

Majors to Careers

Does Major = Career?



Visit Our Website

www.atu.edu/career/



Meet the Team



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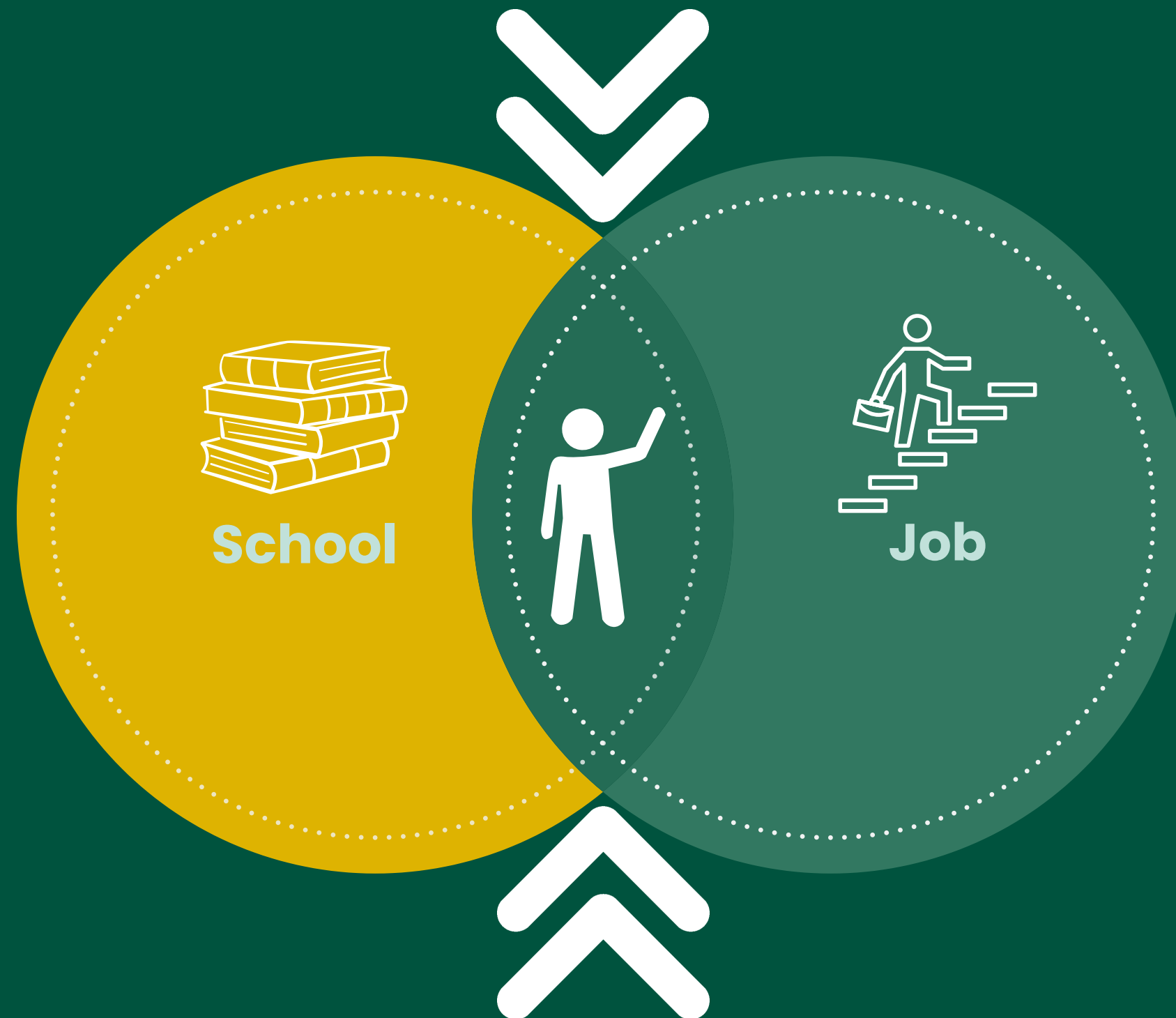


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Does Your College Major Matter?

Caught in the middle of everything!

