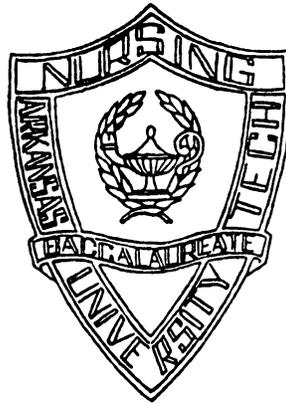


ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING



PRACTICUM IN NURSING I

NURSING THE INDIVIDUAL CLIENT

NUR 3404

Spring 2017

TABLE OF CONTENTS

COURSE OVERVIEW	5
REQUIRED TEXTBOOKS/ACCESS CODE	5
RECOMMENDED TEXTBOOKS	5
COURSE OBJECTIVES/DISABILITY STATEMENT	6
SPECIAL REQUIREMENTS	7
WRITTEN WORK/ACADEMIC HONESTY	8
EVALUATION/ASSESSMENT METHODS.....	9
COURSE REQUIREMENTS.....	10
COMPOSITION OF FINAL GRADE.....	11
SOURCES OF ETHICAL AND LEGAL STANDARDS	12
CONDUCT OF THE COURSE	13
ATTENDANCE.....	13
TARDY.....	14
DRESS AND BEHAVIOR.....	14
CELL PHONE.....	15
ABILITIES AND SKILLS FOR ADMISSION TO AND PROGRESSION WITHIN THE NURSING MAJOR	15
TOPICAL OUTLINE	17
ORIENTATION TO PRACTICUM.....	18
NURSE'S ROLES AND FUNCTION, INTRODUCTION TO AGENCY.....	19
CONTINUING OBJECTIVES	20
WRITING A FORMAL PAPER	21
COMMUNICATION.....	22
GROWTH AND DEVELOPMENT.....	23
WELLNESS PROMOTION.....	24
SAFE AND THERAPEUTIC ENVIRONMENT	25
BASIC HYGIENE.....	26
VITAL SIGNS	27
NUTRITIONAL ASPECTS OF CARE.....	28
AMBULATION, ACTIVITY, AND EXERCISE.....	29
ELIMINATION	30
FLUID AND ELECTROLYTES.....	31
MEDICATION ADMINISTRATION.....	32
STRESS-ADAPTATION-HOMEOSTASIS.....	33
ANXIETY/CRISIS, LOSS/GRIEF.....	34
COMFORT	35
REST AND SLEEP	36
LABORATORY TEST AND SPECIMEN COLLECTION	37
CARE OF THE SURGICAL CLIENT.....	38
PREP SHEET FORM	39
NURSING CARE PLAN.....	40
DIAGNOSTIC TEST CARD GUIDELINE.....	41
PSYCHOMOTOR SKILLS.....	42

APPENDICES:

CHART INFORMATION.....	44-45
LEARNING OUTCOME TERMS	46
PREP SHEET EXPLANATION	47
CARE PLAN SAMPLE	48
CLINICAL LOG EXPLANATION	49
GOALS FOR THE SEMESTER.....	50
END OF SEMESTER EVALUATION	51
NURSING ASSESSMENT FORM.....	52-60
EXPLANATION OF ASSESSMENT FORM	61-72
MEDICATION FORMAT FORM (short version)	73
EVIDENCE BASED TEACHING PROJECT	74-75
EVIDENCE BASED TEACHING RUBRIC	76-77
BIB CARD FORMAT	78
SCHOLARLY ARTICLE CRITIQUE GUIDELINES	79
SCHOLARLY ARTICLE SCORING	80
CLINICAL PERFORMANCE EVALUATION TOOL (CPET)	81
CLINICAL PERFORMANCE EVALUATION TOOL GUIDELINES/GRADING	82
CLINICAL GRADING TOOL.....	83-84
CLINICAL PERFORMANCE EVALUATION TOOL (CPET) EXPLANATION	85

**ARKANSAS TECH UNIVERSITY
DEPARTMENT OF NURSING**

Course: NUR 3404

Title: Practicum in Nursing I - Nursing the Individual Client

Credit Hours: Four (4) Semester Hours

Contact Hours: Twelve (12) Hours

Placement: Junior Year

Instructors: Listed in blackboard under Instructors

Dr. Terri McKown

Office: Dean Hall 224 N
Office Hours: Posted on door
Phone: 479-964-3293 Office
479-857-7608 Cell
Email: tmckown@atu.edu

Shanna Escobar

Office: Dean Hall 224 F
Office Hours: Posted on door
Phone: 479-964-0866 Office
479-747-9972 Cell
Email: sescobar@atu.edu

