

**Attend and Present at the American Alliance for Health, Physical Education, Recreation, and Dance National  
Convention in Tampa, Florida**

**Report**

**Professional Development Grant**

**By**

**Shelia L. Jackson, Ph.D.**

**September 2, 2009**

### **Attend American Alliance for Health, Physical Education, Recreation, and Dance National Convention**

The purpose of attending the National AAHPRED Convention was to enhance my professional growth by presenting and attending professional sessions in the disciplines I teach. Below is a brief description of each session.

#### **Rollin' Round the Rim with the Rollin' Razorbacks**

In this presentation I described how to organize, advertise, recruit, and implement a three-on-three wheelchair basketball tournament to promote awareness and participation in adapted sports as we've done on this campus for the past three years (see attached power point and program description).

#### **Learning to Assess Motor Skills Via an Individualized Web-Based Application**

In the PE 3103 class that I developed, the assessment of children's fundamental movement patterns is key to our students' understanding of motor development and how to teach and correct skilled movement. This session showed a pilot program in which future physical education teachers and coaches could be trained in qualitative assessment practices using a web-based program. I gave the presenters my information so that when they are ready to field test the application, Arkansas Tech will be involved.

#### **The Dynamic Relationship Between Motor Skill Competence and Physical Fitness**

The presenters of this session reported on the results of their 3-year research study looking at the relationship between motor skill competence and physical fitness of children ages 5-14 and adults ages 18-25 & 35-55. The study is on-going and their hope is to develop a model for intervention strategies to change physical fitness/activity trajectories across the lifespan.

#### **Community-based Sports Model for Youth with Physical Disability**

Since one of my major areas of interest is adapted physical education, this session was extremely interesting and beneficial. The presenter described the program developed by BlazeSports America to deliver sport, physical activity, and healthy lifestyle programs to people with disabilities. I am going to use this information in my adapted classes this semester.

I appreciate very much the support and funding I received to attend and present at this convention.

Respectfully submitted,

Shelia L. Jackson, Ph.D.

