ON TRACK

WHAT IS ON TRACK?

It's a co-curricular experience designed to enhance student development beyond the classroom setting, encourage students to network socially among peers, and include students in traditional and signature university events. Each semester, a map of events and activities will be available to students categorized by interests.

STUDENTS WILL...

- Understand how physical and mental health contribute to overall wellness
- Navigate their career development
- Indicate baseline characteristics of leadership
- Articulate their personal leadership abilities
- Recognize their role as active citizens
- Compare cultural differences and issues
- Identify involvement opportunities at ATU

Active Mind & Body

is designed to assist students in understanding wellness concepts. This track will offer students opportunities to learn about issues that contribute to overall wellness and experience activities that will help them develop habits to maintain a healthy mind and body.

Aspiring Leader

is developed specifically for freshmen and sophomores. The purpose of Aspiring Leader is to help develop foundational leadership and social skills for the ensuing years of collegiate life.

Global Focus

is designed to expose students to a variety of situations and topics they may encounter or be affected by as a member of a global population. Global Focus will offer programs that allow students to grow into more intelligent and aware individuals.

Advance to Career

is designed to navigate students further down the road to success. This track will hone students' skills in preparation for the "real world" through career-focused programming. The goal of Advance to Career is to utilize the student involvement experience to articulate the abilities and skills that students have gained from participation on campus and teach them to express those qualifications to potential employers.

Elevated Citizen

is designed to enhance the collegiate experience through philanthropic giving and civic engagement. Students who choose to participate in this co-curriculum will assist a number of charitable and service-related causes and learn the importance of contributing in meaningful ways to their local communities upon graduation.

Leader Identified

is designed for juniors and seniors to cultivate leadership skills and reflect on experiences to prepare for future opportunities.

Unite

is designed with the goal of connecting students at Arkansas Tech through student involvement opportunities. Unite will offer students the opportunity to experience the organizations Tech has to offer while increasing involvement on campus and helping students become more diverse leaders.

GET CONNECTED

GET LICENSED

In order to participate in the On Track co-curricular experience, students w
Before getting licensed, it is important for the student to view the Road Ma
track(s) they want to complete during that semester. A student must get lic
participate. There are no limits, therefore a students may get licensed for a
wish each semester. Get Licensed on GOLD Cabinet's page on theLink unde
by visiting **www.atu.edu/ontrack**.

COMPLETION

An undergraduate student completes a track by fulfilling three (3) options
track in any given semester. Most tracks will have over six (6+) opportun
semester. A student will have the most well-rounded experience by choos
participate in each semester; however, criteria for each track does chang
student can get licensed in the same track more than once.

Students who choose to complete all seven (7) tracks become eligible to a
all-expenses-paid trip following the completion of the last track. For spe
please visit **www.atu.edu/ontrack.** Trips will be taken in May following g

Destinations will vary from year to year in order to give students differe
practically apply what they have learned while participating in On Trac
who are selected to travel will be actively exposed to leadership practic
community service, professional networking, and other college and univ
part of the destinations they visit.

In May 2019, Arkansas Tech students who have gone above and beyon
co-curricular experience will be On Track to Washington, D.C. and Sea

These cities are rich in opportunities and have a number of activities f
themselves in during their stay! Some popular attractions include:

WASHINGTON, D.C.

- Meeting with US Senator or US Representative
- Tour Capitol Building
- Service activity
- Tour national monuments
- Smithsonian Natural History Museum
- National Museum of American History
- Performance at Kennedy Center
- Newseum
- Arlington National Cemetery
- George Washington University
- Bus tour

SEATTLE

- Meeting with prof
- Pike Place Fish M
- Space Needle
- Seattle Mariners
- Service activity
- Seattle Opera
- Museum of Fligh
- Discovery Park
- Seattle Great W
- Olympic Sculptu
- University of W