Susan Self

Office: Dean Hall 224 D
Office Hours: Posted on door
Phone: 479-964-3291 Office
501-580-4901 Cell
Email: sself3@atu.edu

Carolyn Ricono

Office: Dean Hall 224 J
Office Hours: Posted on door
Phone: 479-880-4080 Office
479-857-9032 Cell
Email: cricono@atu.edu

Shellie Maggard

Office: Dean Hall 224 K
Office Hours: Posted on door
Phone: 479-880-4299 Office
479-857-7288 Cell
Email: smaggard@atu.edu

Dr. Marilyn Duran

Office: Dean Hall 224K
Office Hours: Posted on door
Phone: 479-880-4299 Office
817-243-5895 Cell
Email: mduran1@atu.edu

Amanda Boen

Phone: 479-774-1871 Cell

Course Description:

Practicum facilitating the integration, synthesis and application of theories, concepts, and psychomotor nursing skills taught in NUR 2023, NUR 3103, NUR 3204, NUR 3213, NUR 3303, NUR 3404, and NUR 3402. The student uses promotive, restorative, and supportive nursing behaviors to assist individuals to reach functional adaptation.

Instructional Resources:**Required Textbooks:**

Hinkle, J., & Cheever, K. (2014). Brunner & Suddarth's textbook of medical-surgical nursing (13th ed.). Philadelphia, PA: Lippincott, Williams & Wilkins.

Potter, P., Perry, A., Stockert, P., & Hall, A. (2013). Fundamentals of nursing. (8th ed.). St. Louis: Elsevier Mosby.

Required Computer Access: Elsevier software access code for SimChart

Recommended textbooks: (additional references come with SimChart)

Laboratory and Diagnostic Test Book

Nursing Diagnosis/Care Plan Book

Medical Dictionary

Drug Guide

APA Pocket Guide, 6th edition (or latest edition)

Justification/Rationale for the Course

By the completion of this course the student will progress toward student learning outcomes 1, 2, 3, and 4.

This upper division professional nursing course provides opportunities for the student to apply knowledge and skills from the general education component and from nursing courses to the care of individuals.

Course Catalog Description:

Practicum facilitating the integration, synthesis, and application of theories, concepts, and psychomotor nursing skills taught in NUR 3103, 3204, 3304, and 3513. The student uses maintenance nursing behaviors to assist individuals to reach functional adaptation.

Course/Catalog Objectives:

Upon successful completion of this course, the student should be able to:

1. Apply knowledge gained from the nursing as well as the bio-psycho-social and physical sciences to individualize care for selected clients.
2. Utilize promotive, restorative, and supportive nursing behavior to assist selected individuals to resolve or reduce a health problem, prevent complications, and promote wellness.
3. Utilize the caregiver, communicator, and collaborator roles to provide caring, holistic nursing care to individual clients.
4. Demonstrate the ability to perform basic nursing skills.
5. Demonstrate an awareness of the influence of personal attitudes, values, and morals on the behavior of clients and self.
6. Apply the legal scope of practice, the professional standards of care and code of ethics to provide quality nursing care.
7. Utilize critical thinking skills to apply the nursing process to the care of selected clients incorporating relating theory to clinical practice.

Discrimination Statement:

Arkansas Tech University does not discriminate on the basis of color, sex, sexual orientation, gender identity, race, age, national origin, religion, veteran status, genetic information, or disability in any of our practices, policies, or procedures. If you have experienced any form of discrimination or harassment, including sexual misconduct (e.g. sexual assault, sexual harassment, stalking, domestic or dating violence), we encourage you to report this to the institution. If you report such an incident of misconduct to a faculty or staff member, they are required by law to notify Arkansas Tech University's Title IX Coordinator and share the basic fact of your experience. The Title IX Coordinator will then be available to assist you in understanding all of your options and in connecting you with all possible resources on and off campus. For more information please visit: <http://www.atu.edu/titleix/index.php>.

Disability Statement:

Arkansas Tech University adheres to the requirements of the Americans with Disabilities Act in order to prevent barriers to academic accessibility. If you need an accommodation due to a disability, please contact the ATU Office of Disability Services, located in Doc Bryan Student Center, Suite 171, or visit <http://www.atu.edu/disabilities/index.php>.

SPECIAL REQUIREMENTS:

CPR -- Each student must have verification documentation of current American Heart Healthcare Provider CPR verification (adult, child, and infant) on file prior to the start of Level 1 courses. The verification must be current through the entire two (2) year academic program. If a student fails to progress, the student is responsible to reverify and provide documentation of current CPR prior to reentry into the clinical setting. This must cover infant, child, and adult: Foreign body airway obstructions, CPR, mask, Ambu bag, and AED. This must be done before the student will be allowed in the clinical area.

