



REQUIRED Cover Page

APPLICATION FOR PROFESSIONAL DEVELOPMENT GRANT

**All applicants please complete this cover page.

Choose one: <input type="checkbox"/> Creative activity <input type="checkbox"/> Research activity <input checked="" type="checkbox"/> Professional Enhancement activity	Date of Last PDG Award (Semester and Year awarded): _____ Date of ATU Faculty Appointment (Semester and Year): <u>Fall 2006</u>
---	--

1. Project Title: AAHPERD National Convention
2. Name of Principal Investigator/Project Director: Elizabeth Bowles
3. School (abbrev): ED 4. Department: HPE
5. Campus Mail Address: Hull 109 6. PI/PD Campus Phone: 968-0430
7. Amount Requested: \$ 1261.61 8. Total Cost of Project: \$ 1261.61
9. Does this project involve: 10. Duration of Project: Mar 14-17, 2007

Yes No

- ☐ ☒ human subjects?
☐ ☒ animals/animal care facility?
☐ ☒ radioactive materials?
☐ ☒ hazardous materials?
☐ ☒ biological agents or toxins restricted by the USA Patriot Act?
☐ ☒ copyright or patent potential?
☐ ☒ utilization of space not currently available to the PI/PD?
☐ ☒ the purchase of equipment/instrumentation/software currently available to the PI/PD?

NOTE: If the answer is "yes" to any of the above questions, the investigator must attach appropriate documentation of approval or justification for use/purchase.

SIGNATURES

Annette Haleyfield 2/4/07
Department Head Date

Shawn Sheth 2-6-07
Dean Date

This Section to be completed by the Office of Academic Affairs

PDC Committee Award Recommendation: Yes _____ No ☒
PDC Committee Proposal Rank: _____ of _____ Total Proposals.
Recommendation of VPAA: Yes _____ No ☒
Recommendation of President: Yes _____ No _____
Award Date: 4/15/07

*trip already
took place*

ABSTRACT

I will be attending the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) National Convention and Exposition 2007 in Baltimore, Maryland. The convention has over 400 program presentations that will improve my teaching skills, give me creative ideas, and provide resources that I can bring back to my classroom at Arkansas Tech University. This is a wonderful opportunity to network with other professionals, as well as research potential PhD programs for me to enter. I will also serve as a faculty representative for our two majors who will be receiving the NASPE Major of the Year Award.

PURPOSE / OBJECTIVES

The purpose of attending the AAHPERD National Convention is to serve as a faculty representative for our two majors who will be receiving the NASPE Major of the Year Award, and to gain more knowledge as an instructor that will benefit my students in the classroom.

SIGNIFICANCE / NEED

Attending the AAHPERD National Convention will allow me to further my education, and learn new ideas. After the convention, I will be able to share these ideas with my fellow faculty members. New ideas and methods of teaching are very important for the faculty to learn so that we can offer our students a diversity of ideas, and keep our students abreast of what is available to them once they leave Arkansas Tech.

PROCESS FOR ATTAINMENT OF OBJECTIVES / GOALS

There will be over 400 program sessions offered at the AAHPERD National Convention. Here is a sampling of some of the sessions that I will be attending:

- **NASPE General Session**
 - NASPE General Session WNBA President Donna Orender will speak about the future of women's professional sports and the many exciting initiatives of WNBA Cares including Be Smart Be Fit Be Yourself!
- **Exploring Participatory Community-based Service Learning Opportunities**
 - A panel of presenters from the states of CA, TN, PA, NY and UT will discuss an overview of how to develop community-academic partnerships for service learning in educational programs.
- **Improving Skill Analysis and Observation**
 - This seminar will demonstrate how to complete a skill analysis, how to use it in the grading scheme, and how to use it to improve feedback.
 - *Speakers:* Ellen H. Martin, Columbus State University, Hamilton, GA; and Wendi Weimar, Auburn, AL, Auburn, AL
- **NASPE Professional Preparation Town Hall Meeting**
- **MASSPEC Day: High Activity Solutions for a Low-Activity World – loving MVPA!**
 - This presentation will showcase teaching strategies that enhance inclusion, activity levels and student enjoyment. Attendees will leave with at least 3 new ideas that will keep students moving with greater than 50% MVPA (moderate to vigorous physical activity) during class time --

MAXIMIZING OUTCOMES -- and will align your program with Healthy People Goals 2010 national objectives. Target audience is middle and high school physical educators.

