

ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING



NUR 2023

**INTRODUCTION TO PROFESSIONAL
NURSING**

Fall 2020

**ARKANSAS TECH UNIVERSITY
DEPARTMENT OF NURSING
COURSE OVERVIEW**

COURSE: NUR 2023

Title: INTRODUCTION TO PROFESSIONAL NURSING

CREDIT HOURS: Three (3)

CONTACT HOURS: 9 HOURS

PLACEMENT: Spring/Fall Semester

INSTRUCTOR:

Dr. Kristen Henderson PNP-BC,
RN Office: Dean Hall 224 N
Office Hours: Online
Office: 479-964-0583 x4652
E-mail: khenderson20@atu.edu

Dr. Susan Self, DNP, RN
Office: Dean Hall 218B
Office Hours: Posted on Door
Office: 479-964-0583 x4668
Email: sself3@atu.edu

CATALOG DESCRIPTION

A non-clinical three-hour sophomore course which introduces the student to selected basic concepts in professional nursing. Purpose of the course is to introduce nursing concepts to nursing majors prior to admission into the upper-division nursing program. The course focuses on nursing as a caring profession, nurse's roles and functions, ethics, standards, legal aspects, holism, wellness, health care delivery, communication, teaching/learning, critical thinking, and the nursing process. The Conceptual Framework and Philosophy of the ATU Department of Nursing will be explored.

Discrimination Statement:

Arkansas Tech University does not discriminate on the basis of color, sex, sexual orientation, gender identity, race, age, national origin, religion, veteran status, genetic information, or disability in any of our practices, policies, or procedures. If you have experienced any form of discrimination or harassment, including sexual misconduct (e.g. sexual assault, sexual harassment, stalking, domestic or dating violence), we encourage you to report this to the institution. If you report such an incident of misconduct to a faculty or staff member, they are required by law to notify Arkansas Tech University's Title IX Coordinator and share the basic fact of your experience. The Title IX Coordinator will then be available to assist you in understanding all of your options and in connecting you with all possible resources on and off campus. For more information please visit: <http://www.atu.edu/titleix/index.php>.

Disability/Special Accommodations:

Arkansas Tech University values diversity and inclusion and is committed to a climate of mutual respect and full participation of all students. My goal is to create a learning environment that is useable, equitable, inclusive and welcoming. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or prevent an accurate assessment of your achievement, please meet with me privately to discuss your needs and concerns. You may also contact the Office of Disability Services, located in Doc Bryan Student Center, Suite 141, in person, via phone at (479) 968-0302 or TTY (479) 964-3290, via email at disabilities@atu.edu, or visit their website at <https://www.atu.edu/disabilities/index.php> in order to initiate a request for accommodations.

REQUIRED TEXTBOOKS:

- Kozier & Erb's (2016). Fundamentals of Nursing (10th Ed.). New Jersey, Pearson.

The following required textbooks are purchased in the Level 0 bundle package:

- Gulanick & Myers (2017). Nursing Care Plans (9th Ed.). St. Louis, MO, Elsevier.
- Morris, Deborah Gray (2018) Calculate with Confidence. (7th Ed.) St. Louis, Mo: Elsevier.

OPTIONAL TEXTBOOKS:

Kozier & Erb's (2016). Student Workbook to Accompany Fundamentals of Nursing (10th Ed.). New Jersey, Pearson.

JUSTIFICATION FOR THE COURSE:

This course is basic to achieve student learning outcomes 1, 2, 3, 4 and 5 of the Nursing Program.

COURSE OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Identify major concepts in the ATU Department of Nursing Mission, Conceptual Framework and Philosophy.
2. Discuss the concept of nursing as a profession.
3. Discuss the concepts of caring, and comforting as they relate to nursing.
4. Discuss how the application of the Code of Ethics and ANA Standards of Practice ensure safe and ethical care.
5. Discuss the legal implications of nursing.
6. Define the identified roles and functions of the nurse.
7. Discuss the principles of communication and teaching/learning.

8. Utilize the nursing process to develop a wellness care plan.
9. Discuss holism as it relates to man wellness and health promotion.
10. Discuss the many aspects of health care delivery.
11. Discuss how culture, ethnicity and spirituality impact on nursing care.
12. Apply mathematical concepts to the calculation of drug dosages.

EVALUATION/ASSESSMENT METHODS:

1. Grading Scale
 - A = 90-100
 - B = 80-89
 - C = 75-79
 - D = 68-74
 - F = 67 or below
2. A grade of "C" or above must be achieved in every nursing course in order to progress in the nursing program. Any grade below 75% will not be rounded up. If the student does not pass the course competency in other courses may be required.
3. A grade of "I" may be recorded for a student who has not completed all the requirements of a course because of illness or other circumstances beyond the student's control, provided work already completed is of passing quality. For all nursing courses "passing quality" is defined as a grade of 75% or above on previously completed work.
4. All test related material will remain the property of the Department of Nursing. Any student failing to return any of these items after an exam will receive a "0" (zero) for that exam.