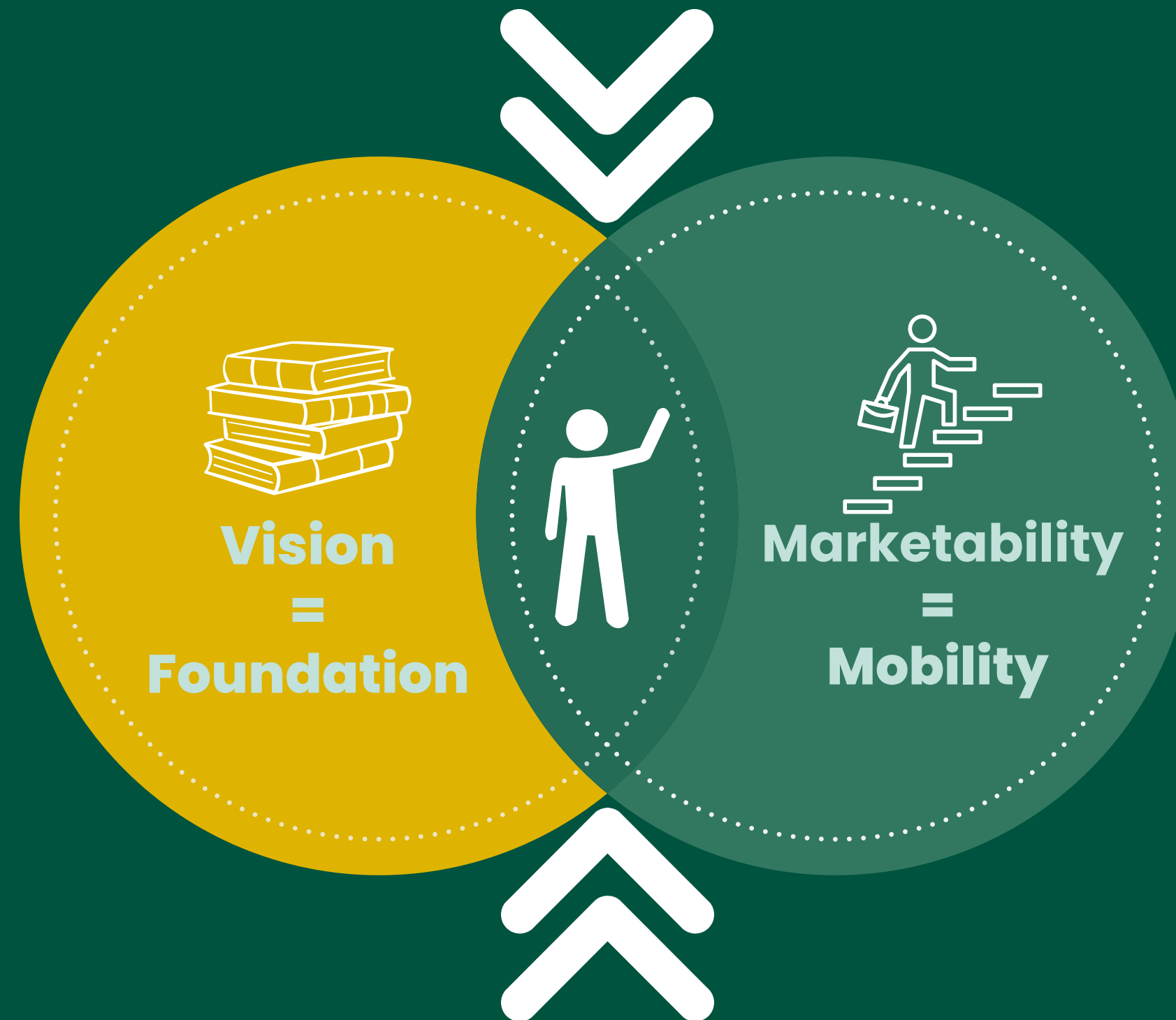


Does Your College Major Matter?

Declaring your major won't lock you into an unchangeable future, but only if you prepare.

Your Major

Classes
Homework
Deadlines
Likes
Dislikes



Your Career

What did I learn?
What will I do?
Where will I be?
What if I change?
What if the world changes?

Use Your Major to Build Your Career & Skills



Focusing on What Matters



Prepare



Reflect



Action

Preparing for What Matters



Prepare

- Visit Academic Advisor
- Visit Norman Career Services
- Attend On-Campus Events

Preparing Resources

Academic/Career Advisor

Ask what majors are offered at ATU.



Interests & Passions

Connect a major with your interests and passions.



