

# Majors to Careers

Does Major = Career?



Visit Our Website

[www.atu.edu/career/](http://www.atu.edu/career/)





# Meet the Team



Kyliia Stewart  
Employer Relations Coordinator  
kstewart20@atu.edu



Kristen Merritt Beck  
Assistant Dean  
kbeck12@atu.edu

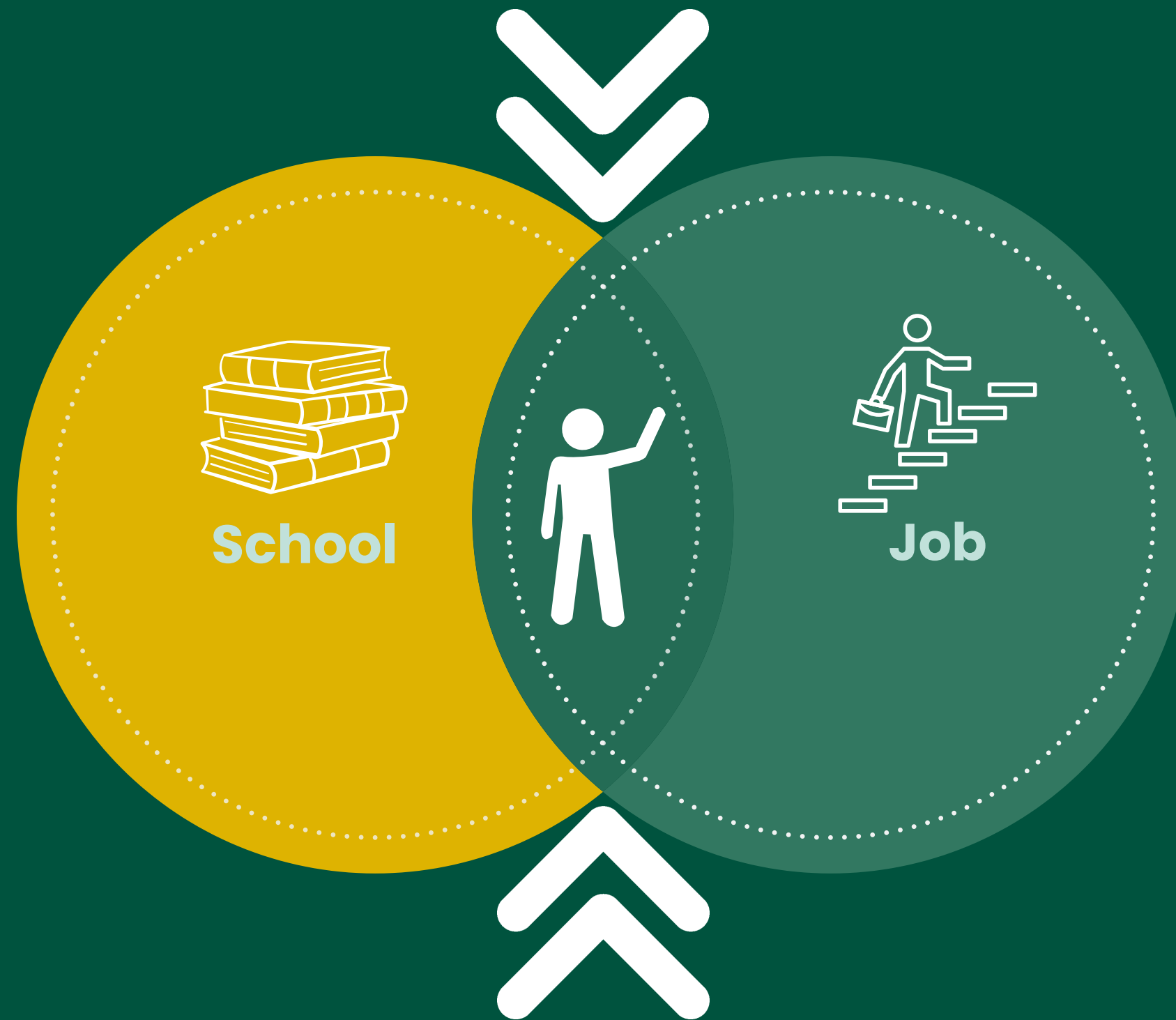


Yushia "Yoshi" Thao  
Career Counselor  
ythao01@atu.edu



# Does Your College Major Matter?

Caught in the middle of everything!