Drug Calculation Test -- Each student must demonstrate competence in the area of medication calculations by successfully passing the ATU Nursing Department Drug Calculation Test with a score of 100 percent in NUR 2023.

The student must also earn a 100% score on a Drug calculation test within the first two weeks of classes in NUR 3404, Practicum I. The student will be allowed to take this test a total of three times. Failure to score 100% on the third attempt will result in required drug calculation remediation and could impact your clinical grade.

Insurance -- Each student must present evidence of current professional liability insurance of 1,000,000 before the student will be allowed to register for any Level courses. This is at the student's expense. See Student Handbook for more specific information.

Hepatitis/Tetanus Immunization -- Each student is required to receive the series of injections that provide protection against hepatitis and tetanus. Each student must provide validation of having received at least two of the series of three injections for hepatitis B before the student may practice in the practicum setting. The third HBV vaccine must be received and documented by the end of the 1st clinical semester. Failure to do so will result in the student's inability to continue clinical the next semester.

T.B. Skin Test B -- All students must present evidence of a negative T.B. screening, or chest x-ray with positive skin test with release from physician, according to Health Department protocols before the first day of class.

Certified Background -- All students must upload all required documents to certifiedbackground.com before the first day of classes. Each student is responsible for completing a background check prior to first day of class. Results will either come back as clear or flagged. If your background check is flagged, it is the student's responsibility to take a copy of your background results to the Human Resources Department of the clinical agency the student is assigned. Approval/continuance of the student's clinical experience is determined by the clinical agency. If unable to complete clinical requirements at clinical agencies utilized by ATU, the student may be dismissed from the program.

Flu Vaccination—All students are encouraged to receive the annual Flu vaccination. Most of our clinical agencies require this. Alternatives may be approved if allergic to the vaccination or you are unable to receive the vaccination in which the student must provide physician supporting documentation. However, by not receiving the vaccination, a student may be denied the opportunity to complete clinical based on clinical agency policies.

SimChart Access Code-All students must purchase the SimChart access to complete the required documentation of the course. This may be purchased through the ATU bookstore.

Drug Screen—All students may be drug screened at any time during Upper Division. See Student Handbook for details.

WRITTEN WORK:

All written work must be the student's own product. Written/submitted work must be legible and will be presented in an acceptable format: written in ink, or typed when indicated.

Students are to turn in all major written assignments with the guidelines and evaluation criteria.

ALL ASSIGNMENTS ARE DUE BY THE BEGINNING OF CLASS ON THE DESIGNATED DAY. ASSIGNMENTS HANDED IN ONE DAY LATE WILL RECEIVE A GRADE REDUCED BY ONE LETTER GRADE. ASSIGNMENTS TURNED IN MORE THAN ONE DAY LATE WILL RECEIVE A "0" OR AN UNSATISFACTORY AND WILL NOT BE GRADED.

ACADEMIC HONESTY:

Students are expected to be honest and truthful in both classroom and practicum experiences. They are expected to adhere to the Code of Ethics and uphold current standards of care. Students are referred to the Arkansas Tech University Student Handbook for more specific regulations regarding academic honesty.

Students are expected to:

- a. Perform their assigned tasks in the practicum experiences. Students should have the permission of the clinical instructor before using assistance from the staff.
- b. Notify the instructor immediately of any clinical error made so that steps can be taken to prevent harm to the patient.
- c. Present written work that is theirs alone.
- d. Correctly document any materials from a textbook, pamphlet, journal, etc., that is used for an assignment.
- e. Be honest and truthful when writing clinical logs and giving verbal or written reports regarding patient care or the student's clinical experiences or assignments.
- f. Only use authorized devices or materials for an examination and not copy from other students' papers.
- g. Document material correctly. Plagiarism is defined as stealing and presenting as one's own ideas or words of another, or not documenting material correctly. Student papers may be evaluated by turnitin.com which can detect plagiarism. For the first occurrence of academic dishonesty, the student will receive an F. If there is a second occurrence, the student will be dismissed from the program. Students are referred to the ATU catalog and handbook for policies regarding plagiarism.

EVALUATION:

1. Grading scale:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 68-74
- F - 67 or below

2. Students must achieve a passing grade of “C” in both the Theories and corresponding Practicum courses in order to progress within the program. Students who repeat a Theories course are required to show clinical competency in order to progress. Students who repeat Practicum are required to show theoretical competency in order to progress.

Clinical competence can be attained by:

1. Taking for credit the corresponding Practicum course.
2. Completing NUR 3892 Clinical Competency I in Directed Practicum with a grade of “C” or better.

