

**ARKANSAS TECH UNIVERSITY**

**DEPARTMENT OF NURSING**



**PRACTICUM IN NURSING**  
**Nursing the Family**

**NUR 3805**

**Fall 2009**

## TABLE OF CONTENTS

TOPIC	PAGE
Course Description	4
Required Textbooks	4
Relationship to Mission, Program Outcomes, Level Objectives.	5
Course Objectives	5
Conduct of the Course	6
Evaluation	8
Sources of Ethical & Legal Standards	8
Course Requirements	9
Composition of Final Grade	10
Performance Assessment Tool	11
Clinical Evaluation Tool	12
Grading Criteria for Clinical Evaluation Tool	13
Written Assignments	14
Unit I Focus A: Gestational Age Assessment/Denver Developmental Screening	15
Unit I Focus B: The Family	16
Unit I Focus C: Family Health Care in the Community Setting	17
Unit II Focus A: Patient Adapting to Pregnancy	18
Unit II Focus B: Family Adapting to Giving Birth	19
Unit II Focus C: Family Adapting during Puerperium	21
Unit II Focus D: Neonatal Period	22
Unit III Focus A: The Well Child	24
Unit III Focus B: The Child in a Variety of Health Care Settings	26
Unit IV Focus A: The Patient Undergoing Surgery	28
Supplementary Materials Index	30

**ARKANSAS TECH UNIVERSITY**  
**Department of Nursing**

**Course:** NUR 3805

**Title:** Practicum in Nursing II - Nursing the Family

**Credit Hours:** 5 Semester Hours

**Contact Hours:** 15 Contact Hours/Weekly

**Placement:** Fall Semester, Junior Year

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## **Catalogue Description:**

Pre- or co-requisite: NUR 3103, 3204, 3304, 3404, 3502, 3606, and 3703. A practicum course which facilitates the integration, synthesis, and application of the theories, concepts, and skills taught in NUR 3502, NUR 3606, and NUR 3803 and NUR 3703. \$5 laboratory fee.

## **Course Description:**

Nursing of the family is a clinical course designed to facilitate the integration, synthesis, and application of concepts, theories, and skills developed in Level I courses and those taught concurrently in NUR 3606 and NUR 3803.

The major components of this course deal with maternal- infant care, pediatric and surgical nursing situations within the framework of the family. Major learning experiences take place in a variety of health care settings stressing supportive and restorative nursing behaviors in the care of patients in the childbearing period and children from birth to adolescence and the patient undergoing surgery.

The learner provides direct care to assigned patients utilizing assessment skills learned in Level I nursing courses and with assistance, plans nursing care for patients in adaptive and maladaptive states.

## **Instructional Resources -- Required Textbooks:**

Smelters, S.C., Bare, B.G., Hinkle, J.L. & Cheever, K.H. (2008) Brunner and Suddarth's Textbook of Medical Surgical Nursing (11<sup>th</sup>). Philadelphia: Lippincott, Williams, & Wilkins.

London, M., Ladewig, P., Ball, J., & Bindler, R. (2007). Maternal & Child Nursing Care (2<sup>nd</sup> ed). Upper Saddle River, NJ: Pearson Prentice Hall.

Taylor, C., Lillis, C., Lemorve, P., and Lynn, P. (2008). Fundamentals of Nursing: The Art and Science of Nursing Care. Philadelphia: Lippincott, Williams, & Wilkins.

## **Recommended:**

Hockenberry, M. J. (2004). Wong's Clinical Manual of Pediatric Nursing (6<sup>th</sup> Ed). St. Louis: Mosby/Elsevier.

## **Justification Rationale for the Course:**

The learner progresses toward program goals 1, 2, 3, and 4 by the completion of this course.

This upper division professional nursing course provides opportunities for the student to apply knowledge and skills from the general education component and from nursing courses to the care of individuals and families.

## **Course Objectives:**

On completion of this course, the student:

1. Utilizes the nursing process to deliver nursing care in a variety of health care settings to individuals and families from different cultures.
2. Demonstrates accuracy in the performance of nursing skills in delivering nursing care to the individual/family.
3. Utilize the roles of care giver, communicator, collaborator and teacher in the delivery of holistic care.
4. Utilizes promotive, supportive and restorative nursing behaviors providing nursing care to the expanding family, children, and their families.
5. Utilize basic principles in developing a holistic plan of care for the individual/family in a multicultural society.
6. Plans nursing care which meets the criteria of the Code for Nurses and Standards of Care postulated by the American Nurses Association.

## ROLES - STRATEGIES

### **Student Roles:**

Learner, Communicator, and Teacher

### **Teacher Role:**

Demonstrator, Planner, Evaluator, Facilitator, Role Model, and Supporter.

