

# The "WHO WHO" Exercise

$\text{♩} = 60$  *metronome*

Here's how to do the "Who Who" exercise:

*Pick a note of your choice*

*Take a long, slow breath*

*Start the note by blowing "whooh" into the flute*

*Then do the "who's" with the following rhythms*



Whooh



Whooh



Whooh



Whooh



Who Who



Who Who



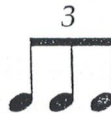
Who Who



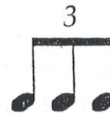
Who Who



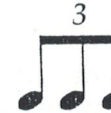
Who Who Who



Who Who Who



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Who Who Who Who



Who Who Who Who



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Who Who Who Who

*If you practice this exercise every day for 5 minutes, you will soon be able to do vibrato!*

## **WARNING:**

This exercise may sound very silly.