

INDIVIDUAL ASSESSMENT

<p>PRE-TRIP CHECKLIST FOR LEADERS Use this checklist when trips are planned. Apply risk management controls if needed.</p> <p style="text-align: center;">Point of origin to destination.</p> <p>Destination_____</p> <p>Planned rest stops/breaks_____</p> <p>Anticipated Weather Conditions_____</p> <p>Travel distance one way_____</p> <p>Mode of travel_____</p> <p>If driving POV: # of licensed drivers_____</p> <p>Planned rest stops/breaks_____</p> <p>Point of origin departure date and time_____</p> <p>Expected destination arrival time_____</p> <p style="text-align: center;">Return from Destination to Point of Origin</p> <p>Mode of travel_____</p> <p>Planned rest stops/breaks_____</p> <p>Anticipated Weather Condition_____</p> <p>If driving POV: # of licensed drivers_____</p> <p>Planned rest stops/breaks_____</p> <p>Destination departure date and time_____</p> <p>Expected arrival time at point of origin_____</p> <p>VEHICLE CONDITION: OLD NEW Vehicle Inspected</p> <p>INSURANCE: Is soldier's car insurance coverage up to date/current? Yes No</p> <p>DRIVER'S LICENSE: Does soldier possess a valid driver's license? Yes No</p> <p>SIGNATURES</p> <p>Soldier Planning Trip: Name/Rank/Signature:_____ DATE_____</p> <p>Supervisor: Name/Rank/Signature:_____ DATE_____</p>	<p style="text-align: center;">Discuss Hazards, Risk, & Controls</p>
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Checks soldiers knowledge of important vehicle safety information and identifies areas requiring additional training/emphasis. Conduct survey while vehicle is being inspected.

1. What is most likely to kill you (or other soldiers)?

Speed, Fatigue,
Alcohol, non-use
of seatbelts

2. A soldier is required by Army regulation to use seat belts at all times, on and off the installation, while driving or riding in a POV.

True False

3. Seatbelts are not necessary if your car is equipped with air bags.

True False

4. What time of day do most fatal POV accidents occur where the Army driver is at fault?

D

- a. 0600-0900
- b. 0900-1500
- c. 1600-2000
- d. 2100-0500

5. If you are driving and feel sleepy, what should you do?

D

- a. Roll down the windows so the fresh air will wake you up
- b. Turn the radio volume up to keep you alert
- c. Turn the air conditioner to high so the cool air will wake you up
- d. Stop and sleep
- e. Any of the above

6. For the average 160-180 pound individual, inhibitions are lessened and judgment begins to be affected after drinking just one beer in one hour or less.

A

- a. True
- b. False

7. Which of the following factors determine safe driving speed?

F

- a. Posted speed limit
- b. Road and weather conditions
- c. Time of day
- d. Amount and type of traffic
- e. a and b
- f. a thru d

8. What days of the week do most fatal POV accidents occur where the Army driver is at fault?

C

- a. Monday and Friday
- b. Wednesday, Thursday, and Friday
- c. Friday, Saturday, and Sunday
- d. Sunday and Monday