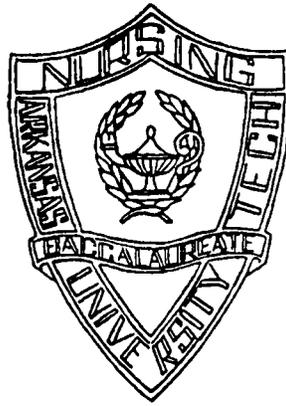


ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING



PRACTICUM IN NURSING I

NURSING THE INDIVIDUAL CLIENT

NUR 3404

Fall 2020

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**ARKANSAS TECH UNIVERSITY
DEPARTMENT OF NURSING**

Course: NUR 3404
Title: Practicum in Nursing I - Nursing the Individual Client
Credit Hours: Four (4) Semester Hours
Contact Hours: Twelve (12) Hours
Placement: Junior Year

Instructors: Listed in blackboard under Instructors

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Course Description:

Practicum facilitating the integration, synthesis and application of theories, concepts, and psychomotor nursing skills taught in NUR 2023, NUR 3103, NUR 3204, NUR 3213, NUR 3303, NUR 3404, and NUR 3402. The student uses promotive, restorative, and supportive nursing behaviors to assist individuals to reach functional adaptation.

Course Catalog Description:

Practicum facilitating the integration, synthesis, and application of theories, concepts, and psychomotor nursing skills taught in NUR 3103, 3204, 3304, 3402 and 3513. The student uses maintenance nursing behaviors to assist individuals to reach functional adaptation. A student that withdraws (for any reason) from NUR 3402 Pharmacology I must also withdraw from this course.

Required Textbooks:

- Hinkle, J., & Cheever, K. (2018). Brunnar & Suddarth's Textbook of Medical-Surgical Nursing (14th ed.). Philadelphia, PA: Lippincott, Williams & Wilkins.
- Laboratory and Diagnostic Test Book of the students choosing.

The following required textbooks were purchased in the previous semester:

- Kozier & Erb's (2016). Fundamentals of Nursing (10th Ed.). New Jersey, Pearson.
- Gulanick & Myers (2017). Nursing Care Plans (9th Ed.). St. Louis, MO, Elsevier.
- Morris, Deborah Gray (2018) Calculate with Confidence. (7th Ed.) St. Louis, Mo: Elsevier.

Recommended textbooks: (additional references)

Medical Dictionary and APA Pocket Guide, 7th edition (or latest edition)

Justification/Rationale for the Course

By the completion of this course the student will progress toward student learning outcomes 1, 2, 3, 4 and 5.

This upper division professional nursing course provides opportunities for the student to apply knowledge and skills from the general education component and from nursing courses to the care of individuals.

Course Objectives:

Upon successful completion of this course, the student should be able to:

1. Apply knowledge gained from the nursing as well as the bio-psycho-social and physical sciences to individualize care for selected clients. (SLO 1, 2, 3, 4, 5)
2. Utilize promotive, restorative, and supportive nursing behavior to assist selected individuals to resolve or reduce a health problem, prevent complications, and promote wellness. (SLO 1, 2, 3, 4, 5)
3. Utilize the caregiver, communicator, and collaborator roles to provide caring, holistic nursing care to individual clients. (SLO 1, 2, 3, 4, 5)
4. Demonstrate the ability to perform basic nursing skills. (SLO 1, 3, 4, 5)
5. Demonstrate an awareness of the influence of personal attitudes, values, and morals on the behavior of clients and self. (SLO 1, 2, 4, 5)
6. Apply the legal scope of practice, the professional standards of care and code of ethics to provide quality nursing care. (SLO 1, 2, 3, 4, 5)
7. Utilize critical thinking skills to apply the nursing process to the care of selected clients incorporating relating theory to clinical practice. (SLO 1, 2, 3, 4, 5)

Student Learning Outcomes:

1. Applies knowledge, skills and abilities to the provision of safe, competent patient care.
2. Demonstrates culturally sensitive caregiving, communication, teaching, advocacy, and management of diverse patient populations and settings.
3. Utilizes research evidence and technology to improve the quality and safety of patient care.
4. Collaborates with interprofessional health care teams in the delivery of patient care.
5. Demonstrates academic achievement and professional growth.

Disability/Special Accommodations:

Arkansas Tech University values diversity and inclusion and is committed to a climate of mutual respect and full participation of all students. My goal is to create a learning environment that is useable, equitable, inclusive and welcoming. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or prevent an accurate assessment of your achievement, please meet with me privately to discuss your needs and concerns. You may also contact the Office of Disability Services, located in Doc Bryan Student Center, Suite 141, in person, via phone at (479) 968-0302 or TTY (479) 964-3290, via email at disabilities@atu.edu, or visit their website at <https://www.atu.edu/disabilities/index.php> in order to initiate a request for accommodations.