### **Teaching-Learning Strategies:**

Patient/family selection to meet course objectives  
Pre and Post Conferences and seminars  
Selection of experiences based on students' needs  
Use of visual aids: films, models, tapes  
Computer programs  
Demonstration and role modeling  
Supervised practice  
Home visit  
Formal paper  
Simulation

## CONDUCT OF THE COURSE POLICIES

### **Attendance:**

Regular attendance is considered essential if students are to receive maximum benefit from the nursing courses. For clinical rotations, an absence will result in a make-up assignment or an alternate clinical day. Make-up assignments will equal the number of clinical hours missed. Assignments may vary with instructor. Failure to make up clinical assignments will result in a failing grade in the course. It is the student's responsibility to contact the instructor regarding make-up assignments within one week of absence.

It is the student's responsibility to meet all planned clinical experiences. Absences in excess of 16 hours FOR ANY REASON constitute the need for formal consideration of the student's performance by the Level II faculty. Because such absence is considered potential grounds for dismissal from the program the student will be informed of the meeting, will be allowed input, and later informed of the faculty decision. In the event of unavoidable absence it is the responsibility of the student to notify the instructor and the clinical agency in advance. If a consistent pattern of absences from class or practicum develops, the situation will be dealt with by the Level II faculty.

## **Dress and Behavior:**

The dress code of the Department of Nursing is the same as that of Arkansas Tech University. In those instances when the student visits clinical agencies to gather information for any course, they are required to wear a laboratory coat over appropriate dress, be identified by a photo ID badge and a patch identifying the University.

Required dress for the students in practicum consists of black school uniform scrubs and white shoes. Students are identified with a photo I.D. badge and an "ATU" patch in the shoulder area of the left sleeve. Students in specialty areas will wear dress appropriate to the special nursing setting.

## **Preparation for Patient Care:**

Assignments of patient care will be made in advance of the time for clinical practice when feasible. The student is required to do the necessary research, prepare a preliminary nursing care plan and/or prep sheet, and present information on medications and procedures he/she will administer prior to providing patient care.

## **Written Assignments:**

- It is assumed that all written work will be the student's own product.
- Preliminary care plans and/or prep sheets must be completed before administering care to the patient. Designated forms must be used.
- All written work is due on Monday by 8:30 a.m. Written work will only be accepted two days late. The professionalism grade will reflect the penalty for late work. If the student fails to turn in work or it is more than two days late, it will result in a grade of zero for that practicum experience.
- Nursing Care Plan forms must be used for Weekly Care Plans.
- Written work is to be written legibly or typewritten.
- Formal papers will be done according to:

APA Manual - American Psychological Association Publication manual, 5th edition.

## Evaluation:

Clinical experiences will be graded utilizing a clinical evaluation tool presented to the students at the beginning of the clinical experience.

1. Grading scale:

A	-	90-100
B	-	80-89
C	-	75-79
D	-	68-74
F	-	67 or below

2. A grade of "C" or above must be achieved in every nursing course in order to progress in the nursing program. Students must receive a minimum of 75% on their evaluation in each clinical area in order to receive a passing grade in NUR 3805. Any grade below 75% will NOT be rounded up.
3. A grade of "I" may be recorded for a student whose work is incomplete due to circumstances beyond the student's control. The student must remove the "I" before progressing to the next nursing level.
4. Failure to provide safe clinical care may result in automatic failure in the course.

**Each student is expected to adhere to certain ethical and legal standards. Serious violation of ANY of these standards can result in the DISMISSAL OF THE STUDENT FROM THE PROGRAM.**

### SOURCES OF ETHICAL AND LEGAL STANDARDS

1. American Nurses Association Code of Ethics (Fundamentals text)
2. American Nurses Association Standards of Care (Fundamentals text)
3. Arkansas Tech University 2006-2007 Undergraduate Catalog
4. Arkansas Tech University Student Handbook
5. Arkansas Tech University Department of Nursing Student Handbook
6. Legal Guidelines (Fundamentals text)
7. Policies and Procedure Manuals of Clinical Agencies

**It is the student's responsibility to maintain familiarity with the standards described in the above listed documents.**

## **COURSE REQUIREMENTS:**

- I. Adherence to the attendance policy including any make up assignments.
- II. A grade of 75% or better in each of the four clinical areas: Post Surgery, Obstetrics, Pediatrics and Same Day Surgery. Students failing to achieve a passing grade in any one of the clinical areas will not be allowed to proceed to the next clinical placement.
- III. Preparation for practicum including:
  - A. Completion of preliminary care plans for each patient to be cared for including:
    - (1) Identification of patient problem(s) and/or need(s), plan, and implementation of patient care.
    - (2) Medication card for each medication the patient is receiving. Weight based drug calculations are required in pediatrics.
    - (3) Laboratory value cards for each laboratory test the patient has had or will have.
    - (4) Necessary research to allow for understanding of patient's needs.
  - B. Online module work for pediatrics (math exam & prep for simulation)
- IV. Simulation lab requirement for pediatrics.
- V. One complete Nursing Care Plan\Prep Sheet and Log each week. Summary evaluation of each practicum experience should be included in the weekly log.
- VI. Evaluation conference with the clinical instructor in each clinical area.
- VII. Satisfactory completion of Family Care Plan.
- VIII. Satisfactorily completing NUR 3606.

