

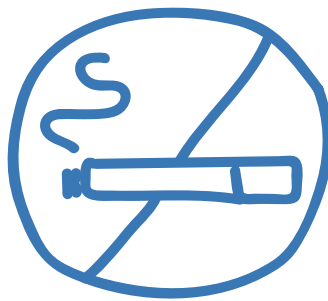
•• Break the habit without the expense ••

Tobacco cessation products are available to you at **low or no cost** through your health plan. Call the customer service number on the back of your ID card to learn more about how your benefits can help you quit.



No-Cost Products

- Bupropion SR (generic Zyban)
- Nicotine TD patch
- Nicotine polacrilex gum
- Nicotine polacrilex lozenge
- Nicotrol inhaler
- Nicotrol NS (nasal spray)
- Chantix



*Prescriptions required; must be purchased through a pharmacy.
Time limits for medications may apply.*

Looking for more help breaking the habit?

Blueprint Portal at blueprintportal.com and go to **Health & Wellness** then **Health portal** to find more resources on tobacco cessation and other healthy living opportunities.

