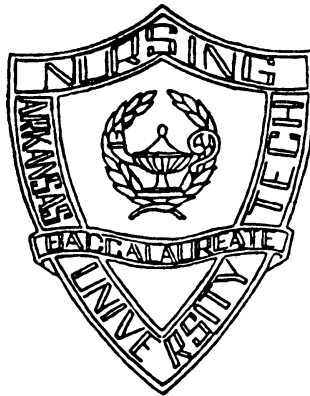


ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING



HEALTH ASSESSMENT

NUR 3304 AT1

**Fall
2009**

ARKANSAS TECH UNIVERSITY

DEPARTMENT OF NURSING

COURSE: NUR 3304 AT1 and AT2

TITLE: HEALTH ASSESSMENT

CREDIT HOURS: FOUR (4) HOURS

CONTACT HOURS: THEORY AND PRACTICE 4 HOURS

PLACEMENT: SUMMER AND FALL SEMESTER JUNIOR YEAR

INSTRUCTORS:

Shelly Daily

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COURSE DESCRIPTION:

The student uses the nursing process to assess the client by the utilization of observation, palpation, percussion, and auscultation skills. The language of Health Assessment is taught and methods of proper documentation are emphasized. The course provides guidance in specific assessment techniques and enables the student to recognize normal findings throughout the life cycle. The student collaborates with members of the health care team in the sharing of health findings in order to make a specific nursing diagnosis. Activities are provided which include the community as an aggregate client.

Instructional Resources:

Required textbooks:

Jarvis, C. (2007). Health Assessment Online for Physical Examination and Health Assessment Version 2 (5th ed.). Philadelphia: W. B. Sanders. Online version (User Guide, Access Code, and Textbook Package) ISBN 978-1-4160-5188-6

Justification/Rationale for the Course

The learner progresses toward program goals/outcomes 1, 2, 3, and 4 by the completion of this course.

This upper division professional nursing course provides opportunities for the student to apply knowledge and skills from the general education component and from nursing courses to the care of individuals.

Course Objectives:

On successful completion of this course, the nursing student will be able to:

1. Accurately document a health history.
2. Use appropriate techniques to assess the client through the utilization of inspection, palpation, percussion, and auscultation skills.
3. Use inspection, palpation, percussion, and auscultation to assess clients as a basis for nursing diagnosis.
4. Specify abnormal physical assessment findings through recognition of the normal.
5. Consistently utilize the language of physical assessment in describing health findings when documenting or describing the client's health status.
6. Apply theory and skills to the assessment of assigned clients in the clinical laboratory.
7. Use the criteria of growth and developmental norms in order to assess the current physical status of the client.

Evaluation:

1. Grading Scale

- A = 90 - 100
- B = 80 - 89
- C = 75 - 79
- D = 68 - 74
- F = 67 and below

- 2. A grade of "C" or above must be achieved in every nursing course in order to progress in the Nursing Program. Any grade below 75% will not be rounded up.
- 3. A grade of "I" may be recorded for a student whose work is incomplete due to circumstances beyond the student's control. The student must remove the "Incomplete" from his or her record before progressing to the next nursing course.
- 4. Examinations will be taken at designated times. If a student cannot take the examination at the scheduled time, he or she is responsible for contacting the instructor as soon as possible to make up the examination. Make-up examinations will be given at the convenience of the instructor of the course and scheduled at a specific time. The make-up examination may be a different exam from the scheduled exam.

Course Grade:

Exams:

Unit Test (4) 15% x 4.....	60%
*75 % cumulative grade required on the 4 units exams to pass course	

History

Recording.....	10%
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Physical Exam

Performance.....	10%
Recording.....	10%
Online exercises.....	<u>10%</u>
	100%

Student Role: Learner, Communicator, Assessor, Advocator, Researcher, Teacher, and Documenter.

Teaching-Learning Strategies:

Lecture and discussion, role play, demonstrating return demonstration, simulation, anatomical models, charts, diagrams, family pedigree, and audiovisual materials.

Teacher Role: Demonstrator, Evaluator, Facilitator, Resource Person, Role Model, Supporter, and Communicator.

CONDUCT OF THE COURSE:**Dress and Behavior:**

1. Wear lab coat or uniform when dealing directly with the public and when performing health history and final physical examination.
2. All students will be expected to practice physical examination skills on their own time with an adult volunteer.

Demonstration of a Physical Examination and Documentation:

1. Students will secure a non-pregnant adult subject (18 years of age or older) for the scheduled dates and times. Grade may be reduced for taped assessments arriving after the due date.
2. **Thirty minutes is allotted for the return demonstration**
3. Genital examination will not be a part of the physical examination.
4. A copy of the physical exam evaluation may be used during the physical exam demonstration. Excessive note use during the physical exam may result in up to a 10 point deduction.
5. Students will be responsible for room set-up prior to performing physical exam demonstrations.
6. The physical examination must be submitted in DVD or VHS format. The due date will be indicated on the calendar. Volunteers should wear shorts and sports bra or tank tops to provide privacy. Please do not send videos on alternative media.

Health History Write Up

Each student will select a client (well adult) to interview for the Health History. The student will use the Health History Test set for the Health History write up and submit to the course instructor for grading on the date indicated on the calendar. The adult may differ from the adult physical exam volunteer.