**Guidelines and criteria for grading will be available  
for all work**

**Composition of Final Grade:**

Clinical performance will be evaluated on criteria presented at the beginning of the semester. Formal and/or informal evaluation conferences with the clinical instructor will keep the student apprized of his\her level of performance. A student whose level of clinical performance is below the satisfactory level (failing) in any one of the four practicum rotations, will receive an "F" for the course. A student whose level of performance is satisfactory in all practicum rotations will receive a letter grade for the course based on the following formulation:

OB Clinicals.....	30%
Pediatric Clinicals.....	30%
Post-Surgery Clinicals.....	15%
Same Day Surgery Clinicals.....	15%
Family Care Plan.....	<u>10%</u>
TOTAL GRADE	100%

**Forms for grading clinical:**

- PERFORMANCE ASSESSMENT TOOL
- Grading Criteria for the Clinical Evaluation Tool
- Clinical Evaluation Tool - LEVEL II

**ARKANSAS TECH UNIVERSITY**

**Department of Nursing**

**NUR 3805 - Level II Practicum**

**PERFORMANCE ASSESSMENT TOOL**

Student Name \_\_\_\_\_ Date \_\_\_\_\_

**DIRECTIONS:** Score each Criteria as follows:

3 - Very poor

3.5 - Poor

4 - Average

4.5 - Good

5 - Excellent

<b>*CRITERIA</b>	<b>CIRCLE ONE</b>	<b>WEIGHT</b>	<b>SCORE</b>
1. Assessment	3 • 3.5 • 4 • 4.5 • 5	x3	15
2. Diagnosis	3 • 3.5 • 4 • 4.5 • 5	x3	15
3. Planning	3 • 3.5 • 4 • 4.5 • 5	x3	15
4. Implementation	3 • 3.5 • 4 • 4.5 • 5	x3	15
5. Evaluation	3 • 3.5 • 4 • 4.5 • 5	x3	15
6. Communication	3 • 3.5 • 4 • 4.5 • 5	x2.5	12.5
7. Professional Role	3 • 3.5 • 4 • 4.5 • 5	x2.5	12.5
<b>TOTAL SCORE</b>			

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Faculty Signature:** \_\_\_\_\_

**Comments:**

**\*See next page for description of criteria.**

**ARKANSAS TECH UNIVERSITY**  
**Department of Nursing**  
**Clinical Evaluation Tool - LEVEL II**

**NUR 3805- CLINICAL AREA \_\_\_\_\_**

**Name \_\_\_\_\_ Date of Experiences: \_\_\_\_\_**

<b>EVALUATION</b>	<b>BEHAVIORS</b>	<b>SCORE</b>
<b>I. ASSESSMENT</b> a. Demonstrates ability to communicate effectively with patients and other health team members. b. Collects data from patient, health care team, chart, family, and textbooks. c. Obtains and records accurate data relevant to the nursing diagnoses and the patient's condition. d. Can give a rationale why certain data is relevant to a specific patient.		
<b>II. NURSING DIAGNOSIS</b> a. Determines which diagnoses are realistic for a specific patient. b. Can give a rationale why the diagnosis is relevant to a specific patient.		
<b>III. PLANNING</b> a. Develops a specific plan of care for a specific patient. b. Writes realistic short-term, measurable goals. c. Can give rationales for the specific goals.		
<b>IV. IMPLEMENTATION</b> a. Performs nursing care safely. b. Performs selected skills with increasing independence. c. Uses safe aseptic practices to protect the patient and the student. d. Performs or assists patient to perform activities of daily living. e. Safely performs nursing care necessary to attain the nursing goals for the selected patient. f. Can give rationales for specific nursing care measures.		
<b>V. EVALUATION</b> a. Determines whether the nursing goals have been met. b. Recognizes and reports deviations in vital signs, skin condition, IV sites, nutrition, elimination, mobility, and comfort. c. Reports and records assessment and nursing care in a concise, organized way.		
<b>VI. COMMUNICATION</b> a. Utilizes appropriate terminology b. Records and reports data in a logical, concise manner.		
<b>VII. PROFESSIONAL ROLE</b> a. Arrives at clinical on time and prepared. b. Notifies instructor of absence from clinical before clinical begins. c. Demonstrates ethical and legal behaviors. d. Reports errors and seeks help appropriately. e. Accepts responsibility for actions. f. Accepts responsibility for acquiring knowledge necessary to safely perform nursing care. g. Demonstrates ability to work well with other students and health team members.		

