

DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION

The Department of Health and Physical Education has a nationally accredited (NASPE) program that is a part of the University core curriculum and the College of Education professional preparation program curricula designed to serve the students, faculty and staff of Arkansas Tech University.

Following are the NASPE standards:

1. Scientific and Theoretical Knowledge--Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals.
2. Skill and Fitness Based Competence--Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K-12 Standards.
3. Planning and Implementation--Physical education teacher candidates plan and implement a variety of developmentally appropriate learning experiences and content aligned with local, state, and national standards to develop physically educated individuals.
4. Instructional Delivery and Management--Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.
5. Impact on Student Learning--Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.
6. Professionalism--Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

The programs in the Department of Health and Physical Education are designed to prepare students for lifelong growth in the physical, intellectual, cultural, emotional and social dimensions. These goals and objectives are met through the qualified faculty's presentation of research-based information, utilizing the latest technology.

The Department of Health and Physical Education offers the following degree tracks:

1. Wellness/Fitness Programs: This track serves students who want to pursue professional preparation in the broad area of Wellness and Fitness Programs. This would include those students who desire to work in clinical based, commercial and/or corporate settings.
2. Health and Physical Education Teacher Licensure: This track serves students who want to teach K-12 Health and Physical Education, with a coaching license.

Driver Education Program

The driver education program has been designed to serve individuals preparing to be driver and traffic education teachers. Additional information about this summer program may be obtained by calling 968-0344.

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**Curriculum in Health and Physical Education
(Including Teacher Licensure Requirements)²**

Degree Completion Plan Beginning in Fall Semester

Freshman				Sophomore			
Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
ENGL 1013 ^{1, T}	3	ENGL 1023 ^{1, T}	3	HIST 2003 ^{1, T}	3	ART 2123 ^{1, T}	3
BIOL 1014 ^{1, T}	4	PHSC 1013 & 1021 ^{1, T}	4	POLS 2003 ^{1, T}	3	ANTH 2003 ^T	3
MATH 1113 ^{4, T}	3	GEOG 2013 ^{1, T}	3	SPH 2003 or 3083 ^T	3	ENGL 2003 ^{1, T}	3
HLED 1513 ^T	3	PE 2513 ^T	3	PE 2653 ^T	3	PE 3661	1
PE 1201	1	PE 2111	1	PE 3101	1	PE 3663	3
COMS 1003 or Equivalent ^T	3	WS 1002 ^T	2	PE 2101	1	SEED 2002 ^T	2
				PE 2523 ^T	3	PE 3051	1
Total Hours	17	Total Hours	16	Total Hours	17	Total Hours	16

Junior				Senior			
Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
PE 3103	3	PE 3583	3	PE 4203	3	SEED 4503	3
PE 3413	3	PE 3603	3	PE 4523	3	PE 4701	1
PE 3573	3	PE 3512, 3522, or 3532	2	HLED 4303	3	SEED 4809 ³	9
PE 4033	3	SEED 3552	2	SEED 4556	6		
SEED 3702	2	SEED 4052	2				
HLED 4403 ^T	3	PE 4513	3				
		HLED 3203	3				
Total Hours	17	Total Hours	18	Total Hours	15	Total Hours	13

Degree Completion Plan Beginning in Spring Semester

Freshman				Sophomore			
Spring	Fall	Spring	Fall	Spring	Fall	Spring	Fall
ENGL 1013 ^{1, T}	3	ENGL 1023 ^{1, T}	3	HIST 2003 ^{1, T}	3	ART 2123 ^{1, T}	3
BIOL 1014 ^{1, T}	4	PE 2653 ^T	3	POLS 2003 ^{1, T}	3	ANTH 2003 ^T	3
MATH 1113 ^{4, T}	3	GEOG 2013 ^{1, T}	3	SPH 2003 or 3083 ^T	3	ENGL 2003 ^{1, T}	3
HLED 1513 ^T	3	PE 2513 ^T	3	PHSC 1013 & 1021 ^{1, T}	4	PE 3661	1
PE 1201	1	PE 2101	1	PE 3663	3	PE 3101	1
COMS 1003 or equivalent ^T	3	WS 1002 ^T	2	PE 2111	1	SEED 2002 ^T	2
				PE 3051	1	PE 2523 ^T	3
Total Hours	17	Total Hours	15	Total Hours	18	Total Hours	16
Junior				Senior			
Spring	Fall	Spring	Fall	Spring	Fall	Spring	Fall
PE 3103	3	PE 3583	3	PE 4203	3	SEED 4503	3
HLED 4303	3	PE 3413	3	PE 3603	3	PE 4701	1
PE 4513	3	PE 4033	3	PE 3573	3	SEED 4809 ³	9
SEED 3552	2	PE 3512, 3522 or 3532	2	SEED 4556	6		
SEED 4052	2	PE 4523	3				
SEED 3702	2	HLED 4403 ^T	3				
HLED 3203	3						
Total Hours	18	Total Hours	17	Total Hours	15	Total Hours	13

¹See appropriate alternatives or substitutions in "General Education Requirements" on page 88.

