

pg 2

An Evolving Relationship

pg 4

Checklist for Your Student

pg 5

Hangtag How-To's



ARKANSAS
TECH
UNIVERSITY
Parent Relations

INSIDE TRACK

PARENT NEWSLETTER

JULY 2012

New Roles: You and Your Student

The 4th of July has come and gone and the time is nearing that you and your student will begin new chapters in your lives. This change will be challenging for you as well as your student. Change is inevitable, change is constant, change is good, and change can be scary.

Your student leaving the nest does not mean they no longer need you; in fact, for collegiate success it will be essential that you are supportive of their educational endeavors. The challenge for you as a parent is to find ways to be involved and interested without being overly intrusive. As a parent you will have the chance to know your student on a different level and become engaged in their lives as they mature, grow and learn at Arkansas Tech University.

Ask your student what they are learning both inside and outside the classroom. Tell your student what is going on in your life and how you are coping with the transition. Try to limit calling, texting or emailing

your student and begin to create a healthy distance. Don't expect your student to come home every weekend. Plan to visit your student at their new home away from home; doing so will help you see your loved one in their new environment.

This is an exciting time in the life of your student. Embrace their excitement and be excited for them. Allow your student to make mistakes and learn from them. Your student needs you to believe in them, trust them, and support them in one of the most important chapters of their life. Your student needs you in different ways now; offer them words of encouragement and support them in their educational choices. This is their education and their future; enjoy sharing it with them.



Important Dates

Move In Day
August 18

1st Day of Class
August 22

Last Day
to Change
Class Schedule
August 28



Ray Moll

Associate Dean for
Student Success
P: (479) 968-0309
F: (479) 964-0863
rmoll@atu.edu

Doc Bryan Student
Services Center, Suite 229
1605 Coliseum Dr.
Russellville, AR 72801

An Evolving Relationship

Starting college is a time of transition for everyone in the family. Many members of the family can experience a wide range of emotions from excitement to sadness, including the student. As college educators and student services professionals, we realize this and we are here to help with this transition.

If your loved one is coming to college for the first time, here are some things you may want to do to help ease the transition:

- Be prepared. Spend time talking with your student about the transition. Be honest about your feelings, positive and negative. Let them know this is a change for BOTH of you and that you are in it together. Create communication guidelines early. Agree ahead of time on levels and types of communication you both feel good about.
- Talk to other parents and friends to create a support network. Others who have experienced this change may help with this transition. Advice, good ideas, encouragement and support are all valuable to you as a family member of a new college student. Seek it out and benefit from it.

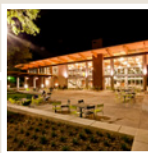


- Know the resources. Stay connected with the university through email, newsletter subscriptions, and the Parent Association. If you do not know about these resources, contact the Office of Student Success at 479-968-0309.
- Let go gently, but be available when needed (they will need you). Just like kindergarten, they are scared too, but excited. Be supportive and available, but also be happy for them and watch them GROW and DEVELOP!
- Take care of yourselves. Expect to feel many different emotions (this is a life changing transition for you also!) and know that this

is a normal time of change. Keep in mind, however, that no one experiences it the same way and that is ok. Congratulate yourselves for getting them (and YOU) this far!

If you or your student experience “bumps along the way,” feel free to contact us by phone or email: Ms. Kristy Stokes, Associate Dean for Student Wellness, Licensed Professional Counselor, at kstokes2@atu.edu or Dr. Lori LeBahn, Doctor of Education, Licensed Professional Counselor, at llebahn@atu.edu.

Regular office hours are from 8 a.m. to 5 p.m., Monday through Friday. Appointments are preferred but not required. To schedule an appointment, please call 479-968-0329.