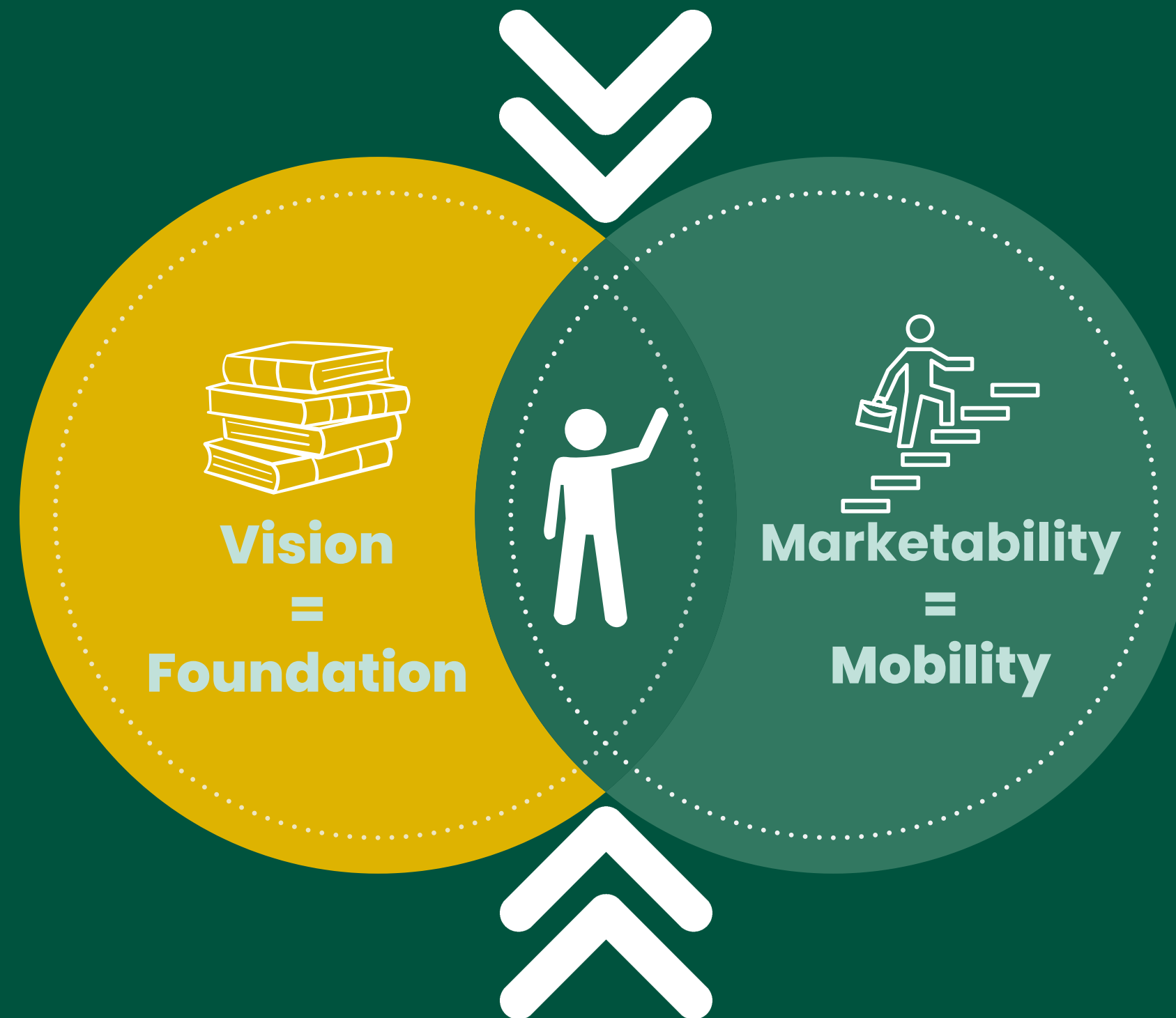


# Does Your College Major Matter?

Declaring your major won't lock you into an unchangeable future, but only if you prepare.

## Your Major

Classes  
Homework  
Deadlines  
Likes  
Dislikes



## Your Career

What did I learn?  
What will I do?  
Where will I be?  
What if I change?  
What if the world changes?

# Use Your Major to Build Your Career & Skills



# Focusing on What Matters



**Prepare**



**Reflect**



**Action**

# Preparing for What Matters



## Prepare

- Visit Academic Advisor
- Visit Norman Career Services
- Attend On-Campus Events

# Preparing Resources

## Academic Advisor

Ask what majors are offered at ATU.



## Interests & Passions

Connect a major with your interests and passions.



## Attend Events

Identify on-campus events that overlap with your major, your interests, and needed skill development.



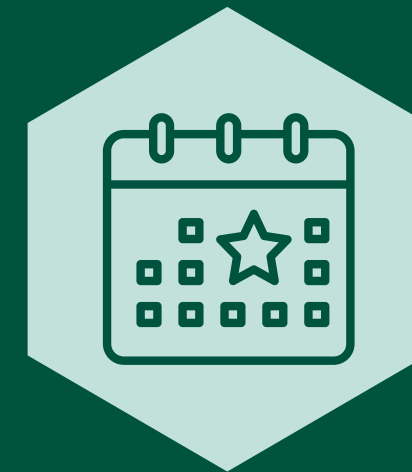
## Ignore Titles

Work with your academic advisor on understanding the essence of the major.



## Career Services

Visit Norman Career Services to start your professional development journey.





# Reflecting on What Matters



## Reflect

- Continue discussions
- Continue engagement
- Keep track of emotions

# Reflection Management

## Academic & Career Advising

Are career/major assessments confirming ideas?  
Are you exploring advice provided by advisors?  
Do those around you confirm your decisions?



## Events

Are you excited/motivated during events?  
Have you put enough effort into attending?  
Are you learning the skills needed/wanted?



## Networking

Are you excited by people in the field?  
What advice are they relaying about the field?  
Do you feel comfortable with the field?



## Coursework

What courses/assignments excite you?  
Are you challenged?  
Are you gaining what is needed?



# Acting on What Matters



## Action

- Courses
- Extra Curricula
- Professional Development

# Action Management

## Select Courses Intentionally

- Take advantage of your general ed requirements.
- Select major courses that align with long-term goals.
- Build communication, critical thinking, and problem-solving skills
- Seek passionate faculty members

## Gain Professional Experience

- Part-time or full-time jobs
- Internships
- On-campus jobs
- Volunteer work

## Increase Diversity/Global Awareness

- Learn a foreign language
- Study abroad
- International internships
- Develop a diverse network



## Computing & Information Skills

- Computer literacy
- Data experience
- AI familiarity

## Leadership Experience

- Volunteering
- Student government
- Community
- Be creative
- Take risks
- Learn how to fail

## Prepare for Workplace Transition

- Build confidence
- People/interviewing/networking skills
- Knowledge of employers/industry
- Ability to show how your experiences fit needs