SPECIAL REQUIREMENTS:

CPR -- Each student must have verification documentation of current American Heart Healthcare Provider CPR verification (adult, child, and infant) on file prior to the start of Level 1 courses. The verification must be current through the entire two (2) year academic program. If a student fails to progress, the student is responsible to reverify and provide documentation of current CPR prior to reentry into the clinical setting. This must cover infant, child, and adult: Foreign body airway obstructions, CPR, mask, Ambu bag, and AED. This must be done before the student will be allowed in the clinical area.

Drug Calculation Test -- Each student must demonstrate competence in the area of medication calculations by successfully passing the ATU Nursing Department Drug Calculation Test with a score of 100 percent in NUR 2023. The student must also earn a 100% score on a drug calculation test within the first two weeks of classes in NUR 3404, Practicum I. The student will be allowed to take this test a total of three times. Failure to score 100% on the third attempt will result in required drug calculation remediation and could impact your clinical grade.

Insurance -- Each student must present evidence of current professional liability insurance of \$1,000,000 before the student will be allowed to register for any Level courses. This is at the student's expense. See Student Handbook for more specific information.

Hepatitis/Tetanus Immunization -- Each student is required to receive the series of injections that provide protection against hepatitis and tetanus. Each student must provide validation of having received at least two of the series of three injections for hepatitis B before the student may practice in the practicum setting. The third HBV vaccine must be received and documented by the end of the 1st clinical semester. Failure to do so will result in the student's inability to continue clinical the next semester.

T.B. Skin Test -- All students must present evidence of two negative T.B. screenings within the past 24 months, or chest x-ray with positive skin test with release from physician, according to Health Department protocols before the first day of class.

Certified Background -- All students must upload all required documents to Complio before the first day of classes. Each student is responsible for completing a background check prior to first day of Level 0 class. Results will either come back as clear or flagged. If your background check is flagged, it is the student's responsibility to take a copy of your background results to the Human Resources Department of the clinical agency to which the student is assigned. Approval/continuance of the student's clinical experience is determined by the clinical agency. If unable to complete clinical requirements at clinical agencies utilized by ATU, the student may be dismissed from the program.

Flu Vaccination—All students are encouraged to receive the annual flu vaccination. Most of our clinical agencies require this. Alternatives may be approved if allergic to the vaccination or if you are unable to receive the vaccination (in which case the student must provide physician supporting documentation). However, by not receiving the vaccination, a student may be denied the opportunity to complete clinical based on clinical agency policies.

Varicella--titer or proof of two vaccinations.

Drug Screen—All students may be drug screened at any time during Upper Division. See Student Handbook for details.

PASSPORT- All students are required to complete online orientation for clinical agencies. The cost for this is \$10 and this purchase will be completed during the first week of orientation. You MUST have a credit card to purchase this. It will be renewed annually while in the program.

WRITTEN/TYPED WORK:

All written work must be the student's own product. Written/submitted work must be legible and will be presented in an acceptable format: written in ink, or typed when indicated. Students are to turn in all major written assignments within the guidelines and evaluation criteria.

ALL ASSIGNMENTS ARE DUE AT THE DESIGNATED DAY/TIME STATED ON BLACKBOARD. ASSIGNMENTS HANDED IN LATE WILL HAVE POINTS SUBTRACTED (SEE GRADING RUBRIC). ASSIGNMENTS TURNED IN MORE THAN ONE DAY LATE WILL RECEIVE A ZERO AND WILL NOT BE GRADED.

ACADEMIC HONESTY:

Students are expected to be honest and truthful in both classroom and practicum experiences. He/she are expected to adhere to the Code of Ethics and uphold current standards of care. Students are referred to the Arkansas Tech University Student Handbook for more specific regulations regarding academic honesty.

