






# Get back to being you

Beat back and joint pain wherever you are.

*Pain. Whether it strikes suddenly or it's been there forever, it's hard to know where to turn.*

Vori Health is here to make you feel a whole lot better. We're the only nationwide specialty medical practice offering personalized care and proven relief for back, neck, and joint pain.

## Get started: 3 easy steps

-  Sign up at [vorihealth.com/ark](https://vorihealth.com/ark)
-  Meet with your care team
-  Your personal care plan is delivered right to your dashboard!

## Tell us where it hurts

HAVE YOU HAD A RECENT  
INJURY OR ACCIDENT?



Let's address that acute pain from sprains, strains, twists, and more.

DO YOU HAVE PAIN THAT  
KEEPS FLARING UP?



We'll get to the bottom of those periodic aches and pains that set you back.

ARE YOU LIVING IN PAIN  
MOST DAYS?



Together, we'll treat the long-term issues that keep you from doing what you love.



Schedule a visit today via  
the QR code or visit  
**[vorihealth.com/ark](https://vorihealth.com/ark)**

Available at no cost to you with your  
**Arkansas Blue Cross and Blue Shield plan.\***

\*Members enrolled in a High Deductible Health Plan (HDHP) are not eligible for Vori Health services.

# What makes the Vori Health approach different

## You're in expert hands

Led by doctors who specialize in back, neck, and joint pain, our care teams look at your problem from every angle to find out what's really going on and how to fix it.

## Each plan is personalized

Everyone's pain and path to recovery is different. We build a practical treatment plan around your needs and goals, designed to fit your schedule. We support you every step of the way.

## Proven to get results

Vori Health works. Many patients see improvements in as few as three visits. Join the growing community of Vori Health patients who are living pain free.



“Vori helped me strengthen my shoulder and avoid surgery.”

**Mary D.**, Vori Health member



“I’ve never spent this much time with a doctor who really listened to me.”

**Jackson D.**, Vori Health member

## With your employer benefit, get access to:

- ✓ Convenient video visits
- ✓ Medical evaluation & diagnosis
- ✓ Personalized treatment including physical therapy & more
- ✓ Non-opioid pain medication & imaging if needed
- ✓ Support to help you manage pain, regain strength, & enjoy life



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the QR code or visit  
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Arkansas Blue Cross and Blue Shield is an independent licensee of Blue Cross and Blue Shield Association and is licensed to offer health plans in all 75 counties of Arkansas. Vori Health is a separate company that provides musculoskeletal and physical therapy solutions for members of Arkansas Blue Cross.