**STUDENT \_\_\_\_\_ DATE: \_\_\_\_\_**

**INSTRUCTOR: \_\_\_\_\_**

**ARKANSAS TECH UNIVERSITY**  
**Department of Nursing**  
**Grading Criteria for the Clinical Evaluation Tool**  
**Fall 2009**

<b>Grade</b>	<b>Application of Nursing Theory to the Decision-Making Process/Critical Thinking</b>	<b>Standards of Care/Safety</b>	<b>Quality of Clinical Performance</b>	<b>Assistance</b>
Independent 5(A)	Recognizes the total complexity of a situation. Formulates a plan of action based on individual components. Establishes priorities and intervenes independently following validation. Independently formulates alternative solutions to problems.	Consistently applies principles of safety and demonstrates accuracy in all nursing interventions.	Gives care in proficient, coordinated, confident manner. Occasionally expends excess energy. Gives care within an expedient time period.	Without supporting cues.
Supervised 4(B)	Recognizes a complex situation and seeks assistance to separate components to formulate a plan of action. Requires assistance to see the relationship between theory and practice. Recognizes alternative solutions to problems but requires assistance selecting the most appropriate solution. Requires assistance establishing priorities.	Consistently applies principles of safety and demonstrates accuracy in all nursing interventions.	Gives care in efficient, coordinated, confident manner with some expenditure of excess energy. Gives care within a reasonable time period.	Occasional supporting cues. (Verbal coaching)
Assisted 3(C)	Recognizes priorities in complex situations. Requires assistance in assessment and formulation of a plan of action. Recognizes situations in which assistance is needed. Implements a solution to a problem, but is unable to perceive alternatives. Demonstrates the ability to implement nursing care only if directed.	Consistently applies principles of safety and demonstrates accuracy in all nursing interventions.	Skillful in parts of behavior. Inefficient and uncoordinated in other parts. Expends excess energy. Gives care within a delayed time period.	Frequent verbal and occasional physical directive cues in addition to supporting cues.  Physical cue-instructor must redemonstrate behavior or guide student's hands or take over for student.
Provisional 2(D)	Unable to recognize priorities or formulate a plan of action. Unable to perceive alternatives or solve problems. Unable to implement nursing care as directed.	Unsafe. Unable to demonstrate behaviors.	Unskilled and inefficient in giving care. Requires prolonged time period. Expends unreasonable energy	Continuous verbal and physical cues.

## **Written Assignments:**

### 1. Nursing Care Plans:

Complete Nursing Care Plans/Daily Logs:

One Nursing Care Plan per week for OB, Peds, and Post Surgery Rotations. A Log Detailing daily activities and ways specific objectives were met will be submitted on the designated day each week. The focus of that Nursing Care Plan and Log will depend on the clinical area to which the student is assigned.

Nursing Care Plans and Logs will be graded as satisfactory or needs improvement. The student will submit one "Passing" Nursing Care Plan/Log for each week in the practicum. In the event that the work submitted does not meet the standard, the students will have an opportunity to revise their work. All Nursing Care Plans and Logs will be due on Monday before class.

### 2. Family Care Plan:

A comprehensive family care plan will be required for a family chosen by the student with approval of the clinical instructor. Criteria and forms begin on page 55.

### 3. Denver Developmental Screening:

Choose one child to perform a Denver Developmental screening on (The student may not perform the screening on immediate family members). Kits available for checkout from Pediatric Faculty.

1. Show calculations of age line.
2. Ask permission of parent/guardian.
3. Minimize distractions.
4. Do as complete assessment as possible.

Submit during your Pediatric clinical rotation.

**NUR 3805: Nursing and the Family**

**UNIT I: Family Health Care**

**FOCUS A: Gestational Age Assessment/Denver Developmental Screening**

<b>OBJECTIVES</b>
Upon completion of this unit, the student will:  <ol style="list-style-type: none"><li>1. Discuss need for assessment of the newborn.</li><li>2. Identify the physical characteristics of the newborn. (Pre-term infant, Term infant, Post term infant)</li><li>3. Discuss reflexes in the newborn who is pre-term, term, and post term.</li><li>4. Demonstrate appropriate nursing skills in the examination of the newborn.</li><li>5. Identify stress in the newborn during physical examination.</li><li>6. Demonstrate an understanding of the method or scoring gestational age assessment.</li><li>7. Provide basis for Nursing Care to pre-term, term, and full term infants.</li><li>8. Discuss behavioral patterns in the newborn as described by Brazelton.</li><li>9. Demonstrate the ability to correctly administer and interpret the Denver Developmental Screening Tool.</li></ol>
<b>LEARNING ACTIVITIES</b>
<b><u>Required Reading:</u></b> London, Ladewig, Ball & Bindler (2007) CH 27, CH 37 (pages 1068-1069)

**NUR 3805: Nursing The Family**  
**UNIT I: Family Health Care**  
**FOCUS B: The Family**

### **OBJECTIVES**

Upon completion of this focus, the student will:

1. Define family.
2. Describe the structure and function of families.  
(Traditional and Non-traditional)
3. Discuss sociocultural and environmental influences on the structure and function of the family.
4. Identify the principles of family development.
5. Identify methods and tools for family assessment.
6. Discuss the impact of the family on health care.
7. Discuss the potential for family centered care in a variety of health care settings.
8. Recognize the impact of the environment on the bio-psycho-social, spiritual, cultural, and environmental needs of the individual.
  - a. Correlate this data with assessment and planning of individual care.