²For licensure, students must achieve the minimum score on the Praxis II Specialty Area and Principles of Learning Teaching Tests as determined by the Arkansas Department of Education.

³Three semester hours of the student teaching requirement must be completed at the elementary or middle school level, below the ninth grade, where the cooperative teacher is certified in Elementary Physical Education OR student must complete a three-semester-hour internship under direct supervision from the staff of the University's Physical Education Department.

⁴Any higher level Mathematics course may be substituted for MATH 1113, College Algebra.

^TDesignates a block of courses that would provide for a seamless transfer into this program if equivalent courses are taken at another college or university.

Students are encouraged to meet at least minimal licensure requirements in a second field of teaching in addition to their major field of study.

Licensure requirements in Driver Education are as follows: Hold or be qualified to hold a standard six-year secondary certificate; Driver Education I, two semester hours; Driver Education II, two semester hours; First Aid, two semester hours. Total of 6 semester hours.

There are three levels in the Wellness/Fitness program. Students begin the first level by taking general education requirements and are introduced to basic concepts of the wellness/fitness program in PE 1201, Orientation to Health, Physical Education, and Wellness Science and WS 1002, Physical Wellness and Fitness.

During the second level, students complete general education requirements and take courses specific to the wellness profession. Admission to level two requires completion of PE1201, WS 1002, ENGL 1013, ENGL 1023, MATH 1113, BIOL 1014, and SPH 2173 with a grade of C or better.

The third level is the internship stage of the program. Admission to this level requires completion of all content area courses (HLED, PE, & WS) with a grade of "C" or better and a cumulative GPA of 2.00 or better.

Selected Second Teaching Fields

Wellness and Fitness Programs Option

**Curriculum in Health and Physical Education
(Wellness and Fitness Programs Option)**

Degree Completion Plan Beginning in Fall Semester

Freshman				Sophomore			
Fall		Spring		Fall		Spring	
ENGL 1013 ^{1, T}	3	ENGL 1023 ^{1, T}	3	Social Sciences ^{1, T}	3	ART 2123 ^{1, T}	3
BIOL 1014 ^{1, T}	4	PHSC 1013 & 1021 ^{1, T}	4	PE 2513 ^T	3	Social Sciences ^{1, T}	3
COMS 1003 or Equivalent ^T	3	SOC 1003 ^{1, T}	3	PE 2653 ^T	3	ENGL 2003 ^{1, T}	3
MATH 1113 ^{1, T}	3	SPH 2173 ^T	3	PE 2523 ^T	3	PE 3663	3
HLED 1513 ^T	3	WS 1002 ^T	2	WS 2031	1	PE 3661	1
PE 1201	1			PE 2861	1	ECON 2003 ^T	3
				WS 2003	3		
Total Hours	17	Total Hours	15	Total Hours	17	Total Hours	16

Junior				Senior			
Fall		Spring		Fall		Spring	
PE 3573	3	HLED 3203	3	Elective ^T	3	WS 4012	12
PE 4033	3	WS 2081	1	WS 4063	3		
WS 2043	3	WS 3023	3	JOUR 1163, 2133, or 2143	3		
WS 2091	1	PE 4103	3	WS 4003	3		
AHS 2013	3	WS 3003	3	HLED 4403 ^T	3		
MGMT 3003	3	MKT 3043	3				
Total Hours	16	Total Hours	16	Total Hours	15	Total Hours	12

Degree Completion Plan Beginning in Spring Semester

Freshman				Sophomore			
Spring		Fall		Spring		Fall	
ENGL 1013 ^{1, T}	3	ENGL 1023 ^{1, T}	3	Social Sciences ^{1, T}	3	PE 2523 ^T	3
BIOL 1014 ^{1, T}	4	PE 2653 ^T	3	PHSC 1013 & 1021 ^{1, T}	4	WS 2003	3
COMS 1003 or Equivalent ^T	3	SOC 1003 ^{1, T}	3	PE 2513 ^T	3	Social Sciences ^{1, T}	3
MATH 1113 ^{1, T}	3	SPH 2173 ^T	3	WS 2031	1	WS 2043	3
HLED 1513 ^T	3	WS 1002 ^T	2	ART 2123 ^{1, T}	3	PE 3661	1
PE 1201	1	PE 2861	1	PE 3663	3	ECON 2003 ^T	3
Total Hours	17	Total Hours	15	Total Hours	17	Total Hours	16

Junior				Senior			
Spring		Fall		Spring		Fall	
PE 3573	3	ENGL 2003 ¹	3	Elective ^T	3	WS 4012	12
WS 2091	1	PE 4033	3	MKT 3043	3		
AHS 2013	3	MGMT 3003	3	JOUR 1163, 2133, or 2143	3		
HLED 3203	3	WS 2081	1	PE 4103	3		
WS 3023	3	HLED 4403 ^T	3	WS 4003	3		
WS 3003	3	WS 4063	3				
Total Hours	16	Total Hours	16	Total Hours	15	Total Hours	12

¹See appropriate alternatives or substitutions in "General Education Requirements" on page 88.

^TDesignates a block of courses that would provide for a seamless transfer into this program if equivalent courses are taken at another college or university.