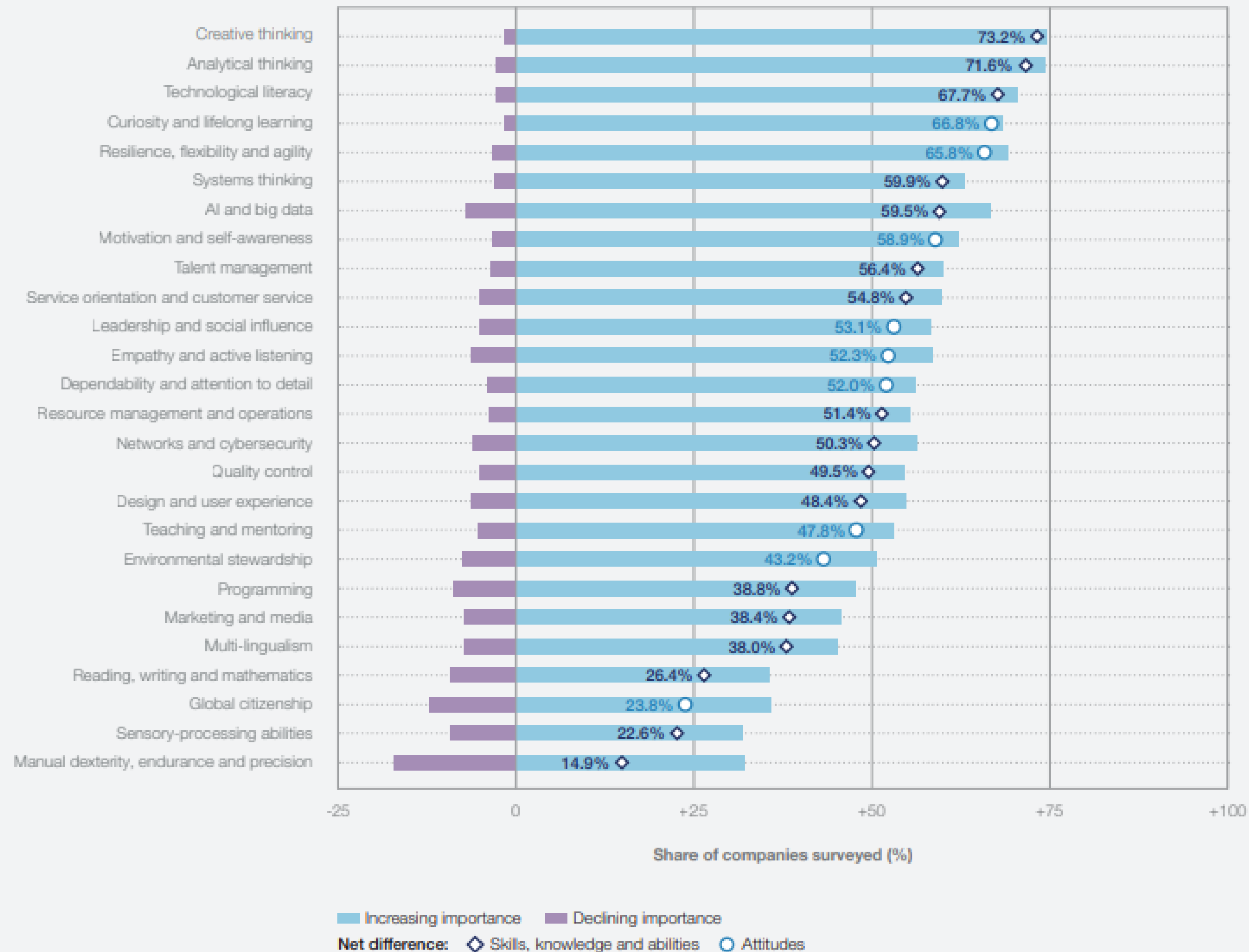


# Why This Matters?

FIGURE 4.3

## Skills on the rise

Share of organizations surveyed which consider skills to be increasing or decreasing in importance, ordered by the net difference.



**Ultimately, Your Major Should Develop...**



**Skills**



**Adaptability**

# Visit our Website





**ATU**<sup>TM</sup>

Norman Career Services

# Thank You

## For Your Attention



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<https://www.atu.edu/career/>