- **Current Issues in Athletic Administration**
 - This session will identify issues and trends in athletic administration for interscholastic sports. The six 2007 District Athletic Directors of the Year will appear in a panel presentation to address their area of expertise.
- **Rags to Riches: Transforming Physical Education to Meet Today's Challenges**
 - This session will describe how one school district's elementary, middle and high school Physical Educators came together to write a standards based, articulated, K-12 curriculum.
 - **Speakers:** Randle Affholter, Ellensburg High School, Ellensburg, WA; Katherine Delvo, Brian Hagbo and James Taylor, Morgan Middle School, Ellensburg, WA; Deborah L. Landrie, Valley View Elementary School, Ellensburg, WA; Sid Peterson, Mt. Stuart Elementary School, Ellensburg, WA; Jon Sharpenberg, Lincoln Elementary School, Ellensburg, WA; and Kirk E. Mathias, Central Washington University, Ellensburg, WA
- **NASPE Major of the Year Recognition Ceremony**
- **Game Performance Assessment**
 - The program is designed to demonstrate to practioners approaches to assessing game performance. Participants will develop written lesson plans, game performance assessments as well as identifying NASPE standards met in the lesson.
- **Coaching Character and Technology: A Case Study**
 - Integrating technology into coaching education provides innovative opportunities for students to explore both technology and current coaching issues in a creative manner. Teaching character development is especially important in today's win-at-all-costs environment. This presentation introduces a teaching project that allows the learner to examine character development in athletes and coaches utilizing current technology. This hands-on session will identify potential barriers and demonstrate implementation with actual student projects. Practical strategies presented will be helpful to educators wishing to gain insight into creative student-centered lessons that implement technology into today's classroom.
 - **Speakers:** Alina Potrzebowski and Cathy I. Klein, University of New Mexico, Albuquerque, NM

DISSEMINATION OF RESULTS

After returning from the convention, I will share my handouts and notes with my fellow faculty members so that they may also benefit from the new knowledge and creative ideas that I learned.

**PROPOSED BUDGET
FACULTY RESEARCH GRANT**
(include budget categories as appropriate)

1.	Graduate assistant stipend	\$ _____
	Fringe benefits @ .4% (4/10 percent) of graduate assistant stipend	_____
2.	Non-work study stipend	_____
	Fringe benefits @ .4% (4/10 percent) of non-work study stipend	_____
3.	*Supplies (please list items to be purchased and estimated price per item including taxes and shipping, if appropriate):	
	Item No. 1 convention registration Estimated Price	_____ 285.00 _____
	Item No. 2 Estimated Price	_____
	Item No. 3 Estimated Price	_____
	(additional lines as needed)	
	Total estimated supplies	_____ 285.00 _____
4.	Travel (please list travel expenditures by date and estimated costs):	
	Travel No. 1 airfare to Baltimore Estimated Price	_____ 244.61 _____
	Travel No. 2 lodging (3 nights) Estimated Price	_____ 550.00 _____
	Travel No. 3 parking/shuttle Estimated Price	_____ 70.00 _____
	Travel No. 4 food (4 days) Estimated Price	_____ 112.00 _____
	(additional lines as needed)	
	Total estimated travel	_____ 976.61 _____
5.	*Capital Outlay (please list items to be purchased and estimated price per item including taxes and shipping, if appropriate):	
	Item No. 1 Estimated Price	_____
	Item No. 2 Estimated Price	_____
	Item No. 3 Estimated Price	_____
	(additional lines as needed)	
	Total estimated capital outlay	_____
	TOTAL PROPOSED BUDGET	\$ _____ 1261.61 _____

*Items purchased under \$2,500 (including taxes and shipping) are considered supply items. Capital Outlay items are those which cost \$2,500 or more (including taxes and shipping). Please contact the Purchasing Office for questionable items.

VITA

ELIZABETH BOWLES
803 N. FRANKFORT
RUSSELLVILLE, ARKANSAS 72801
HOME: 479-422-3970
WORK: 479-968-0430
FAX: 479-890-3084
E-MAIL: ebowles@atu.edu

EDUCATION

M.Ed., Arkansas Tech University: Physical Education, May 2005

B.S., Arkansas Tech University: Health & Physical Education, May 2004

EXPERIENCE

Visiting Instructor of Health and Physical Education: Arkansas Tech University. Responsibilities include teaching undergraduate & graduate courses and co-sponsoring the HPEWS Major's Club. August 2006 to present.