### **LEARNING ACTIVITIES**

**Required Reading:**

**London, Ladewig, Ball & Bindler (2007) Chapter 2, 39**

**NUR 3805:                Nursing The Family**  
**UNIT I:                    Family Health Care**  
**FOCUS C:                Applying the Nursing Process to a Patient/ Family in the Community**  
**Setting**

**OBJECTIVES**

The student will:

1. Utilize the nursing process to determine the family's bio-psycho-social, emotional, spiritual, cultural, and environmental needs.
2. Utilize communication skills in establishing and maintaining a therapeutic relationship.
3. Utilize the nursing process in the care of the individual/family in the community setting.
4. Utilize an approved plan of nursing interventions specific to the patients.
5. Identify the differences in aspects of care in Community versus the Hospital.
6. Outline a teaching plan based on principles of teaching and learning.
7. Discuss the Nursing Role in the community setting.
8. Summarize the importance of cultural competency in providing nursing care.
9. Complete a comprehensive family care plan.

**LEARNING ACTIVITIES**

Review principles of teaching and learning.

Review principles of family development.

Complete comprehensive family care plan.

**Required Reading:**

London, Ladewig, Ball & Bindler (2007) CH 2, 39

**NUR 3805: Nursing The Family**

**UNIT II: Maternal Infant Care**

**FOCUS A: Applying the Nursing Process to a Patient/ Family Adapting to Pregnancy**

<b>OBJECTIVES</b>
<p>The student will:</p> <ol style="list-style-type: none"><li>1. Exhibit an understanding of the family's bio-psycho-social, emotional, spiritual, cultural, and environmental needs during pregnancy.</li><li>2. Utilize supportive and restorative nursing behaviors which are basic to achieving a functional state of adaption in the patient (Family assessment).</li><li>3. Utilize communication skills in establishing and maintaining a therapeutic relationship.</li><li>4. Utilize communication skills in assisting the individual and family.</li><li>5. Utilize an approved plan to teach selected aspects of personal hygiene to the individual/family.</li><li>6. Recognize deviations from normal and report to responsible person.</li><li>7. Discuss measures to support family integrity through episodes of change and/or mal-adaptation during pregnancy.</li><li>8. Involve significant others in supporting patient when possible.</li></ol>
<b>LEARNING ACTIVITIES</b>
<p>Assist the client in analyzing a 24 hour family diet.</p> <p>Assess the diet of an expectant mother and outline a plan to improve diet.</p> <p>London &amp; Ladewig Ch. 10, 11, 12</p>

**NUR 3805: Nursing The Family**  
**UNIT II: Maternal Infant Care**  
**FOCUS B: Applying the Nursing Process to the Patient/ Family Adapting During the Process of Giving Birth**

**OBJECTIVES**

The student will:

1. Demonstrate the ability to admit a patient to the labor suite in a calm, orderly and efficient manner.
2. Exhibit an understanding of the patient/family's bio-psycho-social, emotional, spiritual, cultural, and environmental needs during labor.
3. Utilize supportive and restorative nursing behaviors which are basic to achieving a functional state of adaption in the patient in labor.
4. Recognize deviations from normal and report to responsible person..
5. Recognize the importance of adequate and correct charting
6. Understand the importance of the support person/family during the process of labor and delivery.
7. Demonstrate an understanding that the environment will impact on the bio-psycho-social, emotional, spiritual, cultural, and environmental needs of the patient/family.
8. Recognize the differences in patient needs.
9. Utilize scientific principles in the preparation of the Labor/Delivery Room (LDR).
10. Assist the family to prepare for the delivery.
11. Recognize the family's bio-psycho-social, emotional, spiritual, cultural, and environmental needs during the delivery process.
12. Reinforce breathing techniques to aid relaxation and delivery of the new born.
13. Support other family members present at the delivery and reinforce their roles as a participant.
14. Involve significant others unable to actively participate in the delivery.
15. Demonstrate knowledge of the role of the circulation nurse during the delivery.
16. Assist with the care of the mother and infant in the deli-very room.
17. Give immediate care to newborn.
18. Recognize the importance of newborn assessment.
19. Identify variations from normal in the assessment of the newborn.
20. Demonstrate an under-standing of legal and procedural aspects of the care for mother and infants in the delivery room.
21. Demonstrate an under-standing of the impact of the environment on the bio-psycho-social, emotional, spiritual, cultural, and environmental needs of the patient.
22. Demonstrate the ability to give routine recovery care to the mother considering holistic needs.
23. Assess bonding, recognizing blocks to bonding that exist in the usual hospital milieu.