Attend Events

Identify on-campus events that overlap with your major, your interests, and needed skill development.



Ignore Titles

Work with your academic/career advisor on understanding the essence of the major.



Career Services

Visit Norman Career Services to start your professional development journey.



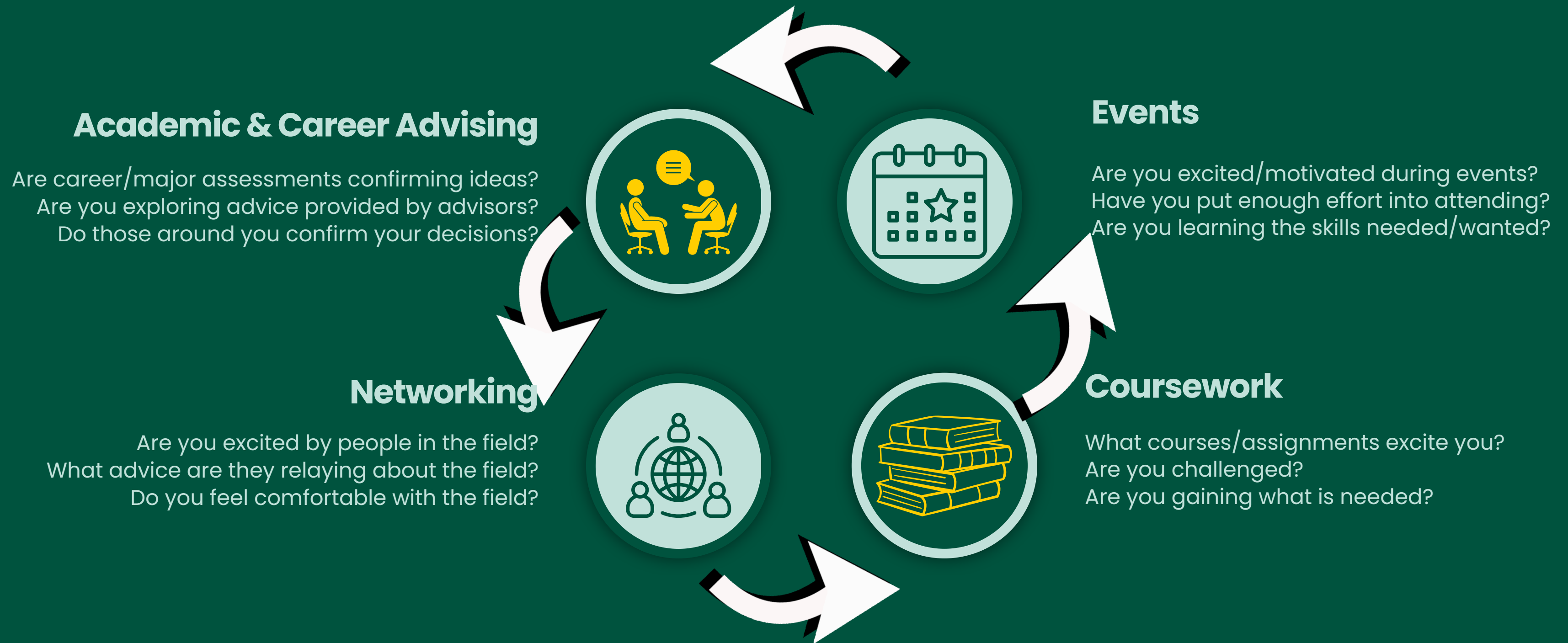
Reflecting on What Matters



Reflect

- Continue discussions
- Continue engagement
- Keep track of emotions

Reflection Management



Acting on What Matters



Action

- Courses
- Extra Curricula
- Professional Development

Action Management

Select Courses Intentionally

- Take advantage of your general ed requirements.
- Select major courses that align with long-term goals.
- Build communication, critical thinking, and problem-solving skills
- Seek passionate faculty members

Gain Professional Experience

- Part-time or full-time jobs
- Internships
- On-campus jobs
- Volunteer work

Increase Diversity/Global Awareness

- Learn a foreign language
- Study abroad
- International internships
- Develop a diverse network



Computing & Information Skills

- Computer literacy
- Data experience
- AI familiarity

Leadership Experience

- Volunteering
- Student government
- Community
- Be creative
- Take risks
- Learn how to fail

