



Getting Started at ATU

HEALTH CARE



The Health and Wellness Center provides a wide range of primary health care plus health and wellness educational programming, consultation, and referral services that meet the particular needs of our students. In addition, to medical services, students can access a wide range of free and confidential counseling, consultation and outreach services. We encourage you to visit the health center not only when you are ill or injured, but also when you have questions or concerns about any health and wellness issue.

VISIT THE FOLLOWING LINKS FOR MORE INFORMATION



SUICIDE PREVENTION

Counseling Services offers suicide prevention training called QPR throughout the year and all students are encouraged to attend. This training teaches students how to intervene and help a friend who may be experiencing suicidal thoughts.

1. Recognize signs and respond:

- Verbal cues- hopeless, helpless, trapped
- Withdrawal
- Isolation
- Changes in mood, sleep patterns, substance use
- Giving away important possessions
- Looking for and obtaining necessary items to commit suicide
- Talking about death or dying

2. Take action or get others involved:

- Ask directly about suicide
- Express concern
- Listen with empathy and no judgment
- Remind them help is available
- Remind them they're not alone

3. Make a referral:

- If someone is in immediate harm call 9-1-1
- Local campus resources (Counseling Services, CARE team)
- National Suicide Prevention Lifeline (24/7/365 phone hotline), 1-800-273-8255
- Lifeline Crisis Chat (<http://www.suicidepreventionlifeline.org/gethelp/lifelinechat.aspx>)
- The Trevor Project (for LGBTQ youth)
Trevor Lifeline, 866-488-7386
Trevor Text, text 'Trevor' to 1-202-304-1200
- Crisis Text Line, text 'START' to 741-741

STUDENT CONFIDENTIALITY

Arkansas Tech University complies with the Family Educational Rights and Privacy Act (FERPA). Copies of FERPA related forms can be found [HERE](#).

Directory information may be released to the public unless the student has requested that information be withheld. Directory information includes: the student's name, address, email address, telephone listing, date of birth, major field of study, full or part-time status, dates of attendance, degrees and awards received, most recent educational agency or institutions attended, participation in official recognized activities and sports, and the weight and height of members of athletic teams.



NAME & ADDRESS CHANGE



Students are responsible for notifying the University of any changes in name or address. Addresses can be changed in the OneTech portal.

TO CHANGE YOUR ADDRESS:

- Log on to OneTech at <https://onetech.atu.edu>
- Go to the "Home" tab
- Click "Update Address & Phone" in "Personal Information"



A top-down view of a desk setup. On the left, there is a spiral-bound notebook with a white cover and a grid pattern. Resting on top of the notebook is a pair of black-rimmed glasses. To the right of the notebook are a silver pen and an orange pencil. In the bottom left corner, a portion of a silver laptop keyboard is visible. The background is a dark, textured surface.

CAMPUS SUPPORT CENTER

The Office of Information Systems (OIS) offers information technology solutions, support, and services to ATU students, faculty, and staff through the Campus Support Center.

Get started with email:

- Go to mail.atu.edu to access your Office 365 Account
- To install Outlook on your computer, click the Office 365 logo in the top right hand corner
- Next, click Install Office and select the apps you want to download

Request Support:

- Call Campus Support at (479)968-0646
- Email campussupport@atu.edu

OR

[Submit a Ticket Online](#)

STUDENT ID CARD



AN ATU STUDENT ID CARD ALLOWS YOU TO ACCESS:

- Your residence hall
- Food Services
- Library Services
- Tech Fit
- Campus events, including athletic games
- Access to academic buildings after hours
- Discounts at participating area merchants
- Wonderbucks (see description below)



Wonderbucks is a pre-paid spending account accepted at the Cafeteria, Baz Tech, Doc's Place, Library (printing), ATU Bookstore, and concession stands at football and basketball games.

The first student ID card is free. Replacement ID cards are 25.00 and can be charged to your account.



PARKING ON CAMPUS

If you drive to campus, you'll need a parking hang tag. To purchase a hang tag:

- Log on to OneTech at <https://onetech.atu.edu>
- Go to the "Student Life" tab
- Click "Purchase Your Parking Permit" in "Parking"

FOR MAPS AND DETAILED INFORMATION CLICK THE FOLLOWING LINK

[Parking Information](#)



HOUSING

ATU and the Russellville area offer a variety of housing options. Explore the links below to discover some of the opportunities available to you.

Please note: the ATU Graduate College does not officially endorse any of the privately owned property management websites listed below, nor does it screen or make any determinations about the properties listed therein. They are provided for convenience only.