Students are expected to:

- a. Perform their assigned tasks in the practicum experiences. Students should have the permission of the clinical instructor before using assistance from the staff.
- b. Notify the instructor immediately of any clinical error made so that steps can be taken to prevent harm to the patient.
- c. Present written/typed work that is theirs alone.
- d. **Correctly document in APA format** any materials from a textbook, pamphlet, journal, etc., that is used for an assignment.
- e. Be honest and truthful when writing clinical logs and giving verbal or written reports regarding patient care or the student's clinical experiences or assignments.
- f. Only use authorized devices or materials for an examination and not copy from other students' papers.
- g. Document material correctly. Plagiarism is defined as stealing and presenting as one's own ideas or words of another, or not documenting material correctly. Student papers may be evaluated by turnitin.com which can detect plagiarism. For the first occurrence of academic dishonesty, the student will receive an F. If there is a second occurrence, the student will be dismissed from the program. Students are referred to the ATU catalog and handbook for policies regarding plagiarism.
- h. **CORRECT SPELLING.**

EVALUATION:

1. Grading scale:
 - A - 90-100
 - B - 80-89
 - C - 75-79
 - D - 68-74
 - F - 67 or below

2. Students must achieve a passing grade of 75% /“C” in both the Theories and corresponding Practicum courses in order to progress within the program. Students who repeat a Theories course are required to show clinical competency in order to progress. Students who repeat Practicum are required to show theoretical competency in order to progress.

Clinical competence can be attained by:

1. Taking for credit the corresponding Practicum course.
2. Completing NUR 3892 Clinical Competency I in Directed Practicum with a grade of “C” or better.

Theoretical competence can be attained by:

1. Taking for credit corresponding theoretical competency. Student must maintain a 75% average on all exams.
2. Taking for credit corresponding theoretical competency. Student must make greater than or equal to 75%/” C” on corresponding comprehensive theory exam.

3. Students that withdraw (for any reason) from NUR 3402 Pharmacology I must also withdraw from the Practicum course.

4. A grade of "C" or above must be achieved in every nursing course in order to progress in the nursing program. Any grade below 75% will not be rounded up.

5. A grade of "I" may be recorded for a student who has not completed all the requirements of a course because of illness or other circumstances beyond the student’s control, provided work already completed is of passing quality. For all nursing courses “passing quality” is defined as a grade of 75% or above on previously completed work. Before a grade of “I” may be recorded, the student and the instructor must determine course requirements to be completed and the completion date. This information is to be documented by completing the ATU Incomplete Grade Agreement contract.

6. Failure to provide safe clinical care may result in automatic failure of the course.

7. A student who has a failing grade in clinical at the time of withdrawal cannot withdraw passing. This failing grade will count as an attempt.

8. **STUDENTS MUST MAINTAIN A SATISFACTORY (CPET) AND A 75% OR ABOVE IN THE CLINICAL COURSEWORK (Weekly Clinical Grade) TO SUCCESSFULLY PASS THIS CLINICAL COURSE. These are two separate sections. If you do not pass one section, you will not pass the course.**

9. **If you should fail ANY course in Level I, you MUST make an appointment with the Level Coordinator to discuss options PRIOR TO THE END OF THE SEMESTER.**

COURSE REQUIREMENTS:

I. Preparation/Requirements for practicum, including:

- A. Completion of preparatory work/care plans in appropriate student BB or simulated EHR for each patient to be cared for including:

Paper work to bring to clinical:

Assessment sheet, lab sheet, Skills check-off sheet, and medication sheet
After clinical, the remainder of clinical work should be completed by required submission times. (see Blackboard)

- B. Necessary research to allow for understanding of patient's condition, nursing diagnoses, interventions, and rationales.

- II. Preparation for the participation in clinical conferences (pre and post clinical).
 III. Satisfactory completion of the clinical evidence based assignment(NCLEX Portfolio)
 IV. Satisfactory completion of all simulation requirements. If simulation requirements are not completed at the designated due dates, the student will fail simulation and this course.
 V. Serious violation of any of these standards can result in the **DISMISSAL OF THE STUDENT FROM THE PROGRAM.**

COMPOSITION OF FINAL GRADE

Grading Guidelines, Entire Course

- ✓ The score for each student in the course will be the numeric grade received for the course based on all of the work required in the clinical syllabus.
- ✓ Clinical performance will be evaluated with the Clinical Performance Evaluation Tool (CPET), and will be scored either “satisfactory”, “unsatisfactory”, or “needs improvement”.
- ✓ Every student must receive a score of “Satisfactory” on the CPET to pass the course. If the student receives anything other than “satisfactory” on any area of the CPET by the end of the semester, then he/she will fail the course.

If a student receives a “fail” on the CPET, the student will receive an “F” for the course. Formal and/or informal evaluation conferences with the clinical instructor will keep the student abreast of his/her level of performance. The student has the right to request a conference with the clinical instructor at any time during the semester.

Each student is expected to adhere to all ethical, legal, and professional standards. A student whose level of performance is satisfactory, will receive a letter grade for the course based on the following formulation:

Drug Calculation Quiz Grade	15%
Weekly Practicum Grade	70%
Evidence Based Project	15%
*Clinical Simulation	<u>Pass/Fail</u>
Total grade	100%

SOURCES OF ETHICAL AND LEGAL STANDARDS.