Theoretical competence can be attained by:

1. Taking for credit corresponding theoretical competency. Student must maintain a 75% average on all exams.
2. Taking for credit corresponding theoretical competency. Student must make greater than or equal to 75% on corresponding comprehensive theory exam.

3. A grade of "C" or above must be achieved in every nursing course in order to progress in the nursing program. Any grade below 75% will not be rounded up.
4. A grade of "I" may be recorded for a student who has not completed all the requirements of a course because of illness or other circumstances beyond the student’s control, provided work already completed is of passing quality. For all nursing courses “passing quality” is defined as a grade of 75% or above on previously completed work. Before a grade of “I” may be recorded, the student and the instructor must determine course requirements to be completed and the completion date. This information is to be documented by completing the ATU Incomplete Grade Agreement contract.

5. Failure to provide safe clinical care may result in automatic failure of the course (See "Sources of Ethical and Legal Standards" section on page 11).
6. A student who has a failing grade in clinical at the time of withdraw cannot withdraw passing. A failing grade will count as an attempt.
7. **STUDENTS MUST MAINTAIN A SATISFACTORY (CPET) AND A 75% OR ABOVE IN THE CLINICAL COURSEWORK TO SUCCESSFULLY PASS THIS CLINICAL COURSE. These are two separate sections. If you do not pass one section, you will not pass the course.**
8. SNA professional points.
-Please refer to the student handbook.

COURSE REQUIREMENTS:

I. Preparation/Requirements for practicum, including:

- A. Completion of preparatory work/care plans in SimChart for each patient to be cared for including:

Before clinical starts:

- Completion of Clinical set-up
- Completion of Pre-Clinical Manager
- Diagnosis information (Identification of client diagnoses with normal pathophysiology of the process along with pathophysiology of the disease process, and growth and development specific to the patient)
- Diagnostic test information/Laboratory test information (one for each test)
- Written Medication sheet (typed or handwritten...due at beginning of clinical day to instructor)

Paper work to bring to clinical

- Assessment sheet (from syllabus as guide), lab sheet, Skills check-off sheet, and medication sheet

After clinical (All submitted through SimChart with the additional above)

- Health History (patient charting)

- System assessment (patient charting) (CV, Resp, GI, Neuro, + 2)
 - 1 (ONE) complete care plan with 2 outcomes, with 2 additional nursing diagnoses only (these need to be in priority based on care of patient)
- B. Necessary research to allow for understanding of patient's condition, nursing diagnoses, interventions, and rationales.
- C. Scholarly article critique. Each student will be responsible for researching, supplying, and presenting at least one evidence based practice article to your clinical group. Guidelines are located in blackboard. See individual clinical instructor for time frame.
- II. Preparation for the participation in clinical seminars (pre and post clinical).
- III. A minimum of two evaluation conferences with the clinical instructor.
- One to be conducted at midterm and the other at the end of the semester.
- IV. Satisfactory completion of the clinical evidence based group assignment with bib cards.
- V. Satisfactory completion of simulation.

COMPOSITION OF FINAL GRADE

Grading Guidelines, Entire Course

- ✓ **The score for each student in the course will be the numeric grade received for the course based on all of the didactic work required in the clinical syllabus.**
- ✓ **Clinical performance will be evaluated with the Clinical Performance Evaluation Tool (CPET), and will be scored either “pass” or “fail.”**
- ✓ **Every student must receive a score of “pass” on the CPET to pass the course.**

If a student receives a “fail” on the CPET, the student will receive an “F” for the course.

Formal and/or informal evaluation conferences with the clinical instructor will keep the student abreast of his/her level of performance.

Each student is expected to adhere to all ethical, legal, and professional standards. A student whose level of performance is satisfactory, will receive a letter grade for the course based on the following formulation:

Drug Calculation	
Quiz Grade (First Attempt)	10%
Weekly Practicum Grade	70%
Evidence Based Group Teaching Project.....	10%
Presentation of Teaching Project.....	10%
*Clinical Simulation.....	Pass/Fail
Total grade.	100%

*Must pass clinical simulation to receive grade for case study paper/concept map.

Serious violation of any of these standards can result in the **DISMISSAL OF THE STUDENT FROM THE PROGRAM.**

SOURCES OF ETHICAL AND LEGAL STANDARDS.

1. American Nurses Association Code for Nurses (see Fundamentals of Nursing by Taylor, Lillis & LeMone for details).
2. American Nurses Association Standards of Care (see NUR 2023 Syllabus).
3. Arkansas Tech University current Undergraduate Catalog.
4. Arkansas Tech University Student Handbook.
5. Arkansas Tech University Department of Nursing Student Handbook.
6. Legal Guidelines (see Fundamentals of Nursing, Taylor, Lillis & LeMone.)
7. Policies and Procedure Manuals of Clinical Agencies.