**NUR 3805: Nursing The Family**  
**UNIT II: Maternal Infant Care**  
**FOCUS B: Applying the Nursing Process to the Patient/ Family Adapting During the Process of Giving Birth (continued)**

**LEARNING ACTIVITIES**

Complete appropriate sections of study guide - see Theory and Concept Syllabus.

Admit a patient to the labor/delivery room.

Support a patient in labor.

Assist the family/support person to be successful in their role.

Perform comfort measures for patient in labor.

Prepare Medication cards.

Prepare and administer prescribed medication.

Assess contractions for quality frequency and duration.

Assess fetal heart tones using feta-scope, dopler and fetal monitor

Complete Fetal Heart Monitoring record for patient cared for in labor

Care for patient, both pre- and postoperatively, who is undergoing a Cesarean Section

Review ethical and legal aspects of care in the labor & delivery suite.

Chart observations on patient.

Review policy concerning routine check of facilities.

Compare and contrast the patient undergoing normal labor and delivery and the patient requiring a Cesarian Section.

Prepare a nursing care plan for a patient undergoing C. Section.

Assist significant other in supporting patient.

Involve significant others in supporting the patient whenever possible.

Prepare one complete Nursing Care Plan on a patient cared for during labor and delivery.

Care for a patient through the entire process of admission, labor, delivery and infant assessment.

Prepare materials and perform activities necessary for:

- ◆ Identification of newborn (Footprints and Bracelets)
- ◆ Mother's bracelets and thumbprint

Prepare necessary documentation before the active phase of labor.

Document results of care.

London and Ludewig Ch. 17, 18, 19, 20

**NUR 3805: Nursing The Family**  
**UNIT II: Maternal Infant Care**  
**FOCUS C: Applying the Nursing Process to the Patient/Family Adapting During the Postpartum Period**

**OBJECTIVES**

The student will:

1. Demonstrate proficiency in nursing skills necessary for providing total care to the patient during the postpartum period.
2. Demonstrate proficiency in providing routine nursing care to the postpartum patient.
3. Assess mother's knowledge of infant feeding and provide information and help where indicated.
4. Exhibit an understanding of the family's psychophysiological needs during the puerperal period.
5. Demonstrate knowledge of medications commonly used in the care of the puerperal patient.
6. Implement a plan of care for the patient with complications.
7. Teach measures to prevent infection and care of episiotomy, breasts, hemorrhoids, etc.
8. Demonstrate the ability to assist mothers to adjust to psychophysiological changes of the puerperium.
9. Teach skills to meet the needs of the family.
10. Assess the patient's preparedness for discharge.
11. Demonstrate an understanding of discharge procedures and their importance to the patient/family.
12. Make referrals to community agencies as needed.

**LEARNING ACTIVITIES**

Complete appropriate sections of study guide - see Theory and Concept Syllabus.

Prepare preliminary care plan for approval before providing care.

Admit patient to postpartum area.

Assess and record pertinent information about patient's physical condition.

Provide nursing and prescribed medical comfort measures to reduce post delivery discomforts.

Prepare drug cards on commonly used medications.

Provide necessary medications to patients.

Prepare and utilize a teaching plan for a patient leaving the hospital with the newborn.

Prepare a complete Nursing Care Plan on a patient you have cared for during the postpartum period.

Provide discharge instructions to one or more patients.

London and Ludewig Ch. 23, 24

**NUR 3805: Nursing The Family**

**UNIT II: Maternal Infant Care**

**FOCUS D: Applying the Nursing Process to the Newborn Adapting to the Neonatal Period**

**OBJECTIVES**

The student will:

1. Demonstrate an understanding of the importance of the admission procedures in the newborn nursery.
2. Accurately perform admission procedures.
3. Recognize the characteristics of the normal newborn.
4. Recognize and report abnormal findings to the appropriate staff.
5. Observe and assess the newborn.
6. Demonstrate an understanding of legal and procedural aspects of care for infants in the newborn nursery.
7. Perform supportive and restorative nursing behaviors which are basic to achieving a functional state of adaptation in the newborn.
8. Demonstrate accuracy in performing special procedures. Record.
9. Observe and assist with circumcision..
10. Assist mothers in feeding infants.
11. Exhibit an understanding of the role of the family in the care of the newborn.
12. Implement the roles of communicator, caregiver, collaborator and teacher in the delivery of holistic nursing care.
13. Relate nursing interventions to accepted standards of practice as postulated by the American Nurses Association.
14. Demonstrate an understanding and importance of the exit interview with family.

**NUR 3805: Nursing The Family**  
**UNIT II: Maternal Infant Care**  
**FOCUS D: Applying the Nursing Process to the Newborn Adapting to the Neonatal Period (continued)**

**LEARNING ACTIVITIES**

Complete appropriate sections of study guide - see Theory and Concept Syllabus.

