

Arkansas Tech University Department of Public Safety
Physical Agility Test (PAT)
Release of Liability Form

Candidate Name _____

Date _____

Candidate will perform a strength and agility test as part of the hiring process. These exercises require speed, ability to turn/change directions quickly, and the ability to negotiate obstacles. These are all functional movements utilized within the job you are applying for.

Candidate understands that this is physically demanding and agrees that he/she is in good health and is physically able to negotiate this course. The candidate agrees that he/she is personally responsible for any and all medical expenses incurred while executing this course. Candidate further agrees that Arkansas Tech University and/or the Pope County Law Enforcement Training Complex are not liable for such expenses and any other damages that could occur as a result of participating in the PAT.

Below is a list of obstacles you will encounter while negotiating this course.

- **Running:** Candidate must run approximately 870 feet during the obstacle course.
- **Low hurdles:** Candidate must jump over three low hurdles that are one and half feet high by four feet long.
- **Stair climb:** Candidate must negotiate a stair climb that is approximately 45 inches above ground with five steps up and five steps down. This will be done twice.
- **Low crawl:** Candidate must crawl under an obstacle that is two- and one-half feet above the floor.
- **Broad jump:** Candidate must clear a simulated ditch that is six feet in width.
- **Fence climb:** Candidate must climb over a four-foot chain-link fence.
- **Climb through window:** Candidate must successfully navigate through a window four feet off the ground.
- **Dummy drag:** Candidate must drag a 150 pound dummy a distance of 20 feet.

◆ STATEMENT OF CANDIDATE: I am physically able to participate in the above physical tasks.

(CANDIDATE SIGNATURE)

(DATE)

NOTARY STATEMENT

This document was subscribed and sworn to before me this _____ day
of _____, 2025.

Notary Public

My Commission Expires _____