The student should note that he/she is responsible to maintain familiarity with the standards described in the above listed documents.

CONDUCT OF THE COURSE:

Teacher Roles: Demonstrator, Planner, Evaluator, Facilitator, Role Model, and Supporter.

Student Roles: Learner, Communicator, Caregiver, Collaborator, Teacher.

Teacher-Learning Strategies:

Assignment of selected clients, pre- and post-clinical conferences, simulation, seminars, audiovisual materials, daily log, and nursing process care plans.

POLICIES:

Attendance:

As professionals, we must be responsible for our own learning experiences. Making the most of all educational opportunities is your responsibility. This is a mark of professionalism. Attendance in class reflects your dedication and the value you place on your chosen profession. We, the faculty, expect you to attend ALL CLASSES AND PRACTICUM EXPERIENCES

The student is responsible for notifying the instructor and clinical agency prior to any absence from a clinical experience. Failure to notify the instructor and clinical agency prior to an absence will not only be reflected in the student's grade, but will also result in a clinical incident and could result in failure of the course.

Regular attendance is considered essential if students are to receive maximum benefits from the nursing courses. For clinical rotations, an absence will result in a make-up assignment. Make-up assignments will equal the number of clinical hours missed. Assignments may vary with instructor. Failure to make up clinical assignments will result in failure of the course. **THE STUDENT IS RESPONSIBLE FOR CONTACTING THE INSTRUCTOR REGARDING MAKE-UP ASSIGNMENTS WITHIN ONE WEEK OF THE ABSENCE.**

Tardy/Attendance Policy:

The student is responsible for verbally notifying the instructor and agency if he or she will be late for clinical experience. Excessive tardiness will be reflected on the student's clinical evaluation and grade.

Each student is responsible for notifying the instructor if they are going to be absent or tardy from clinical prior to the start of that clinical assignment. The student is allowed **one** clinical absence. One clinical absence is defined as "one 10-hour clinical assignment". The student must complete a make-up clinical assignment. In the event of a **second** clinical absence, the student will be called before the Level I faculty to defend their absenteeism. The Level I faculty will decide if the student is allowed to continue in the course or be dropped/failed.

Excessive tardiness in clinical is unprofessional. **Two** tardies will equal an absence. Absenteeism and tardiness will be reflected in the student's grade under the professionalism criteria.

A student may NOT leave the clinical agency/floor without notifying the instructor and primary nurse. If leaving without notification occurs, failure will result in the course.

Dress and Behavior:

The dress code of the Department of Nursing is the same as that of Arkansas Tech University. However, in those instances when the student uses clinical areas to gather information for any course, they will be required to wear a 3/4 or full length white laboratory coat with the **school patch on the left sleeve and be identified by the school name badge**. Clothing worn under the lab coat should be appropriate for interviewing clients and collaborating with agency staff. See the student handbook for additional information.

Required dress for the students in practicum consists of a black scrub-stale, straight leg pant uniform and white shoes and may be purchased anywhere. No certain style is required. The scrub jacket, a black short lab jacket with cuffs, may also be worn. An ATU patch must be visible on the left sleeve and a **visible photo ID attached to the top front of the scrub top**. Refer to the student handbook for additional information.

Cell phone:

There is a **NO cell phone policy for all upper division testing/test review**. This includes paper/pencil testing, test review, cooperative testing, and computer testing. If you are discovered with having a cell phone on your person, this will be considered a violation of the Academic Honesty Policy. If we discover that you have your cell phone with you during a unit exam/cooperative testing or unit exam review **you will receive a 0 for the test grade**.

Also, cell phones are not allowed while on “the floor” in clinical. You may check it at break/lunch. Smart phone use for drug books, resources, etc. are at the discretion of the instructor. Most facilities have alternate resources as many of the cell phones interfere with computer/monitoring technology.

Abilities and Skills for Admission to and Progression within the Nursing Major

The ATU Department of Nursing requires abilities and skills for admission and progression in the curriculum based on those required of a practicing professional nurse.

The professional nurse must possess the knowledge and ability to effectively assist his or her client's biophysical, psychological, social, cultural, and intellectual domains. Further, the professional nurse must competently analyze the assessment data through intellectual processing to arrive at a definition of the client's status or problem, plan independently or collaboratively for a full range of therapeutic interventions, execute all or part of the plans through nursing acts, and evaluate the care delivered and the client's responses to it.

