a great semester with you!

SSS Birthdays This Month

January 10th – Victoria Williams

New Ways to Find SSS Info

Not only do we have a new website, www.atu.edu/sss, but we also are now on Facebook! Search for us as Arkansas Tech – Student Support Services. Both of these ways of communication will keep you up to date on the latest happenings in SSS! You can click here ➔ Facebook.

UPCOMING IMPORTANT DATES

January 13th: Classes Begin

January 17th: Martin Luther King Holiday – Classes Dismissed, SSS Office Closed

January 19th: Work Hard, Play Harder! - Workshop – SAB & Student Services
2:45-3:45 p.m.

January 25th: 1st Faculty of the Month Series Workshop – Dr. Jason Warnick
2:00-2:45 p.m.

February 9th: SSS 101 - Who we are, and what we do! - SSS Staff
3:00-3:30 p.m.

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PrePare for Your classes

Before the class:

- **Do your homework!**
  Read critically; form your own opinions
- **Review your notes**
  from the previous lecture and reading for the day
- **Communicate immediately with professors**
  about any study problems
- **Focus on the task at hand before class:**
  take a moment of silence to gather your thoughts and mentally prepare yourself to the topic
- **Write any objectives**
  that come to mind at the head of your notepaper:
  - preparing for an up-coming test,
  - understanding a particular concept,
  - gaining a good foundation on a topic
  - understanding or reviewing the readings

During class:

- **Arrive on time for class.**
  Professors do not take lateness lightly
- **Position yourself in the classroom**
  to focus on the subject matter; consider the best location for:
  - listening
  - asking questions
  - seeing visual materials
  - discussing—not only with the teacher but also your classmates
- **Avoid distractions**
  that may interfere with your concentration
  (daydreaming, looking around the room, talking to a friend, passing notes, dozing)
- **Evaluate as you listen:**
  - Decide what is important and should be placed in your notes and what can be left out;
  - Listen long enough to be sure you understand what was said before writing.
  - Ask clarifying questions (but wait for “breaks” in the instructor’s stream).
- **Review your class objective(s) throughout the class period**
  - Did your objective(s) mesh with the instructor’s introductory remarks?
  - Has the class digressed from stated objectives, yours or the instructor’s?
- **Make a to do list** including
  - assignments;
  - reviewing difficult concepts;
  - joining study groups;
  - making appointments with a study pal, tutor, or the instructor.
- One resource often overlooked is a classmate who seems to have a good grasp of the material. If it seems appropriate, seek the individual out for help.

http://www.studygs.net/classrm.htm