English Teacher: Xinjiang Normal University, Urumqi, China. Responsibilities included teaching sophomore English majors in partnership with Educational Services Exchange with China. July 2005 to June 2006.

Graduate Assistant of Health and Physical Education: Arkansas Tech University. Responsibilities included teaching and assisting in undergraduate courses and assisting in the Human Performance Lab. August 2004 to May 2005.

Children's Coordinator: Grace Fellowship Church. Responsibilities included coordinating volunteers and teachers for children's program, performing administrative duties, & creating curriculum for bi-weekly program. August 2003 to May 2005.

Student Secretary of Health and Physical Education Department: Arkansas Tech University. Responsibilities included performing daily office jobs and assisting instructors. August 2002 to May 2004.

Resident Assistant: Arkansas Tech University. Responsibilities included overseeing 30-60 residents and creating various educational & social programs for the residence hall. August 2001 to May 2003.

Unit Coordinator & Assistant Athletic Director: Kanakuk Kamps. Responsibilities included organizing & teaching basketball clinic everyday, writing curriculum for all sport clinics, ordering & maintaining equipment, and supervising counselors and coaches. Summers 2001 to 2004.

Summer Camp Coordinator: St. Paul Schools. Responsibilities included organizing & conducting four, 6-day basketball camps. June 2000 to July 2000.

THESIS

"Gender Differences in Throwing Skills of First and Fourth Grade Students". Spring, 2005.

PRESENTATIONS

"Gender Differences in Throwing Skills of First and Fourth Grade Students". Bowles, E. Presented at the Southern Academy of Women in Physical Activity, Sport, and Health Fall Conference. Fall 2006.

PROFESSIONAL COURSES TAUGHT

Undergraduate Courses:

Badminton

Tennis and Basketball

Racquetball

Archery and Recreational Games

Orientation to Health, Physical Education, and Wellness Science

Methods of Teaching Team Activities

Methods of Teaching Individual Activities

Methods and Materials of Physical Education for Secondary Schools

Coaching Theory

Organization and Administration of Health and Physical Education

Graduate Courses:

Curriculum in Physical Education

PROFESSIONAL ACTIVITIES

Served as Hoops for Heart Coordinator for Arkansas Tech University. 2002-2004, 2006-2007.

Advisor of Health & Physical Education, & Wellness Science Major's Club. Spring 2007.

Student Board Member, Arkansas Association of Health, Physical Education, Recreation, & Dance. 2002-2003.

Secretary, Health, Physical Education, & Wellness Science Major's Club. 2002-2004.

SERVICE

Jim Ed McGhee Award. 2006

Dr. John Cadle Graduate Award. 2005

NASPE Major of the Year Award. 2004

Dr. Pat Gordon Most Outstanding HPE Graduate. 2004
John Hosinski Scholarship Award. 2004
Coach, Upward Basketball Program. 2002-2003.
TIME OUT FOR TECH. Spring 2001-2004.
Freshman Orientation Leader, 2000-2003.
Student Ambassador, 2000-2004.

PROFESSIONAL ASSOCIATIONS

American Alliance of Health, Physical Education, Recreation, & Dance
Arkansas Association of Health, Physical Education, Recreation, & Dance
Arkansas Education Association
National Association for Sports & Physical Education
Southern Academy of Women in Physical Activity, Sport, and Health

ADDITIONAL TRAINING

Arkansas Association of Health, Physical Education, Recreation & Dance Annual Conference/Workshops. I attend annually.

Southern Academy of Women in Physical Activity, Sport, and Health Annual Conference. Fall 2006

Southern District of American Alliance of Health, Physical Education, Recreation, & Dance (2005)

American Alliance of Health, Physical Education, Recreation, & Dance National Convention/Workshops. Spring 2004.

American Alliance of Health, Physical Education, Recreation, & Dance National Convention/Workshops. Spring 2003.

American Alliance of Health, Physical Education, Recreation, & Dance National Student Leadership Conference. Fall 2001

HONORS & AWARDS

Jim Ed McGhee Award, 2006.
Dr. John Cadle Graduate Award, 2005.
NASPE Major of the Year Award, 2004.
Dr. Pat Gordon Most Outstanding HPE Graduate, 2004.
Intramural Memory Maker Award, 2004.
John Hosinski Scholarship, 2004.
Who's Who among Students in American Universities and Colleges, 2002-2003.