

## 2024-2025 Degree Map-Bachelor of Science in Health and Physical Education- Teacher Licensure

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. See course descriptions and prerequisites at <https://catalog.atu.edu/>

**#Prerequisite Courses:** ENGL 0303      MATH 0803      MATH 1003      MATH 0903      MATH 1110

### Sample Schedule

### Milestones/Notes

Semester 1	Hrs.	Grade	Semester 1
ENGL 1013-Comp I (ACTS=ENGL 1013)	3	#	Required for Admission to Stage II
MATH 1113- College Algebra (ACTS=MATH 1103) or higher	3	#	Required for Admission to Stage II
BIOL 1014- Intro to Biological Science (ACTS=BIOL 1004)	4	#	
HLED 1513- Lifetime Health and Fitness (ACTS=HEAL 1003)	3	#	
HES 1002- Physical Wellness and Fitness	2	#	
PE 1201- Orientation to Health, PE, and Wellness Science	1	#	No substitution allowed
<b>Total hours</b>	<b>16</b>	<b>GPA</b>	

Semester 2	Hrs.		Semester 2
ENGL 1023- Comp II (ACTS= ENGL 1023)	3	#	Required for Admission to Stage II
Social Science	3		
Physical Science with Lab	4		
PE 2111- Methods of Teaching Individual Activities	1	#	Offered Spring Only
PE 2513- First Aid	3	#	
Fine Arts & Humanities	3		
Total hours	17	GPA	

Semester 3	Hrs.		Semester 3
US History and Government	3		
COMM 2003- Public Speaking (no substitutions allowed)	3	#	Required for Admission to Stage II
PE 2101- Methods of Teaching Team Activities	1	#	Offered Fall Only
PE 2523- Foundations in Health and Physical Education	3	#	
PE 2653- Anatomy and Physiology	3	#	Prerequisite: BIOL 1014
SEED 2003- Education as a Profession	3	#	
Total hours	16	GPA	

Semester 4	Hrs.		Semester 4
Fine Arts & Humanities	3		
Social Science	3		
EDMD 2013- Integrating Instructional Technology	3	#	
SEED 2113- Human Development and Learning Theories	3	#	
PE 3661- Lab Experiences in Anatomy/Physiology and Kinesiology	1	#	Prerequisite: PE2653
PE 3663- Kinesiology	3	#	Prerequisite: PE2653
Total hours	16	GPA	HPE and SEED Advisor Assigned

The Arkansas Course Transfer System (ACTS) is designed to assist in planning the academic progress of students. This system contains information about the transferability of courses within Arkansas public colleges and universities. The Arkansas Course Transfer System can be accessed by searching keyword "ACTS" at <https://adhe.edu/>

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<b>Fine Arts and Humanities</b> ART 2123 Experiencing Art (ACTS=ARTA1003) MUS 2003 Introduction to Music (ACTS=MUSC1003) TL 2273 Introduction to Theatre (ACTS=DRAM 1003) ENGL/JOUR 2173 Introduction to Film ENGL 2003 Introduction to World Literature (ACTS=ENGL2113) ENGL 2013 Intro. to American Literature (ACTS=ENGL2653) PHIL 2003 Introduction to Philosophy (ACTS=PHIL1103) PHIL 2053 Introduction to Critical Thinking (ACTS=PHIL 1003) 1013 from SPAN, FR, GER, or JPN 1023 from SPAN, FR, GER, JPN, or CHIN LEAD 2003 Ethics in Leadership	<b>U.S. History &amp; Government</b> HIST 1903 Survey of American History HIST 2003 U.S. History to 1877 (ACTS=HIST2113) HIST 2013 U.S. History since 1877 (ACTS=HIST2123) POLS 2003 American Government (ACTS=PLSC2003) <b>Science with Lab</b> BIOL 1014- Intro. to Biological Science (ACTS= BIOL1004) BIOL/PHSC 1004- Principles of Environmental Science GEOL 1014- Physical Geology (ACTS= GEOL 1114) <b>University Honors students should consult Course Catalog for appropriate Fine Arts/Humanities, US History/Government and Social Science options for University Honors Curriculum.</b>
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**Possible Careers:** Recreation and Fitness Studies Teacher, P-12 Teacher, Athletic Coach, Athletic Director, Fitness Trainer

### Sample Schedule

### Milestones/Notes

Semester 5	Hrs.	Grade	Semester 5
PE 3101- Methods of Teaching Rhythmic and Gymnastic movements	1	#	
HLED 4403 - Sport and Exercise Nutrition	3	#	
PE 3543- Motor Development and Lifespan Applications in Pedagogy	3	#	Prerequisite: Admission to Stage II
PE 3413- Coaching Theory	3	#	
PE 3573- Prevention and Care of Athletic Injuries	3	#	Prerequisites: PE 2653, 3663
PE 4033- Exercise Physiology	3	#	Prerequisites: PE 2653, 3663, and 3661
Total hours	16	GPA	

Semester 6	Hrs.		Semester 6
PE 3051- Methods of Teaching Fitness and Wellness Concepts	1	#	
HLED 4303- Methods/Materials in Health for Grades K-12	3	#	
PE 3512, PE 3522, or PE 3532- Coaching Strategies	2	#	
PE 3583- Methods/Materials in PE for K and Elementary Grades	3	#	
HLED 3203- Consumer Health Programs	3	#	
PE 4513- Organization/Administration of Health and PE	3	#	
Total hours	15	GPA	APPLY FOR GRADUATION

Semester 7	Hrs.		Semester 7
PE 3603- Methods and Materials in PE for Secondary Schools	3	#	Stage II Admission
SPED 4052- Education Diverse & Exceptional Learners	2	#	Stage II Admission
PE 4203- Methods of Teaching Adapted Physical Education	3	#	Prerequisites: PE 3103, PE 3583
SEED 4553- Classroom Application of Educational Psychology	3	#	
PE 4523- Measurement and Evaluation in Health and PE	3	#	Prerequisite: Admission to Stage II
Total hours	14	GPA	<b>APPLY FOR INTERNSHIP</b>
<b>Students must receive passing Praxis II scores to be admitted to Internship</b>			

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Semester 8	Hrs.		Semester 8
SEED 4809- Residency B	9	#	
PE 4701- Special Methods in Health and PE	1	#	
SEED 4503- Seminar in Secondary Education	3	#	
Total Hours	13	GPA	<b>Graduation Requirements:</b> Min. 123 earned hours 2.70+ GPA

General Electives: 0

# indicates a "C" or better is required

Social Sciences	
HIST 1503 World History to 1500 (ACTS=HIST1113)	ANTH 1213 Intro. to Anthropology (ACTS=ANTH1013)
HIST 1513 World History since 1500 (ACTS=HIST1123)	ANTH 2003 Cultural Anthropology (ACTS=ANTH2013)
HIST 2003 U.S. History to 1877 (ACTS=HIST2113)	GEOG 2013 Regional Geography of the World (ACTS=GEOG2103)
HIST 2013 U.S. History since 1877 (ACTS=HIST2123)	AMST 2003 American Studies
HIST 1903 Survey of American History	FIN 2013 Personal Finance
POLS 2003 American Government (ACTS=PLSC2003)	LEAD 1003 Introduction to Leadership
ECON 2003 Principles of Macroeconomics (ACTS=ECON2103)	
ECON 2013 Principles of Microeconomics (ACTS=ECON2203)	
SOC 1003 Introductory Sociology (ACTS=SOCI1013)	
PSY 2003 General Psychology (ACTS=PSYC1103)	