A candidate for professional nursing must have the abilities and skills necessary for use of the nursing process (scientific decision-making process). These skills and abilities include: observation; communication; motor ability; conceptualization; integration and quantification; and behavioral/social acceptability. Technological accommodation can be made for some disabilities in certain of these areas, but a candidate should be able to perform in a reasonably independent manner. The use of a trained intermediary is not acceptable, in that a candidate's judgment must not be mediated by someone else's power of observation and selection.

The following abilities and skills are necessary to meet the requirements of the curriculum:

1. **Observation:** The candidate must be able to observe a patient accurately at a distance and close at hand. Observation necessitates the functional use of the sense of vision and tactile sensation. It is enhanced by the functional use of the sense of smell. This includes student to remain conscious at all times.
2. **Communication:** The candidate must be able to speak, to hear, and to observe patients in order to elicit information; describe changes in mood, activity, and

posture; and perceive nonverbal communications. A candidate must be able to communicate effectively and sensitively with patients. Communication includes not only speech but reading and writing. The candidate must be able to communicate effectively and efficiently in oral and written form with all members of the health care team. For any student with a language barrier or other speech issue. (This often includes communications in a clear, precise, and fluent ability.)

3. Motor: Candidates should have sufficient motor function to elicit information from patients by palpation, auscultation, percussion, and other assessment maneuvers. A candidate must have sufficient motor skills to gain access to clients in a variety of care settings and to manipulate the equipment central to the treatment of patients receiving professional nursing care. Such actions require coordination of both gross and fine muscular movements, equilibrium, and functional use of the senses of touch and vision. Students must be able to lift at least 20 lbs. using proper body mechanics.
4. Intellectual-Conceptual, Integrative, and Quantitative Abilities: These abilities include measurement, calculation, dimensional analysis, reasoning, analysis, and synthesis. Problem solving, the critical skill demanded of nurses, requires all of these intellectual abilities. In addition, the candidate should be able to comprehend three dimensional relationships and to understand the spatial relationships of structures.
5. Behavioral and Social Attributes: A candidate must possess the emotional health required for full utilization of his or her intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities attendant to the care of patients, and the development of mature, sensitive, and effective relationships with patients. Candidates must be able to tolerate physically taxing workloads and to function effectively under stress. They must be able to adapt to changing environments, to display flexibility, and to learn to function in the face of uncertainties inherent in the clinical problems of many patients. Compassion, integrity, concern for others, interpersonal skills, interest, and motivation are all personal qualities necessary for professional nursing.

The Department of nursing affirms that all students enrolled in the Department of Nursing must possess those intellectual, ethical, physical, and emotional capabilities required by the faculty for safe professional practice. [Bower, D., Line, L., & Denega, D. (1988). Evaluation instruments in nursing (pp. 71). New York: National League for Nursing.

TOPICAL OUTLINE
NUR 3404
PRACTICUM IN NURSING I
NURSING THE INDIVIDUAL CLIENT

- I. Introduction to Practicum I
 - A. Orientation
 - B. Nurse's Roles and Functions
 - C. Introduction to Agency
 - D. Continuing Objectives
 - E. Writing A Formal Evidence Based Paper

- II. Application of Nursing Process
 - A. Communication Skills
 - B. Growth and Development Across the Life Span
 - C. Wellness Promotion
 - D. Safe and Therapeutic Environment
 - E. Hygiene
 - F. Vital Signs
 - G. Nutritional Aspects of Client Care
 - H. Ambulation, Activity, and Exercise
 - I. Elimination
 - J. Fluid and Electrolytes
 - K. Medication Administration
 - L. Stress-Adaptation-Homeostasis
 - M. Anxiety/Crisis, Loss/Grief
 - N. Comfort
 - O. Rest/Sleep
 - P. Laboratory Test and Specimen Collection
 - Q. Care of the Surgical Client

NUR 3404 - Practicum in Nursing I

UNIT I - INTRODUCTION TO PRACTICUM I

FOCUS A: Orientation to Practicum

OBJECTIVES

The nursing student will:

1. Discuss the relationship between the practicum course and the other Level I courses (NUR 3402, 3204, 3513, 3213).
2. Set a personal goal and establish a plan to meet the requirements of this course.
 - a. Discuss the contents of the syllabus.
 - b. Clarify course requirements.
 - c. Discuss expectations/policies.
3. Discuss ATU Department of Nursing guidelines and policies that relate to practicum.
4. Participate in planned activities to provide practice for new skills.

LEARNING ACTIVITIES

Required Reading: Read Clinical Performance Evaluation Tool Guidelines, Syllabus for course.

Refer to Calendar of activities.

