
ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING



NUR 4992

ALTERNATIVE THERAPIES

Fall 2020

**ARKANSAS TECH UNIVERSITY
DEPARTMENT OF NURSING**

Course: NUR 4992

Course Title: Alternative Therapies

Credit Hours: 2

Contact Hours: 2—Online

Course Faculty: Kay Cox, MNSc, RN
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Please do not call my home after 8:30 PM)
Office Hours: Posted in Staff Information
E-mail: kcox@atu.edu or kayc72857@gmail.com (you might send your message to one address and CC it to the other.)

Course Description:

This course focuses on the principles and concepts of alternative therapies for clients of all ages in a variety of health care settings. Alternative therapies are explored in relationship to conventional medicine in the prevention of negative health conditions, promotion of health practices, and support and restoration of wellness. Completion of the course promotes the use of a wider array of therapies in client care.

Required Textbook:

Fontaine, K. L.(2018). Complementary & Alternative Therapies for Nursing Practice (5th edition). Upper Saddle River, NJ : Pearson Prentice Hall.

Bibliography:

Use the optional and suggested reading in syllabus, readings at the end of chapters in text and the computerized nursing indexes as bibliography.

Justification Rationale for the Course:

By the completion of this course the student will progress toward program goals/outcomes 1, 2, 3, and 4.

This upper division professional nursing course provides opportunities for the student to apply knowledge and skills from the general education component and from nursing courses to the care of individuals, families and groups.

Course Objectives:

Upon completion of the course, the student will:

1. Explore the diversity of alternative therapies available for natural healing.
2. Develop strategies for use and practice of alternative therapies in care giving.
3. Identify those conditions that respond well to alternative therapies.
4. Integrate knowledge from scientific research into the use of alternative therapies.
5. Analyze information to project the future for alternative therapies in the health care system.
6. Discover available resources related to alternative therapies for lay and/or professional use.
7. Identify laws regarding use and application of alternative therapies.

Assessment Methods:

1. Grading Scale
A=90-100
B=80-89
C=75-79
D=68-74
F=67 and below
2. A grade of “C” or above must be achieved in every nursing course in order to progress in the nursing program.

Students must complete all activities with a cumulative grade of 75% to successfully complete the course.

A grade of “I” may be recorded for a student whose work is incomplete due to circumstances beyond the student’s control. The student must take responsibility for removal of the “incomplete” grade according to Arkansas Tech University’s catalog requirement.

Activities will be performed/completed at designated times. If a student cannot complete/perform the activity at the designated times, it is her/his responsibility to contact the instructor as soon as possible to make appropriate arrangements. Make-up activities may change at the discretion of the instructor.

All required assignments are due as indicated by the faculty. **The grade for late work will be lowered one letter grade for each day late past the due date.**

Course Grade:

Exam (Optional)	25%
Class Presentations	50%
Online Participation	25% (50%, if no exam)
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	100%

There will be one exam at the end of the course, if you choose to take the exam.

Each student will be required to present two slide presentations.

Online participation will be determined by asking questions and sharing thoughts/ideas related to presentations by peers.

Computer Requirements:

Please refer to the Blackboard login page for computer requirements.

Class Presentation:

The student will select two alternative therapies to present to the class. The selections must be approved by the instructor. Once the selections have been made, the student will prepare the presentations. The presentations will be graded on incorporation of class objectives, audiovisual aids chosen, information shared, and applicability to clinical practice. There will be a sign up opportunity posted on the discussion board. Presentations will be scheduled according to class schedule. Students will be expected to include a bibliography for each presentation. The presentations will be posted on the discussion board. Each presentation should include, but is not limited to, definition of the therapy, history of therapy development, conditions that respond well to the therapy, scientific research related to the therapy, available resources related to the therapy (practitioners, web sites, journals, books, etc.), laws regarding the practice of the therapy as well as how knowledge of the therapy can influence nursing practice.

Discussion Board Participation:

Students will make at least one thoughtful comment/reply or pose a thoughtful question to each class presentation. **Comments must include a reference in APA format.** The presenter is responsible for answering comments and/or questions **with a reference in APA format.**

A total of 6 points can be earned for each discussion board assignment.

6 pts: Poses thoughtful question/makes thoughtful comment/reply to presentation
Provides reference in APA format
Meets Due Date

4 pts or less: Does or does not pose a thoughtful question/make a thoughtful comment/reply
Does or does not Provides reference in APA format
Does or does not Meets Due Date

Policies:

Attendance Policy:

- 1. Students must complete the Federal Initial Attendance and Participation Module. If a student does not complete this module they will be dropped from the course at the discretion of the Registrar's Office for non-attendance.**
2. There are no live classroom requirements for the online version of this course. However, the student is responsible for completing all the course requirements as assigned in timely manner.
3. Planned learning experiences outside the online classroom may be part of this nursing course. These experiences will be arranged by the student in a location that is within the student's community.

Students are expected to

- a. Present written work that is theirs alone.
- b. Correctly document any materials from a textbook, pamphlet, journal, etc. that is used for an assignment (APA format).
- c. Falsification of your participation and attendance into this online course will result in an automatic failure and will be turned over for further academic discipline. All exams will not be copied or printed for any use. Exams are not a collaborative process. Academic Dishonesty will not be tolerated and will result in a failure for this course. Plagiarism will not be tolerated. Please refer to your student handbook for further guidelines and explanations.

Teacher Role: Resource Person, Facilitator, and Evaluator

Student Role: Learner, Communicator, Advocate, and Facilitator

Teaching/Learning Strategies: This course may include discussion boards, chat room discussions, web browsing and search engine use. Written assignments implementing APA format will be required. Written assignments will be uploaded to the assigned location in Black

Discrimination Statement:

Arkansas Tech University does not discriminate on the basis of color, sex, sexual orientation, gender identity, race, age, national origin, religion, veteran status, genetic information, or disability in any of our practices, policies, or procedures. If you have experienced any form of discrimination or harassment, including sexual misconduct (e.g. sexual assault, sexual harassment, stalking, domestic or dating violence), we encourage you to report this to the institution. If you report such an incident of misconduct to a faculty or staff member, they are required by law to notify Arkansas Tech University's Title IX Coordinator and share the basic fact of your experience. The Title IX Coordinator will then be

available to assist you in understanding all of your options and in connecting you with all possible resources on and off campus. For more information please visit: <http://www.atu.edu/titleix/index.php>.

Disability Statement:

Arkansas Tech University values diversity and inclusion and is committed to a climate of mutual respect and full participation of all students. My goal is to create a learning environment that is useable, equitable, inclusive and welcoming. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or prevent an accurate assessment of your achievement, please meet with me privately to discuss your needs and concerns. You may also contact the Office of Disability Services, located in Doc Bryan Student Center, Suite 141, in person, via phone at (479) 968-0302 or TTY (479) 964-3290, via email at disabilities@atu.edu, or visit their website at <https://www.atu.edu/disabilities/index.php> in order to initiate a request for accommodations.