

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: K. Medication Administration**

**OBJECTIVES**

Utilizing assessment skills, the nursing student will:

1. Determine a selected client's need for medication therapy.
2. Demonstrate knowledge of medications prior to administration.
3. Demonstrate the six (6) rights of the client receiving medications.
4. Explain the legal aspects of preparing and administering medications.
5. Prepare and administer the medications, using given guidelines.
6. Chart the administration of medications accurately and according to institutional policies.
7. Incorporate the medication therapy into the plan of care.

**LEARNING ACTIVITIES**

**Review:**        Concepts from Theories and Concepts I and Skills I  
                      Drug dosage calculation  
                      Psychomotor skills checklist

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: L. Stress-Adaptation - Homeostasis**

**OBJECTIVES**

The nursing student will:

1. Identify stressors that influence the bio-psycho-social-spiritual status of selected clients.
2. Assess the adaptive/maladaptive factors that influence the client's response to stressors.
3. Provide a therapeutic milieu for the client to encourage free discussion of stress/stressors.
4. Formulate a plan with the client to reduce/ eliminate source of stress/stressors.

**LEARNING ACTIVITIES**

Review: Concepts from Theories and Concepts I and Introduction to Professional Nursing

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: M. Anxiety/Crisis, Loss/Grief**

**OBJECTIVES**

The nursing student will:

1. Utilize assessment skills to examine the relationship between the client's developmental task attainment and next predictable maturational crisis.
2. Discuss the importance of anticipation of a maturational crisis by the professional nurse.
3. Identify influencing factors that may precipitate or delay the onset of the crisis.
4. Identify specific nursing actions that may minimize the effects of the identified factors.
5. Incorporate any significant data into the nursing care plan.
6. Utilize nursing assessment skills to determine recent significant loss by the client.
7. List supportive nursing actions to be implemented for the grieving client.
8. Compare and contrast the client's response to loss or a maturational crisis to a stress response.
9. Write nursing diagnoses for the data related to anxiety, crisis, loss or grief.

**LEARNING ACTIVITIES**

**Review:** Concepts from Introduction to Professional Nursing and Theories and Concepts I.

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: N. Comfort**

**OBJECTIVES**

The nursing student will:

1. Assess the comfort/pain level of the client.
2. Collaborate with the client to determine nursing diagnoses and outcomes related to comfort/pain.
3. Utilize nursing measures to diminish or relieve pain.
4. Include relevant nursing diagnoses in the care plan.

**LEARNING ACTIVITIES**

**Review:** Concepts from Introduction to Professional Nursing, Theories & Concepts I, Skills I & II

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: O. Rest/Sleep**

**OBJECTIVES**

The nursing student will:

1. Assess the client's need for rest/sleep.
2. Collaborate with the client to determine the rest/sleep diagnoses and outcomes.
3. Utilize nursing interventions to promote the rest/sleep needs.
4. Include the diagnoses in the care plan if relevant.

**LEARNING ACTIVITIES**

**Review:** Concepts from Theories and Concepts I and Introduction to Professional Nursing

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: P. Laboratory Test and Specimen Collection**

**OBJECTIVES**

The nursing student will:

1. Identify the appropriate required laboratory tests pertinent to the patient's medical condition.
2. Explain the purpose for the requested laboratory specimen/test.
3. Identify the appropriate type of specimen to collect for the required laboratory test.
4. Demonstrate correct collection procedure.
5. Analyze the results.
6. Incorporate laboratory test results into the nursing care plan.
7. Provide appropriate nursing care based on analysis of laboratory test result.
8. Explain what factors influence test outcomes and test collection.
9. Prepare the patient appropriately before the test specimen collection.

**LEARNING ACTIVITIES**

**Review:** A textbook on laboratory specimen  
Speak with a lab technician  
Complete diagnostic information within SimChart on lab test performed on patient

**NUR 3404 - Practicum in Nursing I**  
**UNIT II - APPLICATION OF THE NURSING PROCESS**  
**FOCUS: Q. Care of the Surgical Client**

**OBJECTIVES**

The nursing student will:

1. Assess the pre-operative and post-operative needs of the client.
2. Collaborate with the client to determine the nursing diagnoses and outcomes.
3. Utilize promotive, restorative, and supportive nursing interventions to care for the client undergoing surgery.
4. Evaluate the achievement of and progress toward the outcomes.
5. Explain the importance of informed consent for invasive procedures.
6. Demonstrate the ability to intervene early to prevent complications.

**LEARNING ACTIVITIES**

**Review:** Concepts from Introduction to Professional Nursing, Theories & Concepts I, Skills I & II

Patient's Initials: \_\_\_\_ Age: \_\_\_\_

Diagnosis: \_\_\_\_\_

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**Nursing Data Form: Prepsheet  
Textbook Information**

Student Name: \_\_\_\_\_

**PRACTICUM IN NURSING**  
Instructor: \_\_\_\_\_

Date: \_\_\_\_\_

Textbook physiology of normal functioning based on patient's diagnosis	Pathophysiology based on patient's diagnosis	Growth and Development Identify Stage, Developmental tasks, anticipatory guidance needed.

Patient Initials: \_\_\_\_\_

**NURSING CARE PLAN**

Student's Name \_\_\_\_\_

Date \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b><u>DATE</u></b>	<b><u>NURSING DIAGNOSIS</u></b>	<b><u>PLAN (Outcome)</u></b>	<b><u>IMPLEMENTATION</u></b>	<b><u>RATIONALE</u></b>	<b><u>EVALUATION</u></b> <b><u>Goal/Pt</u></b> <b><u>Response/Modification</u></b>
	<b>PRIORITY #</b> ____				

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FORMAT FOR DIAGNOSTIC TEST INFORMATION WITHIN SIMCHART

Place: Within SimChart

Name of test:

Purpose of test:

Normal value range:

Implications of abnormal values:

Explanation or description of test:

Preparation for test:

Specimen collection/procedure:

Nursing implications before test:

Nursing implications following test:

Reference:

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**PSYCHOMOTOR SKILLS**

**OBJECTIVES**

Administer nursing care utilizing psychomotor skill, according to guidelines taught in the skills laboratory.

Completion of all skills including the following aspects: Adequate

- a. Preparation of materials
- b. Preparation of patient
- c. Medical asepsis
- d. Body mechanics
- e. Communications
- f. Charting
- g. Clean-up

**Bring the psychomotor skill checklist used in Skills I to each clinical setting.**