The following subsection amendments are effective on July 1, 2009.

SPECIFIC PLAN EXCLUSIONS, Health Interventions, “Abuse of Medications” is hereby amended to read as follows.

Abuse of Medications. Medications, drugs or substances used in an abusive, destructive or injurious manner are not covered, except when caused by a mental or physical illness.

SPECIFIC PLAN EXCLUSIONS, Health Interventions is hereby amended to add the following new Subsection which reads as follows:

Compression Garments. All types of compression garments, gradient compression stockings, support hose or elastic supports are not covered even when purchased with a Prescription. However, subject to all terms conditions, exclusions and limitation of the Plan as set forth in this Benefit Certificate, coverage is provided for compression garments specifically designed to treat severe burns or compression sleeves and gloves used to treat lymphedemas following mastectomy.

ELIGIBILITY STANDARDS, Effective Date of Coverage, Special Enrollment Period, Subsection a. is hereby amended to read as follows:

After the Termination of Another Health Plan. A Special Enrollment Period occurs (i) after an employee’s or dependent’s coverage under another health plan terminated as a result of Loss of Eligibility, or (ii) after the employer providing such other health plan coverage terminated its contributions. The coverage effective date will be the 1st day of the Policy Month following loss of prior coverage.

[YOUR RIGHTS UNDER ERISA, 10.8 Agent for Service of Legal Process is hereby amended to read as follows:

Lee Douglass
Senior Vice President & Chief Legal Officer
Arkansas Blue Cross and Blue Shield
A Mutual Insurance Company
601 Gaines Street
Little Rock, Arkansas 72201]

This Amendment becomes a part of the Arkansas Blue Cross and Blue Shield Managed Benefits Comprehensive Major Medical Group Benefit Certificates. All other provisions of the Group Benefit Certificate remain in full force and effect.