1. American Nurses Association Code for Nurses
2. American Nurses Association Standards of Care
3. Arkansas Tech University most recent Undergraduate Catalog.
4. Arkansas Tech University Student Handbook.
5. Arkansas Tech University Department of Nursing Student Handbook.
6. Legal Guidelines
7. Policies and Procedure Manuals of Clinical Agencies.

The student should note that he/she is responsible to maintain familiarity with the standards described in the above listed documents

CONDUCT OF THE COURSE:

Teacher Roles: Demonstrator, Planner, Evaluator, Facilitator, Role Model, and Supporter.

Student Roles: Learner, Communicator, Caregiver, Collaborator, Teacher.

Teacher-Learning Strategies:

Assignment of selected clients, pre- and post-clinical conferences, simulation, seminars, audiovisual materials, daily log, and nursing process care plans.

POLICIES:

Attendance:

As professionals, we must be responsible for our own learning experiences. Making the most of all educational opportunities is your responsibility. This is a mark of professionalism. Attendance in class reflects your dedication and the value you place on your chosen profession. We, the faculty, expect you to attend ALL CLASSES AND PRACTICUM EXPERIENCES

The student is responsible for notifying the instructor and clinical agency PRIOR to any absence from a clinical experience. Failure to notify the instructor and clinical agency prior to an absence will not only be reflected in the student's grade, but will also result in a clinical incident and could result in failure of the course.

Regular attendance is considered essential if students are to receive maximum benefits from the nursing courses. For clinical rotations, an absence will result in a make-up assignment. Make-up assignments will equal the number of clinical hours missed. Assignments may vary with instructor. Failure to make up clinical assignments will result in failure of the course. **THE STUDENT IS RESPONSIBLE FOR CONTACTING THE INSTRUCTOR REGARDING MAKE-UP ASSIGNMENTS WITHIN ONE WEEK OF THE ABSENCE.**

Tardy/Attendance Policy:

The student is responsible for verbally notifying the instructor and agency if he or she will be late for clinical experience. Excessive tardiness (TWO) will be reflected on the student's clinical evaluation and grade.

Each student is responsible for notifying the instructor if they are going to be absent or tardy from clinical prior to the start of that clinical assignment. The student is allowed **one** clinical absence. One clinical absence is defined as "one 10-hour clinical assignment". The student must complete a make-up clinical assignment. In the event of a **second** clinical absence, the student will be called before the Level I faculty to defend their absenteeism. The Level I faculty will decide if the student is allowed to continue in the course or be dropped/failed.

Excessive tardiness in clinical is unprofessional. Absenteeism and tardiness will be reflected in the student's grade under the professionalism criteria.

A student may NOT leave the clinical agency/floor without notifying the instructor and primary nurse. If leaving without notification occurs, failure will result in the course.

Dress and Behavior:

The dress code of the Department of Nursing is the same as that of Arkansas Tech University. However, in those instances when the student uses clinical areas to gather information for any course, he/she will be required to wear a 3/4 or full length white laboratory coat with the **school patch on the left sleeve and be identified by the school name badge**. Clothing worn under the lab coat should be appropriate for interviewing clients and collaborating with agency staff. See the student handbook for additional information.

Required dress for the students in practicum consists of a black scrub-style, straight leg pant uniform and **white/black leather shoes** and may be purchased anywhere. No certain style is required. The scrub jacket, a black short lab jacket with cuffs, may also be worn. An ATU patch must be visible on the left sleeve and a **visible photo ID attached to the top front of the scrub top with Level I badge**. Refer to the student handbook for additional information. **The Level I badges MUST be turned in at the end of the semester.**

Smart device policy:

Smart devices include but are not limited to the following: cell phone, tablet, computer, and smart watch. There is a **NO Smart device policy for all upper division testing/test review/ clinical or simulation experience**. This includes paper/pencil testing, test review, cooperative testing, computer testing, anytime at the clinical site and anytime during simulation. If you are discovered with having a smart device on your person, this will be considered a violation of the Academic Honesty Policy. If we discover that you have your smart device with you during a unit exam/cooperative testing/unit exam review/clinical experience or simulation you **will receive a 0 for the test/assignment/clinical experience grade**.

Abilities and Skills for Admission to and Progression within the Nursing Major

The ATU Department of Nursing requires abilities and skills for admission and progression in the curriculum based on those required of a practicing professional nurse.

