

HES 4012
Intern Application

SPRING SUMMER FALL 2026 PLACEMENT (circle appropriate term)

—Return to Dr. Rockie Pederson —mailbox in Hull 100—main office

Expected Graduation Date (Circle One): May 2026 August 2026 December 2026

Date Application Completed: _____

Name: _____ T #: _____

Mailing Address: _____ City/State: _____ Zip _____

Phone: _____ Email address: _____

Internship placement site: 1st choice: _____

2nd choice: _____

3rd choice: _____

Please explain any special circumstances that you would like me or the site director to know:

DO NOT COMPLETE BELOW-----FOR PLACEMENT DIRECTOR USE ONLY

Date Application Received: _____

Degree audit completed: _____

C's or better in content area (HLED, PE, and WS) courses: _____

Cum. GPA (2.00 or above): _____

All HLED, PE, and WS courses completed: _____

Arkansas Tech University
Department of Health and Physical Education
Qualifications for Admission into the
Wellness Science/Fitness Management Program Internship

QUALIFICATIONS:

- Passionate about fitness and helping others achieve their goals.
- Personable, customer-service oriented and able to easily interact with others.
- Able to adapt and multi-task in a fast-paced environment.
- Self-starter and attentive to detail.
- Active listener and effective communicator.
- Have highly developed time management and organization skills
- Able to lift 50 lbs.
- Able to exert physical effort required for daily duties including lifting weights, squatting, bending, reaching, spotting, and prolonged standing and walking.
- Have visual capacity to read small print
- Have sufficient auditory perception to receive verbal communication from clients and members of the facility team
- Have current student nursing liability insurance as required by the academic department
- Have current First Aid/AED/CPR certification
- Have a recent Hepatitis B Vaccination (or declination) and/or TB test (as specified by Internship site)
- Adhere to all Internship site requirements (i.e., background check, dress code, etc.)
- Understand and adhere to HIPAA guidelines (passing score on an Ethics quiz)

******** I have read and understand the above qualifications. As far as I am aware, I possess the qualifications described.***

Student's Printed Name

T #

Date: _____

Student's Signature

Established Placement Sites:

Commercial Sites:

Family Fitness—Ash Flat; Athletic Movement Performance—Bentonville; Extreme Fitness--Cabot; Anytime Fitness—Clarksville; Extreme Fitness--Conway; 365 Fitness—Conway; WM (Warren Martin) Fitness—Conway; Parisi Speed School—Conway; Clubhaus Fitness—Fayetteville; Fayetteville Athletic Club—Fayetteville; Personalized Fitness—Hot Springs; Extreme Fitness--Jacksonville; Arkansas Sports Performance Center—Little Rock; Little Rock Athletic Club—Little Rock; Back 2 Basics—Russellville; Healthy U—Russellville; Lifestyle Weight Loss—Russellville; Prescriptive Nutrition, LLC—Russellville; Proving Ground--Russellville ; Sole2Soul—Russellville; St. Mary's Wellness/Fitness Center--Russellville; HealthCorp—Searcy Athletic Club—Searcy; Extreme Fitness--Sherwood

Corporate Sites:

Axiom—Conway; Nabholz Construction—Conway; Baldor Electric Company—Fort Smith; Kersh Human Factor Analytics--Russellville

Community Sites:

AHEC NW—Harrison; Hot Springs Family YMCA—Hot Springs

Clinical Sites:

F & S Physical Therapy—Alma; White River Medical Center Cardiac Rehabilitation—Batesville; Beebe Physical Therapy—Beebe; Saline Heart Group Cardiac Rehab—Benton; Premiere Physical Therapy and Sports Rehab—Bentonville; Kings River Physical Therapy—Berryville; Mercy Hospital—Berryville; Johnson Regional Medical Center—Clarksville; Ozark Health Therapy Services—Clinton; Conway Regional Health and Fitness Center—Conway; HealthSouth—Conway; McMaster Physical Therapy—Conway; Advanced Orthopaedic Specialists—Fayetteville; Washington Regional Medical Center—Fayetteville; Mercy Fitness Center—Fort Smith; St. Edwards/Mercy Medical & Cardiac Rehabilitation Center—Fort Smith; Sparks Health System/Marvin Altman Fitness & Cardiac Rehab Center--Fort Smith; Ivy Physical Therapy—Heber Springs; National Park Medical Center—Hot Springs; Arkansas Children's Hospital—Little Rock; Baptist Health—Little Rock; Ouachita Rehabilitation & Fitness—Mena; Baxter Regional Medical Center—Mountain Home; Howard Memorial Hospital Rehabilitation—Nashville; Baptist Health—North Little Rock; Jefferson Regional Medical Center Wellness Center—Pine Bluff; Coulter Physical Therapy—Russellville; Equestrian Zone—Russellville; Lane Physical Therapy—Russellville; MiChild Enrichment Center—Russellville; Monfee Medical Clinic—Russellville; Pediatrics Plus—Russellville; River Valley Therapy & Sports Medicine --Russellville; Holt Physical Therapy and Wellness—West Memphis; Jefferson Regional Medical Center Outpatient Therapy—White Hall

University Sites:

Arkansas Tech University Athletic Training Program—Russellville; TECH FIT—Russellville

School Sites:

Center Valley Elementary School Wellness Program--Russellville

Government Sites:

Arkansas Department of Health and Human Services—Public Health Educator—Russellville

*Not limited to these established sites—others will be considered on a case-by-case basis.