DRUG CALCULATION TEST REQUIREMENTS:

The drug calculation test will be administered a total of three times during NUR 2023. **The first score for the test will be used as a unit test score in calculating the course grade for NUR 2023.**

Before practicing in the clinical setting (in NUR 3404) each student must demonstrate competence in the area of medication calculations by successfully passing the ATU Nursing Department Drug Calculation Test with a score of 100%. This requirement must be validated by earning a 100% score on the Drug Calculations Test NUR 2023 the Spring/Fall immediately prior to enrolling in NUR 3404.

Failure to make a 100% by the third attempt will result in the student completing a comprehensive drug calculation review potentially utilizing resources such as UWorld's Online Drug Calculations modules which the student will be responsible for purchasing.

Any student that does not successfully complete the required module/reviews/obtain 100% on remediation drug calculation exam prior to the course's final exam will result in failure of NUR 2023 resulting in the student reapplying for upper division level 0 and repeating all requirements for NUR 2023.

CONDUCT OF THE COURSE

POLICIES

Tardy Policy

Tardies are not acceptable and considered unprofessional. Three (3) tardies will result in one un-excused absence. Each additional tardy will result in additional un-excused absences and be subject to the absence policy.

The class doors will be closed at the beginning of class. Students may not walk into class late. If a student does walk in late, he or she will be asked to step out into the hallway and wait until a class break.

If a quiz is given at the beginning of the class, the student will miss the points given for that class period (if he or she is not in class when the quiz is handed out). If a quiz or take-home test is given to students later during the class when the student is present, the student may receive those points. Take home quizzes must be turned in at the beginning of class to receive credit (turned in by the student, not someone else).

If handouts or lecture outlines are given to students at the beginning of class, and the student is not present to receive these, the instructor is not obligated to give a copy to the student.

An instructor may, at his/her discretion, decide to allow a tardy or absent student to complete a quiz or receive a handout if the student has been courteous enough to call the nursing department before class to inform the instructor that he or she will be late or absent. This is at the instructor's discretion only and he or she is not obligated to change the rules in this case. The student will not be allowed to enter class late until a class break, even if he or she calls first.

Students are responsible for obtaining any missed information after class. To disrupt the learning of other students to ask questions or copy notes of the missed class time while class is in progress is inconsiderate.

Attendance Policy

It is expected that all students will act professionally. This includes attending class. Students are required to be in class in order to receive the optimum learning experience. Attendance will be checked in each class period. Excused absences will be given for extenuating circumstances such as illness or family emergencies. Please notify the instructor via email or telephone prior to class, if possible, to receive an excused absence. Quizzes missed for any reason may be made up only at the instructors' discretion. Un-excused absences will not be tolerated and are grounds for withdrawal from the course. **More than two absences either excused or unexcused** will result in the Level Team determining whether the student is capable and able to continue on in the course. If the student is not allowed to continue in the course, the student must withdraw and will not be able to progress in the program.

Smart Device Policy

There is a NO cell phone/smart device policy for all upper division testing/test review. This includes paper/pencil testing, test review, cooperative testing, and computer testing. If you are discovered with having any smart device on your person, this will be considered a violation of the Academic Honesty Policy. If we discover that you have your cell phone/smart device with you during a unit exam/cooperative testing or unit exam review you will receive a 0 for the test grade.

Academic Honesty

Students are expected to be honest and truthful in both classroom and practicum experiences. They are expected to adhere to the Code of Ethics and uphold current standards of care. Students are referred to the Arkansas Tech University Student Handbook for more specific regulations regarding academic honesty.

Students are expected to:

- a. Perform their assigned tasks in the practicum experiences. Students should have the permission of the clinical instructor before using assistance from the staff.
- b. Notify the instructor immediately of any clinical error made so that steps can be taken to prevent harm to the patient.
- c. Present written work that is theirs alone.
- d. Correctly document any materials from a textbook, pamphlet, journal, etc., that is used for an assignment.
- e. Be honest and truthful when writing clinical logs and giving verbal or written reports regarding patient care or the student's clinical experiences or assignments.
- f. Only use authorized devices or materials for an examination and not copy from other students' papers.
- g. Document material correctly. Plagiarism is defined as stealing and presenting as one's own ideas or words of another, or not documenting material correctly. Student papers may be evaluated by turnitin.com which can detect plagiarism. For the first occurrence of academic dishonesty, the student will receive an F. If there is a second occurrence, the student will be dismissed from the program. Students are referred to the ATU catalog and handbook for policies regarding plagiarism.