The professional nurse must possess the knowledge and ability to effectively assist his or her client's biophysical, psychological, social, cultural, and intellectual domains. Further, the professional nurse must competently analyze the assessment data through intellectual processing to arrive at a definition of the client's status or problem, plan independently or collaboratively for a full range of therapeutic interventions, execute all or part of the plans through nursing acts, and evaluate the care delivered and the client's responses to it.

A candidate for professional nursing must have the abilities and skills necessary for use of the nursing process (scientific decision-making process). These skills and abilities include: observation; communication; motor ability; conceptualization; integration and quantification; and behavioral/social acceptability. Technological accommodation can be made for some disabilities in certain of these areas, but a candidate should be able to perform in a reasonably independent manner. The use of a trained intermediary is not acceptable, in that a candidate's judgment must not be mediated by someone else's power of observation and selection.

The following abilities and skills are necessary to meet the requirements of the curriculum:

1. **Observation:** The candidate must be able to observe a patient accurately at a distance and close at hand. Observation necessitates the functional use of the sense of vision and tactile sensation. It is enhanced by the functional use of the sense of smell. This requires the student to remain conscious at all times.
2. **Communication:** The candidate must be able to speak, to hear, and to observe patients in order to elicit information; describe changes in mood, activity, and posture; and perceive nonverbal communications. A candidate must be able to communicate effectively and sensitively with patients. Communication includes not only speech but reading and writing. The candidate must be able to communicate effectively and efficiently in oral and written form with all members of the health care team. (This often includes communicating in a clear, precise, and fluent ability.)
3. **Motor:** Candidates should have sufficient motor function to elicit information from patients by palpation, auscultation, percussion, and other assessment maneuvers. A candidate must have sufficient motor skills to gain access to clients in a variety of care settings and to manipulate the equipment central to the treatment of patients receiving professional nursing care. Such actions require coordination of both gross and fine muscular movements, equilibrium,

and functional use of the senses of touch and vision. Students must be able to lift at least 20 lbs. using proper body mechanics.

4. Intellectual-Conceptual, Integrative, and Quantitative Abilities: These abilities include measurement, calculation, dimensional analysis, reasoning, analysis, and synthesis. Problem solving, the critical skill demanded of nurses, requires all of these intellectual abilities. In addition, the candidate should be able to comprehend three-dimensional relationships and to understand the spatial relationships of structures.
5. Behavioral and Social Attributes: A candidate must possess the emotional health required for full utilization of his or her intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities attendant to the care of patients, and the development of mature, sensitive, and effective relationships with patients. Candidates must be able to tolerate physically taxing workloads and to function effectively under stress. They must be able to adapt to changing environments, to display flexibility, and to learn to function in the face of uncertainties inherent in the clinical problems of many patients. Compassion, integrity, concern for others, interpersonal skills, interest, and motivation are all personal qualities necessary for professional nursing.

The Department of Nursing affirms that all students enrolled in the Department of Nursing must possess those intellectual, ethical, physical, and emotional capabilities required by the faculty for safe professional practice. [Bower, D., Line, L., & Denega, D. (1988). Evaluation instruments in nursing (pp. 71). New York: National League for Nursing.

TOPICAL OUTLINE
NUR 3404
PRACTICUM IN NURSING I
NURSING THE INDIVIDUAL CLIENT

- I. Introduction to Practicum I
 - A. Orientation
 - B. Nurse's Roles and Functions
 - C. Introduction to Agency
 - D. Continuing Objectives
 - E. Researching/Presenting a Formal Evidence Project with Peer Participation Evaluation.

- II. Application of Nursing Process
 - A. Communication Skills
 - B. Growth and Development Across the Life Span
 - C. Wellness Promotion
 - D. Safe and Therapeutic Environment
 - E. Hygiene
 - F. Vital Signs
 - G. Nutritional Aspects of Client Care
 - H. Ambulation, Activity, and Exercise
 - I. Elimination
 - J. Fluid and Electrolytes
 - K. Medication Administration
 - L. Stress-Adaptation-Homeostasis
 - M. Anxiety/Crisis, Loss/Grief
 - N. Comfort
 - O. Rest/Sleep
 - P. Laboratory Test and Specimen Collection
 - Q. Care of the Surgical Client

NUR 3404 - Practicum in Nursing I

UNIT I - INTRODUCTION TO PRACTICUM I

FOCUS A: Orientation to Practicum

OBJECTIVES

The nursing student will:

1. Discuss the relationship between the practicum course and the other Level I courses (NUR 3402, 3204, 3513, 3213).
2. Set a personal goal and establish a plan to meet the requirements of this course.
 - a. Discuss the contents of the syllabus.
 - b. Clarify course requirements.
 - c. Discuss expectations/policies.
3. Discuss ATU Department of Nursing guidelines and policies that relate to practicum.
4. Participate in planned activities to provide practice for new skills.

