



WOMEN'S WEEK 2020

WOMEN with a WHY

MONDAY, MARCH 9TH

WALK A MILE

2:00 PM at Hindsman Belltower

Kick off the first day of International Women's Week 2020 discussing the prevalence and impact of sexual assault at Arkansas Tech, campus and community resources, and what YOU can do to stop sexual violence. Community and campus partners will be available to discuss resources, and the rally will launch the annual Walk a Mile event.

MINDFULNESS MONDAY

4:00 PM in Rothwell 108

Come spend time with Dr. Erin Clair and learn how to have a more mindful Monday!

TUESDAY, MARCH 10TH

WELL WOMAN DAY

All day at the Health and Wellness Center

Stop by the Health and Wellness Center for a Well Woman exam. They will be offering pap smears, pelvic exams, STD screenings, and breast exams.

SELF-DEFENSE CLASS

6:00 PM in the Public Safety building

Provides safety skills and basic self-defense concepts to improve your chances of surviving a violent encounter. Self defense is a two part class including an instructional section and a hands-on section. Class will be taught by Forca trainer Cora Wilson along with Chief Josh McMillan.

WEDNESDAY, MARCH 11TH

WELL WOMAN DAY

All day at the Health and Wellness Center

Stop by the Health and Wellness Center for a Well Woman exam. They will be offering pap smears, pelvic exams, STD screenings, and breast exams.

SHATTERING THE CEILING

11:00 AM in West Chambers Dining Room

Join us for lunch as we learn from a panel of women serving in male dominated fields about their career path, how they got where they are, and where they hope to go in the future.

ART EXHIBIT RECEPTION

6:00 PM in Witherspoon Lobby

Check out artwork from Arkansas Tech students. The pieces featured were created by the artist's interpretation of the 2020 Women's Week theme, Women with a Why. Contest winner will be the announced and light refreshments will be served.

THURSDAY, MARCH 12TH

KARAOKE NIGHT

8:00 PM at Old Bank

You don't want to miss karaoke night at Old Bank sponsored by the lovely ladies of CPC. To make it even better - all the songs will be written by female artists.

FRIDAY, MARCH 13TH

WOMEN IN THE WORKPLACE LUNCHEON

12:00 PM in West Chambers Dining Room