NUR 3404 - Practicum in Nursing I
UNIT I - INTRODUCTION TO PRACTICUM I
FOCUS B: Nurse's Roles and Functions
FOCUS C: Introduction to Agency

OBJECTIVES

The nursing student will:

1. Become familiar with the policies and regulations of each clinical agency.
2. Locate supplies, equipment in each clinical agency.
3. Observe and note the functions of three agency personnel of different education levels (example: L.P.N., R.N., Nurse aide, CMA, CNA, etc.).
4. Review the methods of charting and medication administration for each clinical agency.

LEARNING ACTIVITIES

Attend orientation sessions

Tour of agency

NUR 3404 - Practicum in Nursing I
UNIT I - INTRODUCTION TO PRACTICUM I
FOCUS D: Continuing Objectives

OBJECTIVES

The nursing student will:

1. Utilize the caregiver, communicator, and collaborator roles to assist a selected client to meet basic needs.
2. Assess the ability of the client to meet basic human needs.
3. Collect data from primary and secondary sources regarding the client's wellness/health problem status.
4. Apply knowledge of cultural and ethnic aspects to the care of clients.
5. Apply knowledge of growth and development of each age group to the care of clients.
6. Collaborate with the client to determine the nursing diagnoses and outcomes.
7. Utilize promotive, restorative, and supportive nursing interventions to reduce/resolve the client's health problems, prevent complications, and promote wellness.
8. Identify the rationales for each nursing intervention.
9. Evaluate the progress toward, or achievement of, client outcomes.
10. Demonstrate the ability to provide care within the guidelines of the Code of Ethics, legal boundaries, Standards of Clinical Nursing Practice, and Standards of Professional Practice.
11. Write a complete individualized care plan for one client each week of clinicals.
12. Demonstrate preparation for clinical in pre-conferences.
13. Apply the nursing process to at least one health problem or wellness promotion need of the assigned client in post-conference.
14. Evaluate the progress toward, or achievement of, course objectives.
15. Utilize nursing assessment skills to identify the nursing care needs of a selected client.
 - a. Collect data from relevant sources, both primary and secondary.
 - b. Utilize "assessment guidelines" to complete systematic assessment of areas previously emphasized.
 - c. Identify from the collected data all indicated client care problems.
 - d. Rank the stated problems in priority.
 - e. Develop the complete nursing care plan for the two top priority problems.

LEARNING ACTIVITIES

Review: Concepts from NUR 2023

NUR3404: Practicum in Nursing I
UNIT I: INTRODUCTION TO PRACTICUM I
FOCUS E: Writing A Formal Evidence Based Paper/Project

OBJECTIVES

On completion of this focus, the student should be able to:

1. Define plagiarism.
2. Differentiate between plagiarism and paraphrasing.
3. Discuss the expression of ideas through writing styles, grammar, and reduction of bias in language.
4. Identify correct methods of editorial style, including the following: punctuation, spelling, capitalization, italics, abbreviations, headings, quotations, numbers, reference citations in text, and reference list.
5. Discuss correct manuscript preparation, including the following: paper, typeface, double-spacing, margins, headings, spacing and punctuation, quotations, parts of manuscript, title page, abstract, text, references, and appendices.
6. Write a paper/project according to APA format correctly.
7. Navigate the ATU Library website for evidence based practice articles/research.

LEARNING ACTIVITIES

Read the APA Pocket Guide, 6th edition.

Navigation of the ATU Library Website.

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS A: Communication

OBJECTIVES

The nursing student will:

1. Identify the factors that facilitate communication with clients.
2. Identify the blocks and barriers that hinder the communication process with clients.
3. Apply the skills and techniques that promote a helping relationship.
4. Utilize interviewing skills to complete the nursing assessment.
5. Utilize communication skills to assess the wellness status of the clients.
6. Identify any real or potential health problems indicated by the assessment data.
7. Collaborate with the client to determine health problems or wellness promotion needs.

LEARNING ACTIVITIES

Review: Concepts from Introduction of Professional Nursing

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: B. Growth and Development Across the Life Span

OBJECTIVES

The nursing student will:

1. Describe the stage of development of clients.
2. Identify the developmental task for each client.
3. Determine what anticipatory guidance is needed.
4. Apply knowledge of responses to illness of each age group to the care of clients.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I.