LEARNING ACTIVITIES

Required Reading: Read Clinical Performance Evaluation Tool Guidelines, Syllabus for course.
Refer to Calendar of activities.

NUR 3404 - Practicum in Nursing I

UNIT I - INTRODUCTION TO PRACTICUM I

FOCUS B: Nurse's Roles and Functions

FOCUS C: Introduction to Agency

OBJECTIVES

The nursing student will:

1. Become familiar with the policies and regulations of each clinical agency.
2. Locate supplies, equipment in each clinical agency.
3. Observe and note the functions of three agency personnel of different education levels (example: L.P.N., R.N., Nurse aide, CMA, CNA, etc.).
4. Review the methods of charting and medication administration for each clinical agency.

LEARNING ACTIVITIES

Attend orientation sessions

Tour of agency

NUR 3404 - Practicum in Nursing I
UNIT I - INTRODUCTION TO PRACTICUM I
FOCUS D: Continuing Objectives

OBJECTIVES

The nursing student will:

1. Utilize the caregiver, communicator, and collaborator roles to assist a selected client to meet basic needs.
2. Assess the ability of the client to meet basic human needs.
3. Collect data from primary and secondary sources regarding the client's wellness/health problem status.
4. Apply knowledge of cultural and ethnic aspects to the care of clients.
5. Apply knowledge of growth and development of each age group to the care of clients.
6. Collaborate with the client to determine the nursing diagnoses and outcomes.
7. Utilize promotive, restorative, and supportive nursing interventions to reduce/resolve the client's health problems, prevent complications, and promote wellness.
8. Identify the rationales for each nursing intervention.
9. Evaluate the progress toward, or achievement of, client outcomes.
10. Demonstrate the ability to provide care within the guidelines of the Code of Ethics, legal boundaries, Standards of Clinical Nursing Practice, and Standards of Professional Practice.
11. Write a complete individualized care plan for one client each week of clinicals.
12. Demonstrate preparation for clinical in pre-conferences.
13. Apply the nursing process to at least one health problem or wellness promotion need of the assigned client in post-conference.
14. Evaluate the progress toward, or achievement of, course objectives.
15. Utilize nursing assessment skills to identify the nursing care needs of a selected client.
 - a. Collect data from relevant sources, both primary and secondary.
 - b. Utilize "assessment guidelines" to complete systematic assessment of areas previously emphasized.
 - c. Identify from the collected data all indicated client care problems.
 - d. Rank the stated problems in priority.
 - e. Develop the complete nursing care plan for the two top priority problems.

LEARNING ACTIVITIES

Review: Concepts from NUR 2023

NUR3404: Practicum in Nursing I

UNIT I: INTRODUCTION TO PRACTICUM I

FOCUS E: Writing/Presenting a Formal Evidence Based Paper/Project

OBJECTIVES

On completion of this focus, the student should be able to:

1. Define plagiarism.
2. Differentiate between plagiarism and paraphrasing.
3. Discuss the expression of ideas through writing styles, grammar, and reduction of bias in language.
4. Identify correct methods of editorial style, including the following: punctuation, spelling, capitalization, italics, abbreviations, headings, quotations, numbers, reference citations in text, and reference list.
5. Discuss correct manuscript preparation, including the following: paper, typeface, double-spacing, margins, headings, spacing and punctuation, quotations, parts of manuscript, title page, abstract, text, references, and appendices.
6. Write a paper/project according to APA format correctly.
7. Navigate the ATU Library website for evidence based practice articles/research.

LEARNING ACTIVITIES

Read the APA Pocket Guide, 6th edition.

Navigation of the ATU Library Website.

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS A: Communication

OBJECTIVES

The nursing student will:

1. Identify the factors that facilitate communication with clients.
2. Identify the blocks and barriers that hinder the communication process with clients.
3. Apply the skills and techniques that promote a helping relationship.
4. Utilize interviewing skills to complete the nursing assessment.
5. Utilize communication skills to assess the wellness status of the clients.
6. Identify any real or potential health problems indicated by the assessment data.
7. Collaborate with the client to determine health problems or wellness promotion needs.

LEARNING ACTIVITIES

Review: Concepts from Introduction of Professional Nursing

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: B. Growth and Development Across the Life Span

OBJECTIVES

The nursing student will:

1. Describe the stage of development of clients.
2. Identify the developmental task for each client.
3. Determine what anticipatory guidance is needed.
4. Apply knowledge of responses to illness of each age group to the care of clients.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I.