Review nursery policies.

Complete admission and discharge of an infant to the nursery.

Complete physical assessment and documentation on a selected infant. This assessment should include but not limited to:

- |   |            |   |          |   |          |
|---|------------|---|----------|---|----------|
| ◆ | Tonic neck | ◆ | Rooting  | ◆ | Babinski |
| ◆ | Sucking    | ◆ | Stepping | ◆ | Swimming |
| ◆ | Grasp      | ◆ | Head lag |   |          |

Assess infant delivered by Cesarean Section and compare to newborn delivered vaginally.

Prepare med cards on commonly used medications

Provide nursing care to selected pre-term, term, and post term infants.

Assist with special procedures including, but not limited to:

- |   |  |   |                |
|---|--|---|----------------|
| ◆ | PKU  | ◆ | Dextrostix     |
| ◆ | Lavage   | ◆ | Gavage feeding |
| ◆ | I and O  | ◆ | Monitoring IV  |
| ◆ | Caring for newborn in isolette and warmer                    |   |                |
| ◆ | Assist in setup and preparation of infant to be circumcised. |   |                |

Assess educational needs of the mother in her new role.

Provide bath demonstration and discharge teaching to selected mother.

Prepare a complete Nursing Care Plan on one infant cared for in Newborn Nursery.

London and Ludewig Ch. 26, 27, 28, 29

**NUR 3805: Nursing The Family**

**UNIT III: Nursing Process Applied to the Pediatric Patient/Family**

**FOCUS A: Applying the Nursing Process to the Well Child**

**OBJECTIVES**

The student will:

1. Demonstrate an understanding of the need to plan nursing interventions according to accepted standards of American Nurses' Association and American Academy of Pediatrics.
2. Utilize the principles of growth and development for children of various ages.
3. Demonstrate an understanding of the family and its effect on the growth and development of the child.
4. Demonstrate an understanding of the application of the nursing process in the care of children.
5. Demonstrate an understanding of the importance of obtaining a complete and accurate history on all patients.
6. Demonstrate an understanding of the need for complete age-appropriate assessment of the child as a holistic person.
7. Demonstrate the ability to perform psychomotor skills according to accepted procedure.
8. Apply teaching/learning principals which are directed toward the promotion, support, and restoration of wellness in children.
9. Demonstrate an understanding of the need for accurate and complete documentation of nursing care.
10. Utilize research and appreciate its importance in the care of the pediatric patient.

**Required Readings:**

London, Ladewig, Ball & Bindler (2007) Chapters 33-35, 37-38

**NUR 3805: Nursing The Family**

**UNIT III: Nursing Process Applied to the Pediatric Patient/Family**

**FOCUS A: Applying the Nursing Process to the Well Child (continued)**

**LEARNING EXPERIENCES**

Review Nursing Standards

Review Agency Policies.

Prepare growth and development summary sheets for each age group.

Observe family interactions.

Compare traditional and non-traditional families as observed in families encountered in the clinic setting.

Obtain interval health history on pediatric patients using appropriate communication with both child and parent.

Compare assessment to norms.

Participate in routine procedures used in health assessment and screening of children in the community setting.

Assist with immunizations in a clinic setting.

Prepare medication cards and know common medications utilized in the care of the child.

Plan and implement teaching for selected patients as part of nursing care and nursing care plan.

Document care on selected patients. Include teaching in documentation.

Keep current log on activities in health units or doctor's office.

Review current pediatric journals for research relative to nursing care of pediatric patients.

Prepare a brief written description of how the objectives were met and the learning activities utilized.

**NUR 3805: Nursing the Family**

**UNIT III: Nursing Process Applied to the Pediatric Patient/family**

**FOCUS B: Applying the Nursing Process to the Child in a Variety of Health Care Settings**

**OBJECTIVES**

**Prior to Practicum Required Reading & Review:**

London, Ladewig, Ball & Bindler (2007) Chapters 33-35, 37-38

Prior to practicum:

The student will:

1. Demonstrate an understanding of the similarities and differences in the care of the patient in a variety of health care settings..
  - ◆ Fears: Child; Family
  - ◆ Locus of Control
2. Recognize the needs of the family in the event of hospitalization of a child.
3. Utilize the process of scientific inquiry in the management of families experiencing hospitalization of the child.
  - ◆ Behavior of family and patient
  - ◆ Limit setting
  - ◆ Discipline
  - ◆ Discharge planning
4. Demonstrate an understanding of the principles of growth and development and variations observed in the ill child.
5. Demonstrate an understanding of holism and the need to view a child holistically.
6. Demonstrate an understanding of the effects of hospitalization on the child.
7. Demonstrate an understanding of the Nursing Process in the care of the child.
8. Utilize nursing strategies which promote attainment of maximum developmental levels while the child is hospitalized.
9. Demonstrate an understanding of the special precautions required in the care of Children.
  - Special aspects of pediatric nursing care:
    - ◆ Families role
    - ◆ Restraints
    - ◆ Mobility
    - ◆ Measurement of Vital signs
    - ◆ Pain Management
    - ◆ Nutrition
    - ◆ Fluids and electrolytes
    - ◆ Safety
    - ◆ Special treatments
    - ◆ Medication Administration
10. Demonstrate an understanding of the importance of the principles of teaching and learning.
11. Demonstrate an understanding of the importance of therapeutic communication techniques to enhance a professional relationship with children and families.
12. Demonstrate the role of care giver, communicator, and teacher in the delivery of nursing care to the pediatric patient and family.