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: C. Wellness Promotion

OBJECTIVES

The nursing student will:

1. Assess the client's level of wellness.
2. Collaborate with the client to determine wellness diagnoses and outcomes.
3. Utilize promotive, restorative and supportive nursing interventions to achieve the outcomes.
4. Evaluate the client's achievement of or progress toward wellness outcomes.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing and Theories and Concepts I.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: D. Safe and Therapeutic Environment

OBJECTIVES

The nursing student will:

1. List the factors to be included in assessment of environmental safety.
2. Identify factors that influence the therapeutic environment.
3. Assess the safe and therapeutic factors of the client's room and corridor to the nurses' station.
4. Utilize nursing interventions to provide a safe and therapeutic environment.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing and Theories and Concepts I.

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: E. Basic Hygiene

OBJECTIVES

The nursing student will:

1. Utilize hand washing techniques to protect clients and self from harmful microorganisms.
2. Utilize the caregiver role to assist a client to meet basic hygiene needs.

LEARNING ACTIVITIES

Review: Concepts from Skills I: asepsis, personal hygiene, body mechanics, moving and positioning patients.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS F: Vital Signs

OBJECTIVES

The nursing student will:

1. Assess the temperature, pulse, respirations, and blood pressure of selected clients.
2. Examine the pulse rate to identify any of the following:
 - a. Pulse deficit
 - b. Bradycardia
 - c. Tachycardia
 - d. Change in rate related to time of day
 - e. Change in rate related to activity
 - f. Change in rate related to an elevation in body temperature
3. Auscultate the lung sounds.
4. Assess the depth and quality of the respirations.
5. Identify factors in the client's internal and external environment that influence his heat production, distribution, and control.
6. Identify the following through primary or secondary sources:
 - a. Hyperthermia
 - b. Hypothermia
 - c. Changes in body temperature relative to time of day
 - d. Changes in body temperature related to activity
7. Record the vital signs and note any deviations from normal.
8. Write a nursing diagnosis relevant to vital signs.
9. Include diagnosis in care plan.

LEARNING ACTIVITIES

Review: Concepts from Skills I, Theories and Concepts I.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS G: Nutritional Aspects of Client Care

OBJECTIVES

The nursing student will:

1. Utilize assessment skills to assess the nutritional status of a selected client.
2. Determine nutritional needs by analyzing nutritional data collected.
3. Write a nursing diagnosis relative to nutritional needs from data collected.
4. Collaborate with the client to develop a plan of care relative to nutritional needs.
5. Assess a selected client's need for assistance with eating.
6. Modify the environment to enhance a selected client's appetite.
7. Assist a selected client to eat a meal.
8. Utilize communication skills to provide a pleasant atmosphere while assisting client with meal.
9. Apply the nursing process to clients with selected diseases of the gastrointestinal tract.

LEARNING ACTIVITIES

Review : Concepts from Nutrition, Theories and Concepts I, and Skills I

Compare diet to recommended standards.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: H. Ambulation, Activity, and Exercise

OBJECTIVES

The nursing student will:

1. Utilize principles of body mechanics to assist the client to meet exercise and activity needs.
2. Assess the client's activity level.
3. Implement ROM exercises as indicated.
4. Direct a client through complete range of motion exercises.
5. Utilize passive range of motion with selected clients.
6. Assist the client in turning, moving, and ambulation.
7. Write appropriate nursing diagnosis relevant to the exercise and activity needs of the client.
8. Include relevant diagnosis in the care plan.
9. Apply the nursing process to clients with selected respiratory and cardiac diseases.

LEARNING ACTIVITIES

Review: Psychomotor skills checklist
Concepts from Theories and Concepts I and Skills I

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: I. Elimination

OBJECTIVES

The nursing student will:

1. Utilize assessment skills to determine the elimination status of a selected client.
2. Collect data regarding client's past bowel habits and problems.
3. Utilize given guidelines to assess the client's present bowel status.
4. Identify significant data from client's history.
5. Write the nursing diagnosis for the problems indicated by data collected.
6. Identify independent and dependent nursing measures to aid normal defecation.
7. Demonstrate the administration of an enema to a selected client.
8. Chart all pertinent information about enema administration.
9. Collect data regarding past renal status and urinary habits.
10. Analyze data collected and write the nursing diagnosis for the problem(s) indicated by the significant data.
11. Identify independent and dependent nursing measures to aid normal micturition.
12. Apply the nursing process to the client with selected diseases of elimination.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Skills.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: J. Fluid and Electrolytes

OBJECTIVES

The nursing student will:

1. Identify the Intake-Output form used in the agency.
2. Identify items of food and fluid on a client's tray to be measured and recorded on the I & O form.
4. Assess the fluid and electrolyte status of the client.
5. Write nursing diagnosis relevant to fluid and electrolyte balance.
6. Include the relevant diagnosis in the care plan.
7. Apply the nursing process to clients with diabetes.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Skills I

Psychomotor skills checklist