A-V MATERIALS:

Audio-Tutorial Materials are available in the Student Learning Lab and Audio-Visual Lab

INSTRUCTIONAL RESOURCES:

Auto-tutorial materials, including computer software, are available for student use in the Department of Nursing and Pendergraft Library.

NUR 2023 Introduction to Professional Nursing
FOCUS: A. Mission, Philosophy and Conceptual Framework - ATU

OBJECTIVES

On completion of this focus, the student should be able to:

1. Set personal goals and establish a plan to meet the requirements of this course.
2. Describe the nursing students' responsibility in the learning process.
3. Discuss the Mission of ATU's Department of Nursing
4. Discuss the Philosophy of ATU's Department of Nursing.
5. Describe the Conceptual Framework identifying the concepts within the ATU nursing program.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: B. Drug Dosage Calculations

OBJECTIVES

On completion of this focus the student should be able to:

1. List the correct sequence of steps used in the ratio/proportion methods of calculating a medication dosage.
2. Utilize the equivalent measures of the metric, apothecary and household measures to calculate dosages.
3. Calculate the correct dosage of any given medication when provided with appropriate prerequisite information.

LEARNING ACTIVITIES

See Blackboard for details.

NUR 2023 Introduction to Professional Nursing
FOCUS: C. Communication / Documentation

OBJECTIVES
On completion of this focus, the student should be able to: <ol style="list-style-type: none">1. Discuss caring as the essence of nursing.2. Discuss comforting as a characteristic unique to nursing.3. Define communication.4. Discuss the components needed for the communication process and the influences on those components.5. Discuss verbal and nonverbal communication.6. Identify how specific factors influence communication.7. Relate communication to the nursing process.8. Discuss the characteristics, goals, and phases of a helping relationship.9. Analyze the factors that promote effective communication.10. Describe the blocks to communication.11. Discuss specific effective communication techniques.12. Analyze the components needed to develop therapeutic communication skills.13. Identify how effective communication facilitates group process.14. Identify the types and purposes of groups.15. Discuss the roles of group members.16. Compare effective and ineffective groups.
LEARNING ACTIVITIES
See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: D. Nursing today

OBJECTIVES

On completion of this focus, the student should be able to:

1. Discuss the historical background of nursing.
2. Discuss the societal influences on Nursing.
3. Identify the recipients of nursing.
4. Discuss the scope of nursing.
5. Relate the characteristics of a profession to nursing as a profession.
6. Describe existing professional organizations that facilitate the progress of nursing.
7. Perceive oneself as a professional person in the early stages of professional development.
8. Describe the different types of educational programs for nurses.
9. Discuss the importance of continuing education.
10. Identify the ways the nurse can participate in research activities.
11. Discuss ways to protect the rights of human subjects of research.
12. Describe how to critique research reports.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing

FOCUS: E. The Nursing Process

OBJECTIVES
On completion of this focus, the student should be able to: <ol style="list-style-type: none">1. Identify the five steps of the nursing process.2. Explain the processes vital to obtaining a complete, accurate, factual, and relevant assessment.3. Discuss the processes needed to formulate, validate and prioritize nursing diagnoses.4. Compare nursing diagnoses, medical diagnoses and collaborative problems.5. Explain the processes vital to writing the plan of care.6. Discuss the importance of including the client and significant others when setting priorities, developing goals and objectives and formulating the plan of action.7. Explain the need to base the plan of action on scientific rationale.8. Describe the processes required to implement the plan of care.9. Differentiate among independent and collaborative nursing interventions.10. Discuss the processes needed to complete the evaluative component of the nursing process.11. Discuss the importance of input from the client, significant others and health care team.12. Describe the circular nature of the nursing process.13. Discuss the role of the nursing process in providing quality assurance.14. Discuss the importance of ongoing self-evaluation.
LEARNING ACTIVITIES
See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: F. Nurses' Roles and Functions

OBJECTIVES

On completion of this focus the student should be able to:

1. Discuss the concept of role and the roles and functions of a nurse.
2. Explore the major roles and functions of the nurse identified in ATU's conceptual framework.
3. Differentiate between dependent, interdependent, and independent nursing functions.
4. Explain the role of the nurse in a variety of health care settings.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing

FOCUS: G. Culture /Sexuality/Spirituality

OBJECTIVES

On completion of this focus, the student should be able to:

1. Explain the relationship of individually and holism to nursing care.
2. Explain how the needs and developmental theories effect the deliverance of holistic care to individuals and families.
3. Identify the roles, functions and types of families.
4. Discuss the elements of the family assessment guide.
5. Discuss the concepts of culture.
6. Examine the aspects of culturally sensitive care.
7. Identify selected cultural parameters for nursing.
8. Discuss ways to provide culturally competent care.
9. Compare the concepts of spirituality and religion.
10. Identify the characteristics of spiritual well being and spiritual distress.
11. Discuss religious practices that affect nursing care.
12. Discuss ways to support religious practice in health care settings.
13. Explain various healing modalities that are considered nontraditional.
14. Identify nursing interventions related to various healing modalities.
15. ID personal attitudes, beliefs and biases related to sexuality.
16. Discuss the nurses' role in maintaining or enhancing a patient's sexual health.
17. Formulate appropriate nursing diagnoses for patients with alterations in sexuality.
18. Use critical thinking skills when helping patients meet their sexual needs.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing

FOCUS: H. Wellness/Health Promotion/Alternative Therapy

OBJECTIVES

On completion of this focus, the student should be able to:

1. Discuss the changing definitions of wellness, health, and illness.
2. Compare the models of health and illness.
3. Examine the factors affecting health status, beliefs, and practices.
4. Determine the importance of identifying risk factors when promoting health.
5. Define acute and chronic illness.
6. Discuss illness behaviors.
7. Identify the effects of illness.
8. Compare the levels of preventive care.
9. Define health promotion.
10. Identify the types of health promotion.
11. Identify the sites for health promotion.
12. Discuss Pender's health promotion model.
13. Examine the stages of health behavior change.
14. Apply the nursing process to health promotion.
15. Describe the purpose and principles of alternative therapy.
16. Describe clinical application of alternative or complementary therapies
17. Differentiate between complementary and alternative therapy.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: I. Health Care Delivery

OBJECTIVES

On completion of this focus, the student should be able to:

1. Discuss the types of health care.
2. Describe the purpose of the Patient Bill of Rights.
3. Compare the types of health care settings and the types of care delivered in each.
4. Identify the roles of the providers of health care.
5. Discuss the factors affecting health care delivery.
6. Examine the contemporary frameworks for care.
7. Identify the models for the delivery of nursing.
8. Determine how health care economics have affected the quality of care.
9. Debate whether healthcare is a right or a privilege.
10. Discuss the concept of community based nursing.
11. Identify the competencies required for the community based care.
12. Discuss the concept of collaborative health care.
13. Discuss the aspects of continuity of care.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: J. Legal Aspects

OBJECTIVES

On completion of this focus, the student should be able to:

1. Discuss the categories of laws that affect nurses.
2. Describe the legal and professional regulation of nursing practice.
3. Discuss how each type of credentialing protects the standards of the nursing profession.
4. Analyze the legal roles, rights, and responsibilities of the nurse.
5. Discuss selected legal aspects of nursing practice.
6. Discuss the areas of potential liability for nurses.
7. Describe the legal protections in nursing practice.
8. Explain the purpose of incident reports.
9. Describe the legal responsibilities of students.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: K. Values, Ethics, Standards and Advocacy

OBJECTIVES

On completion of this focus, the student should be able to:

1. Explain how cognitive development, values, moral frameworks and codes of ethics affect moral decisions.
2. Discuss the essential values of the professional nurse.
3. Discuss how nurses can use knowledge of values transmission and values clarification to facilitate the ethical decision making of clients.
4. Examine the moral principles that are a basis for ethical decisions.
5. Discuss the ANA Code of Ethics, Standards of Clinical Nursing Practice, and Standards of Professional Practice.
6. Describe how the ANA Code of Ethics, Standards of Clinical Nursing Practice and Standards of Professional Practice insure quality in nursing practice.
7. Utilize the Code of Ethics, Standards of Clinical Nursing Practice, and Standards of Professional Practice to determine solutions to ethical problems.
8. Discuss specific ethical issues most frequently encountered by nurses.
9. Discuss ways nurses can be patient advocates.

LEARNING ACTIVITIES

See Blackboard for details

NUR 2023 Introduction to Professional Nursing
FOCUS: L. Patient Education/Teaching & Learning

OBJECTIVES

On completion of this focus, the student should be able to:

1. Identify the attributes of learning.
2. Describe the application of learning theories.
3. Identify the factors that facilitate and inhibit learning.
4. Explain the factors involved in assessing the client's learning needs.
5. Discuss the importance of a specific diagnosis of the client's learning needs and priorities.
6. Demonstrate the ability to write specific measurable objectives for the learner.
7. Identify various teaching strategies.
8. Discuss the implementation and evaluation of the teaching-learning experience.
9. Discuss the guidelines for transcultural teaching.

LEARNING ACTIVITIES

See Blackboard for details