**NUR 3805: Nursing the Family**  
**UNIT III: Nursing Process Applied to the Pediatric Patient/family**  
**FOCUS B: Applying the Nursing Process to the Child in a Variety of Health Care Settings**  
**(continued)**

**LEARNING ACTIVITIES**

Review agency policies.

Compare patient and family to those seen in doctor's office or clinics.

Interview family in preparation for care to identify the families involvement, their needs, their expectations of you as a caretaker.

Compare and differentiate between the role of nurse to that of mother/significant other.

Identify characteristics in assigned patients useful in preparing nursing care plan.

Review normal developmental levels for chronological age of assigned patients, utilizing any appropriate source.

Compare developmental norms for chronological age to developmental levels for assigned pediatric patients.

Utilize the nursing process in the care of selected pediatric patients.

Utilize therapeutic communication in the care of children and their families.

Outline normal pediatric anatomy and physiology of specific body systems for assigned patients.

Present pathophysiology specific to each patient cared for and its effect on future growth and development.

Outline age-specific nursing interventions and rationales for promotive, supportive, and restorative care.

Utilize scientific principles in the care of patients adapting to maladaptive states of wellness.

Safely perform psychomotor skills according to accepted procedures on children and adolescents.

Prepare medication cards and know commonly used pediatric medications.

Review pediatric dosage calculation.

Review principles of teaching and learning.

Implement teaching in the care of children and their parents.

Prepare a satisfactory nursing care plan for an assigned patient each week.

Utilize simulation scenarios in care of an infant, child, and/or adolescent.

**NUR 3805: Nursing the Family**

**UNIT IV: Nursing Process Applied to the Patient Undergoing Surgery.**

**FOCUS A: The Surgical Experience**

**OBJECTIVES**

The student will:

1. Demonstrate an understanding of the importance of planning, implementing nursing care as postulated by agency policy, American Nurses Association, etc.
2. Recognize the special needs of the patient and family relative to surgical intervention.
3. Demonstrate an understanding of the need for utilization of the nursing process in the care of patients before, during and after a surgical intervention.
4. Demonstrate an understanding of the need for complete assessment of the patient before, during, and after surgery.
5. Demonstrate an understanding for competence in performing basic nursing care to the surgical patient.
6. Demonstrate an understanding of the need for accurate and complete documentation on surgical patients.
7. Demonstrate an understanding of the importance of sterile technique in all aspects of care in the surgical unit.
8. Demonstrate an understanding of the need for regular monitoring of patients post operatively.
9. Demonstrate an understanding of nursing interventions specific to the recovery of patients post anesthesia.
10. Demonstrate the understanding of the importance of complete assessment of the patient before transfer to post operative unit.
11. Demonstrate the importance of utilizing safety precautions in the transfer of patients to post operative unit.

**NUR 3805    Nursing the Family**

**UNIT IV:    Nursing Process Applied to the Patient Undergoing Surgery.**

**FOCUS A:    The Surgical Experience (continued)**

**LEARNING EXPERIENCES**

**Required reading:**

Before the surgical rotation read policy manuals, materials provided on Sterile Technic, positioning patients for surgery, department policies etc..

Review policies

Observe activities of nurse.

Perform psychomotor skills safely on selected patients.

Assist with transfer of selected patient to post operative unit.

Review patient history

Assess selected patients at appropriate times.

Show beginning level competence in the provision of specific nursing procedures

Utilize sterile technique while carrying out nursing care for selected patients.

Assist in setting up and maintaining the sterile field.

Observe instrument cleaning and sterilization procedures.

Monitor and record vital signs of selected post operative patients.

Review chart for completeness on selected patients.

Report deficiencies to appropriate nursing personnel after consultation with clinical instructor.

Provide cues to selected recovery patients for turning, coughing and deep breathing, leg movements, etc.

Communicate with family concerning patient's recovery.

Assess selected patients in preparation for transfer to post operative unit.

Complete a log of activities while in the surgical experience including how objectives were met and learning activities performed.

Complete surgical prep sheet.

Complete Nursing Care Plan for a post surgical patient.

Formulate teaching plan for a post T&A child.

Provide discharge teaching for assigned patient in same day surgery.