Prepare for Workplace Transition

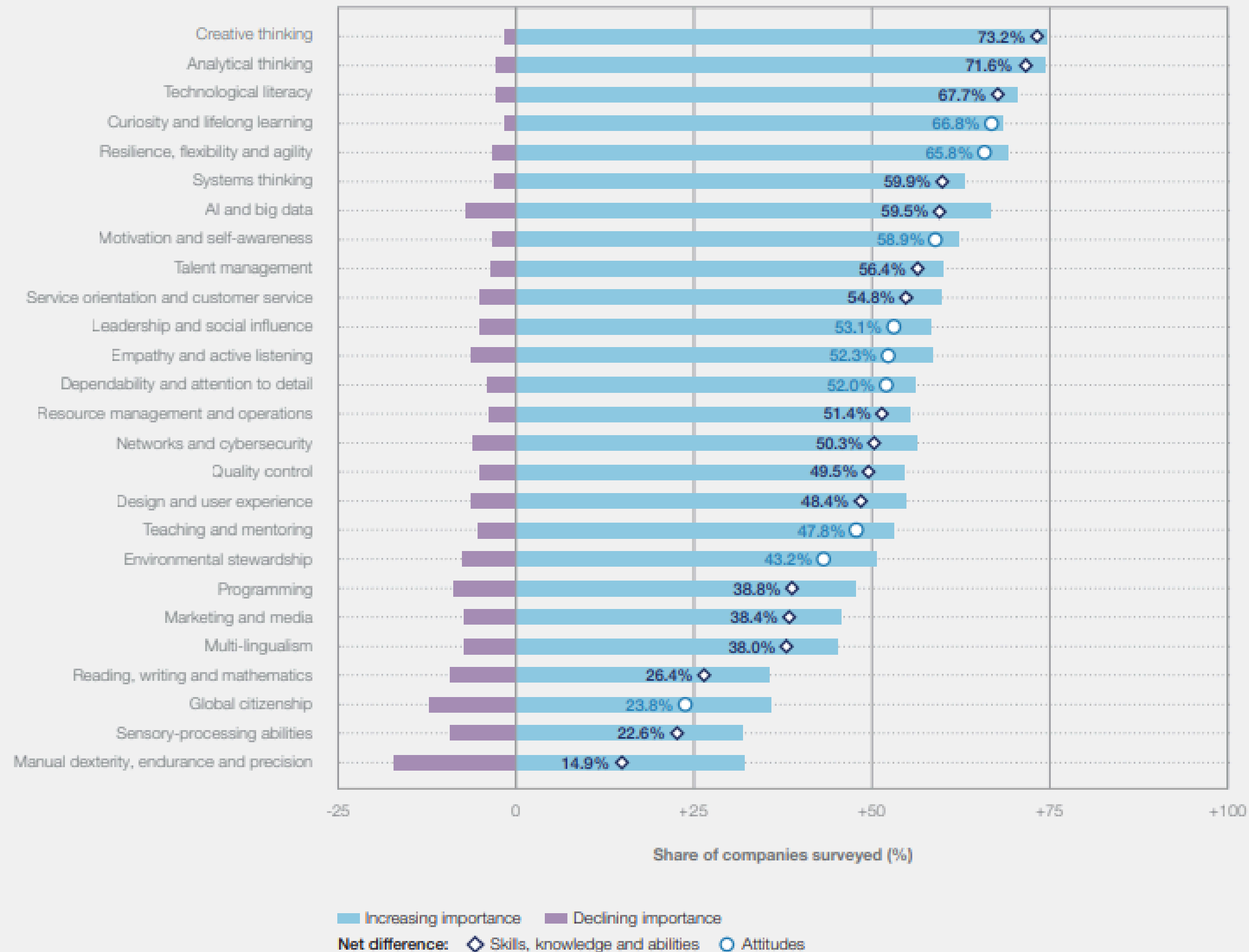
- Build confidence
- People/interviewing/networking skills
- Knowledge of employers/industry
- Ability to show how your experiences fit needs

Why This Matters?

FIGURE 4.3

Skills on the rise

Share of organizations surveyed which consider skills to be increasing or decreasing in importance, ordered by the net difference.



Ultimately, Your Major Should Develop...



Skills



Adaptability

Visit our Website





Norman Career Services

Thank You



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