



Spirit Squads Youth Clinic Information

ATU Spirit Squads will host a youth clinic on **Saturday, February 5th**. Thank you for your interest! Please read all of the information below and if you have any questions email us at spiritsquads@atu.edu.

Age Requirements: 5-12 years old (if your child is turning 5 in 2022 please provide date of birth in the registration form found at <https://www.atu.edu/spirit/forms.php>)

Dress Code: For the clinic participants should wear a t-shirt with shorts, leggings or skort (no skirts without shorts), and tennis shoes. For the game participants should wear the clinic t-shirt with black leggings, and tennis shoes.

Itinerary:

- **8:30-9am:** Check in at Hull Building (Campus Map <https://www.atu.edu/map/>)
 - Spirit Squad members will be waiting at the door to check you in.
 - During check-in we need a parent/guardian present to sign or deny a media release agreement to permit pictures to be taken of your child throughout the clinic.
 - You will receive your T-Shirt at this time.
- **9-9:20am:** Welcome & Stretch
- **9:20-10:25am:** Split into Groups and Rotate in 15 min. Intervals
 - Group 1: Jumps/Motions
 - Group 2: Learn Halftime Chant
 - Group 3: Turns/Leaps
 - Group 4: Learn Halftime Dance
- **10:25-10:50am:** Review Material and Play Game
- **10:50-11am:** Pick up and Additional Information on Halftime Performance
- **1pm:** Basketball Game at Tucker Coliseum (Campus Map <https://www.atu.edu/map/>)
 - The Golden Sun's basketball game will begin at 1pm. Please arrive by 1:15pm at the latest. All participants and adults will need to purchase tickets upon entry or online prior to entry.
 - Clinic participants will meet Coach Spencer and Coach Jasmine when 8 minutes remain on the timer for 2nd quarter.
 - Meet in the tunnel below the "Upper O-R / Lower OO-RR" stairwell.
 - Clinic participants will perform their chant and dance during halftime.
 - Pickup will be in the tunnel below the "Upper O-R / Lower OO-RR" stairwell by the same parent/guardian that dropped off.