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: C. Wellness Promotion

OBJECTIVES

The nursing student will:

1. Assess the client's level of wellness.
2. Collaborate with the client to determine wellness diagnoses and outcomes.
3. Utilize promotive, restorative and supportive nursing interventions to achieve the outcomes.
4. Evaluate the client's achievement of or progress toward wellness outcomes.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing and Theories and Concepts I.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: D. Safe and Therapeutic Environment

OBJECTIVES

The nursing student will:

1. List the factors to be included in assessment of environmental safety.
2. Identify factors that influence the therapeutic environment.
3. Assess the safe and therapeutic factors of the client's room and corridor to the nurses' station.
4. Utilize nursing interventions to provide a safe and therapeutic environment.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing and Theories and Concepts I.

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: E. Basic Hygiene

OBJECTIVES

The nursing student will:

1. Utilize hand washing techniques to protect clients and self from harmful microorganisms.
2. Utilize the caregiver role to assist a client to meet basic hygiene needs.

LEARNING ACTIVITIES

Review: Concepts from Skills I: asepsis, personal hygiene, body mechanics, moving and positioning patients.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS F: Vital Signs

OBJECTIVES

The nursing student will:

1. Assess the temperature, pulse, respirations, and blood pressure of selected clients.
2. Examine the pulse rate to identify any of the following:
 - a. Pulse deficit
 - b. Bradycardia
 - c. Tachycardia
 - d. Change in rate related to time of day
 - e. Change in rate related to activity
 - f. Change in rate related to an elevation in body temperature
3. Auscultate the lung sounds.
4. Assess the depth and quality of the respirations.
5. Identify factors in the client's internal and external environment that influence his heat production, distribution, and control.
6. Identify the following through primary or secondary sources:
 - a. Hyperthermia
 - b. Hypothermia
 - c. Changes in body temperature relative to time of day
 - d. Changes in body temperature related to activity
7. Record the vital signs and note any deviations from normal.
8. Write a nursing diagnosis relevant to vital signs.
9. Include diagnosis in care plan.

LEARNING ACTIVITIES

Review: Concepts from Skills I, Theories and Concepts I.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS G: Nutritional Aspects of Client Care

OBJECTIVES

The nursing student will:

1. Utilize assessment skills to assess the nutritional status of a selected client.
2. Determine nutritional needs by analyzing nutritional data collected.
3. Write a nursing diagnosis relative to nutritional needs from data collected.
4. Collaborate with the client to develop a plan of care relative to nutritional needs.
5. Assess a selected client's need for assistance with eating.
6. Modify the environment to enhance a selected client's appetite.
7. Assist a selected client to eat a meal.
8. Utilize communication skills to provide a pleasant atmosphere while assisting client with meal.
9. Apply the nursing process to clients with selected diseases of the gastrointestinal tract.

LEARNING ACTIVITIES

Review : Concepts from Nutrition, Theories and Concepts I, and Skills I

Compare diet to recommended standards.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: H. Ambulation, Activity, and Exercise

OBJECTIVES

The nursing student will:

1. Utilize principles of body mechanics to assist the client to meet exercise and activity needs.
2. Assess the client's activity level.
3. Implement ROM exercises as indicated.
4. Direct a client through complete range of motion exercises.
5. Utilize passive range of motion with selected clients.
6. Assist the client in turning, moving, and ambulation.
7. Write appropriate nursing diagnosis relevant to the exercise and activity needs of the client.
8. Include relevant diagnosis in the care plan.
9. Apply the nursing process to clients with selected respiratory and cardiac diseases.

LEARNING ACTIVITIES

Review: Psychomotor skills checklist
Concepts from Theories and Concepts I and Skills I

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: I. Elimination

OBJECTIVES

The nursing student will:

1. Utilize assessment skills to determine the elimination status of a selected client.
2. Collect data regarding client's past bowel habits and problems.
3. Utilize given guidelines to assess the client's present bowel status.
4. Identify significant data from client's history.
5. Write the nursing diagnosis for the problems indicated by data collected.
6. Identify independent and dependent nursing measures to aid normal defecation.
7. Demonstrate the administration of an enema to a selected client.
8. Chart all pertinent information about enema administration.
9. Collect data regarding past renal status and urinary habits.
10. Analyze data collected and write the nursing diagnosis for the problem(s) indicated by the significant data.
11. Identify independent and dependent nursing measures to aid normal micturition.
12. Apply the nursing process to the client with selected diseases of elimination.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Skills.

Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: J. Fluid and Electrolytes

OBJECTIVES

The nursing student will:

1. Identify the Intake-Output form used in the agency.
2. Identify items of food and fluid on a client's tray to be measured and recorded on the I & O form.
4. Assess the fluid and electrolyte status of the client.
5. Write nursing diagnosis relevant to fluid and electrolyte balance.
6. Include the relevant diagnosis in the care plan.
7. Apply the nursing process to clients with diabetes.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Skills I
Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: K. Medication Administration

OBJECTIVES

Utilizing assessment skills, the nursing student will:

1. Determine a selected client's need for medication therapy.
2. Demonstrate knowledge of medications prior to administration.
3. Demonstrate the six (6) rights of the client receiving medications.
4. Explain the legal aspects of preparing and administering medications.
5. Prepare and administer the medications, using given guidelines.
6. Chart the administration of medications accurately and according to institutional policies.
7. Incorporate the medication therapy into the plan of care.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Skills I
Drug dosage calculation
Psychomotor skills checklist

NUR 3404 - Practicum in Nursing I
UNIT II - APPLICATION OF THE NURSING PROCESS
FOCUS: L. Stress-Adaptation - Homeostasis

OBJECTIVES

The nursing student will:

1. Identify stressors that influence the bio-psycho-social-spiritual status of selected clients.
2. Assess the adaptive/maladaptive factors that influence the client's response to stressors.
3. Provide a therapeutic milieu for the client to encourage free discussion of stress/stressors.
4. Formulate a plan with the client to reduce/ eliminate source of stress/stressors.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Introduction to Professional Nursing

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: M. Anxiety/Crisis, Loss/Grief

OBJECTIVES

The nursing student will:

1. Utilize assessment skills to examine the relationship between the client's developmental task attainment and next predictable maturational crisis.
2. Discuss the importance of anticipation of a maturational crisis by the professional nurse.
3. Identify influencing factors that may precipitate or delay the onset of the crisis.
4. Identify specific nursing actions that may minimize the effects of the identified factors.
5. Incorporate any significant data into the nursing care plan.
6. Utilize nursing assessment skills to determine recent significant loss by the client.
7. List supportive nursing actions to be implemented for the grieving client.
8. Compare and contrast the client's response to loss or a maturational crisis to a stress response.
9. Write nursing diagnoses for the data related to anxiety, crisis, loss or grief.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing and Theories and Concepts I.

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: N. Comfort

OBJECTIVES

The nursing student will:

1. Assess the comfort/pain level of the client.
2. Collaborate with the client to determine nursing diagnoses and outcomes related to comfort/pain.
3. Utilize nursing measures to diminish or relieve pain.
4. Include relevant nursing diagnoses in the care plan.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing, Theories & Concepts I, Skills I & II

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: O. Rest/Sleep

OBJECTIVES

The nursing student will:

1. Assess the client's need for rest/sleep.
2. Collaborate with the client to determine the rest/sleep diagnoses and outcomes.
3. Utilize nursing interventions to promote the rest/sleep needs.
4. Include the diagnoses in the care plan if relevant.

LEARNING ACTIVITIES

Review: Concepts from Theories and Concepts I and Introduction to Professional Nursing

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: P. Laboratory Test and Specimen Collection

OBJECTIVES

The nursing student will:

1. Identify the appropriate required laboratory tests pertinent to the patient's medical condition.
2. Explain the purpose for the requested laboratory specimen/test.
3. Identify the appropriate type of specimen to collect for the required laboratory test.
4. Demonstrate correct collection procedure.
5. Analyze the results.
6. Incorporate laboratory test results into the nursing care plan.
7. Provide appropriate nursing care based on analysis of laboratory test result.
8. Explain what factors influence test outcomes and test collection.
9. Prepare the patient appropriately before the test specimen collection.

LEARNING ACTIVITIES

Review: A textbook on laboratory specimen
Speak with a lab technician
Complete diagnostic information within SimChart on lab test performed on patient

NUR 3404 - Practicum in Nursing I

UNIT II - APPLICATION OF THE NURSING PROCESS

FOCUS: Q. Care of the Surgical Client

OBJECTIVES

The nursing student will:

1. Assess the pre-operative and post-operative needs of the client.
2. Collaborate with the client to determine the nursing diagnoses and outcomes.
3. Utilize promotive, restorative, and supportive nursing interventions to care for the client undergoing surgery.
4. Evaluate the achievement of and progress toward the outcomes.
5. Explain the importance of informed consent for invasive procedures.
6. Demonstrate the ability to intervene early to prevent complications.

LEARNING ACTIVITIES

Review: Concepts from Introduction to Professional Nursing, Theories & Concepts I, Skills I & II