

WOMENS WEEK 2023

Arkansas Tech University

MONDAY, MARCH 6

WALK A MILE IN HER SHOES, RED FLAG CAMPAIGN, AND CLOTHESLINES PROJECT

2:00-4:00 PM AT THE BELL TOWER
RALLY AGAINST VIOLENCE

Kick off Women's Week at the Bell Tower with a rally against sexual and relationship violence! People of all gender identities are invited to walk a mile for prevention and to show your support of survivors of interpersonal violence. Male-identified people are invited to don the famous red high heels in a visually stunning public statement of listening, learning, allyship, and commitment. During the rally, participants will hear from community members, observe ATU's first 'Clothesline Project' display, Red Flag Campaign and meet representatives from campus and community partners such as the Ozark Rape Crisis Center and River Valley Shelter. There will be light refreshments available as well as free shirts while supplies last.

TUESDAY, MARCH 7

PREGNANCY PREVENTION & CONTRACEPTIVE

3:00-4:00 PM IN DOC BRYAN 133

Join us for this question and answer/discussion addressing pregnancy prevention, women's health issues and information on well woman services will be hosted in Doc Bryan Room 133- next door to the Arkansas Tech Health and Wellness Clinic. We will have a few goody bags with feminine health items and light refreshments to share with participants. Please join us for this informative session. This event will be presented by Robin Joslin, Advanced Practice Registered Nurse (APRN).

SELF DEFENSE

6:00 PM AT THE PUBLIC SAFETY BUILDING

Provides safety skills and basic self-defense concepts to improve your chances of surviving a violent encounter. Self-defense is a two-part class including an instructional section and a hands-on section.

WEDNESDAY, MARCH 8

WOMENS WELLNESS DAY

9:00 AM TO 2:00 PM HEALTH & WELLNESS CENTER

Health and Wellness Center will offer limited free well woman appointments for women considering birth control or needing an annual women's health exam. Appointments will be filled first come first served on March 8. To learn more about what is included during a well woman exam, please visit <https://www.atu.edu/hwc/wellwomanvisits.php>.

ART EXHIBIT GALLERY OPEN HOUSE

6:00 PM IN NORMAN HALL

Check out artwork from Arkansas Tech students. The pieces featured were created by the artist's interpretation of the 2023 Women's Week theme, Like a Girl. Contest winners will be the announced and light refreshments will be served.

CPC LADIES NIGHT

7:30 PM IN ROTHWELL 138

Guess what? It's ladies night. Oh what a night! Come together with the ATU community to celebrate women. Join us in playing games, crafting and networking.

THURSDAY, MARCH 9

BREAST HEALTH TABLING EVENT

10:30 AM - 1:00 PM IN THE STUDENT UNION

ATU Health and Wellness Center will be tabling in order to educate students of the importance of breast health, breast cancer awareness, and breast cancer prevention. They will have a breast model which trains women to find lumps. Stop by to learn more.

MOVIE NIGHT-LEGALLY BLONDE/CONFIRMATION

6:00 PM IN THE STUDENT UNION

Come join us for a fun night of movies and snacks!

FRIDAY, MARCH 10

WOMEN IN THE WORKPLACE LUNCHEON

12:00 PM IN WEST DINING HALL



CIVIC AND COMMUNITY ENGAGEMENT
& LEADERSHIP DEVELOPMENT