ARKANSAS TECH
UNIVERSITY

Parent Relations



2

Checklist for Your Student

- ☐ Begin checking your OneTech account daily for important emails and announcements.
- ☐ Provide any remaining admission documents to: Tech Admissions Office, Doc Bryan Student Services Center, Suite 141.
 - Final high school transcripts or transcripts from other universities
 - Immunization records (MMR2) required
 - A/P or CLEP scores
- ☐ Finalize tuition and fee payment.
 - Invoices for Fall 2012 will be mailed mid-July and are also accessible on One Tech.
 - Full tuition and fees due by August 15th, 2012.
 - On-campus students must pay at least one-fourth of room and board charges, plus P.O. Box rental fee.
- ☐ Pick up Student ID card in the Student Accounts Office, Doc Bryan Student Services Center, Suite 133, beginning August 1st.
- ☐ Obtain parking hangtag at the Public Safety Office beginning August 1st. Parking hangtags are mandatory; tickets will be issued to vehicles without properly displayed hangtag.
- ☐ Purchase or rent books for the fall semester
 - Tech Bookstore, located in the Young Building. Buy or rent at <http://www.atu.edu/bookstore/>. Be sure to check out the Tech Bookstore "Tax Free Weekend Ad."
 - TextBook Brokers will also be offering no sales tax August 4th and 5th as well as other discounts. Buy or rent books online for the same discounts at <http://russellville.textbookbrokers.com>. Be sure to check out the ad.
- ☐ Move in for on-campus students.
 - **Freshmen** may move in beginning Saturday, August 18th
 - 7 am: Nutt Hall ONLY (all floors)
 - 8:30 am: Floors ONE, THREE or FIVE of other residence halls
 - 10 am: Floors TWO and FOUR of other residence halls
 - All **returning** students may move in beginning at 9 am on Monday, August 20th.
- ☐ Attend all "GO BOLD WELCOME WEEK" activities. Students who become engaged in campus life early have a much better chance of collegiate success.
- ☐ Check schedule on OneTech August 21st for any last-minute room or course changes.
- ☐ Attend Classes beginning Wednesday, August 22nd. To be successful, attendance is essential.
- ☐ Continue to register, add or change classes or sections until 5 p.m. on Tuesday, August 28th if necessary.

Campus Hangtags How-To's

- Go to Student Accounts and get your Tech Student ID beginning August 1st.
- Go to the Tech Department of Public Safety located at 1508 North Boulder Ave, east of the Tomlinson and the Tech Bookstore.
- Present your ID at the front counter and know your housing assignment; on-campus & hall or off-campus.
- Receive your hangtag and hang it from your rear view mirror (colored side facing the front of your vehicle)

NOTE: You will get a ticket for not having a hang tag, they are mandatory.

Follow us on Facebook to stay up to date on campus happenings and to view all of our student-life images.
www.facebook.com/atugreenshoes
www.facebook.com/arkansastech



**ARKANSAS TECH
UNIVERSITY**

Parent Relations



SAVE BIG

During the Bookstore's
TAX FREE WEEKEND
SALE August 4th and 5th



SAVE **8.5%**

On Textbooks, Reference Books,
School Supplies, Backpacks, & Clothing

PLUS

Save an
Additional

5%
on all
Textbooks

10%
on all
School
Supplies

15%
on all
Clothing
Items

20%
on all
Backpacks

STORE HOURS

August 4th | August 5th
9 a.m. – 4 p.m. | Noon – 4 p.m.

Shop On-Line for Same Discounts
Saturday, August 4th, 12:01 a.m. -
Sunday, August 5th, 11:59 p.m.

ARKANSAS TECH
UNIVERSITY

Bookstore



TWO WEEKENDS TO SAVE EVEN MORE AT TEXTBOOK BROKERS THIS FALL!

TAX FREE WEEKEND SALE! AUGUST 4TH & 5TH

Save an additional 6.5% off textbooks in addition to the tax free savings for a total of 15% off textbook purchases and rentals!!! Waiting on loan money? Not a problem! You can get your books for 15% off and DEFER PAYMENT as well. Just ask us how!!

STORE HOURS

Saturday, August 4th - 8:00am – 6:00pm

Sunday, August 5th - 8:00am – 6:00pm

Rent and/or buy your books online for the same discounts at <http://russellville.textbookbrokers.com> from 12:01 am Saturday, August 4th until 11:59 pm Sunday, August 5th!



MOVE-IN WEEKEND SALE! AUGUST 18TH & 19TH

Come cool down at Textbook Brokers after moving in on campus. Save an additional 10% off rentals and 5% off purchases this weekend only! Free ice-cold water and the best textbook prices in town!

STORE HOURS

Saturday, August 18th – 8:00am – 6:00pm

Sunday, August 19th – 10:00am – 5:00pm

Check out our website for prices, extended hours, and to rent/buy/reserve your books!

<http://www.textbookbrokers.com>

TEXTBOOK BROKERS

1400 N. Arkansas Ave

Russellville, AR 72801

Phone (479) 498-2665

<http://www.textbookbrokers.com>