

2023-2024 Degree Map-Bachelor of Science in Health and Physical Education- Teacher Licensure

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. See course descriptions and prerequisites at <http://www.atu.edu/catalog/>

Possible Careers Include: Recreation and Fitness Studies Teacher, P-12 Teacher, Athletic Coach, Athletic Director, Fitness Trainer

#Prerequisite Courses: ENGL 0303 _____ MATH 0803 _____ MATH 1003 _____ MATH 0903 _____ MATH 1110 _____

Sample Schedule	Milestones/Notes		
Semester 1	Hrs.	Grade	Semester 1
ENGL 1013-Comp I (ACTS=ENGL 1013)	3	#	Required for Admission to Stage II
MATH 1113- College Algebra (ACTS=MATH 1103) or higher	3	#	Required for Admission to Stage II
BIOL 1014- Intro to Biological Science (ACTS=BIOL 1004)	4	#	
HLED 1513- Lifetime Health and Fitness (ACTS=HEAL 1003)	3	#	
HES 1002- Physical Wellness and Fitness	2	#	
PE 1201- Orientation to Health, PE, and Wellness Science	1	#	No substitution allowed
Total hours	16	GPA	
Semester 2	Hrs.		Semester 2
ENGL 1023- Comp II (ACTS= ENGL 1023)	3	#	Required for Admission to Stage II
Social Science	3		
Physical Science with Lab	4		
PE 2111- Methods of Teaching Individual Activities	1	#	Offered Spring Only
PE 2513- First Aid	3	#	
Total hours	14	GPA	

Semester 3	Hrs.		Semester 3
US History and Government	3		
COMM 2003- Public Speaking (no substitutions allowed)	3	#	Required for Admission to Stage II
PE 2101- Methods of Teaching Team Activities	1	#	Offered Fall Only
PE 2523- Foundations in Health and Physical Education	3	#	
PE 2653- Anatomy and Physiology	3	#	Prerequisite: BIOL 1014
PE 3101- Methods of Teaching Rhythmic & Gymnastic Movements	1	#	Offered Fall Only
Total hours	14	GPA	

Semester 4	Hrs.		Semester 4
Fine Arts & Humanities	3		
Fine Arts & Humanities	3		
Social Science	3		
SEED 2002- Education as a Profession	2	#	Required for Admission to Stage II
PE 3051- Methods of Teaching Fitness and Wellness Concepts	1	#	Offered Spring Only
PE 3661- Lab Experiences in Anatomy/Physiology and Kinesiology	1	#	Prerequisite: PE2653
PE 3663- Kinesiology	3	#	Prerequisite: PE2653
Total hours	16	GPA	HPE and SEED Advisor Assigned

The Arkansas Course Transfer System (ACTS) is designed to assist in planning the academic progress of students. This system contains information about the transferability of courses within Arkansas public colleges and universities. The Arkansas Course Transfer System can be accessed by searching keyword "ACTS" at <https://adhe.edu/>

Fine Arts and Humanities ART 2123 Experiencing Art (ACTS=ARTA1003) MUS 2003 Introduction to Music (ACTS=MUSC1003) TH 2273 Introduction to Theatre (ACTS=DRAM 1003) ENGL/JOUR 2173 Introduction to Film ENGL 2003 Introduction to World Literature (ACTS=ENGL2113) ENGL 2013 Intro. to American Literature (ACTS=ENGL2653) PHIL 2003 Introduction to Philosophy (ACTS=PHIL1103) PHIL 2053 Introduction to Critical Thinking (ACTS=PHIL 1003) 1013 from SPAN, FR, GER, JPN, CHIN, or LAT 1023 from SPAN, FR, GER, JPN, CHIN, or LAT	U.S. History & Government HIST 1903 Survey of American History HIST 2003 U.S. History to 1877 (ACTS=HIST2113) HIST 2013 U.S. History since 1877 (ACTS=HIST2123) POLS 2003 American Government (ACTS=PLSC2003)
	Science with Lab BIOL 1014- Intro. to Biological Science (ACTS= BIOL1004) BIOL/PHSC 1004- Principles of Environmental Science GEOL 1014- Physical Geology (ACTS= GEOL 1114) PHSC 1013/1021- Physical Sci/Lab (ACTS= PHSC 1004)

Sample Schedule	Milestones/Notes		
Semester 5	Hrs.	Grade	Semester 5
HLED 3203- Consumer Health Programs	3	#	
HLED 4403- Sport and Exercise Nutrition	3	#	Prerequisite: PE 2653 and PE 4033
PE 3543- Motor Development and Lifespan Applications in Pedagogy	3	#	Prerequisite: Admission to Stage II
PE 3413- Coaching Theory	3	#	
PE 3573- Prevention and Care of Athletic Injuries	3	#	Prerequisites: PE 2653, 3663
PE 4033- Exercise Physiology	3	#	Prerequisites: PE 2653, 3663, and 3661
Total hours	18	GPA	
Semester 6	Hrs.		Semester 6
SEED 3702- Introduction to Educational Technology	2	#	
HLED 4303- Methods/Materials in Health for Grades K-12	3	#	
PE 3512, PE 3522, or PE 3532- Coaching Strategies	2	#	
PE 3583- Methods/Materials in PE and Recreation for K- Elementary	3	#	Prerequisite: PE 3103
PE 3603- Methods/Materials in PE for Secondary Schools	3	#	Prerequisites: PE 2101, PE 2111 and Stage II
PE 4513- Organization/Administration of Health and PE	3	#	
Total hours	16	GPA	APPLY FOR GRADUATION
Semester 7	Hrs.		Semester 7
SEED 4054- Educating Developing, Diverse, and Exceptional Learners	4	#	Stage II Admission
SEED 4556-Classroom Application of Educational Psychology	6	#	Stage II Admission
PE 4203- Methods of Teaching Adapted Physical Education	3	#	Prerequisites: PE 3103, PE 3583
PE 4523- Measurement and Evaluation in Health and PE	3	#	Prerequisite: Admission to Stage II
Total hours	16	GPA	APPLY FOR INTERNSHIP

Students must receive passing Praxis II scores to be admitted to Internship

Semester 8	Hrs.		Semester 8
SEED 4503- Seminar in Secondary Education	3	#	MUST BE ADMITTED TO INTERNSHIP
SEED 4809- Teaching in the Elementary and Secondary School	9	#	
PE 4701- Special Methods in Health and PE	1	#	
Total Hours	13	GPA	Graduation Requirements: Min. 123 earned hours 2.70+ GPA

General Electives: 0

indicates a "C" or better is required

HIST 1503 World History to 1500 (ACTS=HIST1113) HIST 1513 World History since 1500 (ACTS=HIST1123) HIST 2003 U.S. History to 1877 (ACTS=HIST2113) HIST 2013 U.S. History since 1877 (ACTS=HIST2123) HIST 1903 Survey of American History POLS 2003 American Government (ACTS=PLSC2003)	Social Sciences ANTH 1213 Intro. to Anthropology (ACTS=ANTH1013) ANTH 2003 Cultural Anthropology (ACTS=ANTH2013) GEOG 2013 Regional Geography of the World (ACTS=GEOG2103) AMST 2003 American Studies FIN 2013 Personal Finance LEAD 1003 Introduction to Leadership
SOC 1003 Introductory Sociology (ACTS=SOC1013) PSY 2003 General Psychology (ACTS=PSYC1103)	