

Professional Development Grant Report
Arkansas Tech University

Participation in the Contemporary Forums: Obstetric Nursing

by

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Department of Nursing

July 29, 2009

Restatement of professional enhancement opportunity

Nursing Educator must continually stay current in the specialties for which they are preparing the nurses of tomorrow. New technology, practice protocols and evidence-based practice research is continually advancing the field of nursing. Educators are held to a professional, as well as legal standard, to stay current. We recently attended the Contemporary Forums Obstetric Nursing Conference held April 15-18, 2009 held in Orlando, Florida.

Review of professional enhancement opportunity

The purpose of this faculty development activity was to provide three ATU nursing faculty with an opportunity for professional enhancement by attending the 26th Anniversary Obstetric Nursing Conference. The learning objectives met were as follows: (1) explore life-threatening OB emergencies, including critical interventions for improving outcomes, (2) investigate ethical dilemmas and legal liability issues encountered in the care of high-risk OB patients, (3) utilize critical thinking skills and evidence-based practice guideline when planning management strategies, (4) evaluate the potential impact of chronic underlying medical conditions on pregnancy outcomes, including diabetes, obesity and hypertension, and (5) improve patient safety by addressing communication and conflict management skills.

Summary of experience

By attending the Obstetrics Forum the 3 faculty have obtained the latest information and practices being developed in the medical field. Continuing education is a vital part of any

nursing career—and a requirement for licensure and certification. Nursing faculty are required to teach current, evidence-based information. The National League for Nursing accredits the ATU nursing department and holds all professional nurses and educators to high standards of excellence. The NLN's core competencies of nurse educators task statements reflect the expectations of nurse educators to “demonstrate a commitment to life-long learning and “participate in professional development opportunities that increase one's effectiveness in the role. (National League for Nursing, 2005)” Furthermore, in the 2001 Arkansas Legislative session, Act 86 was passed, which authorizes the Arkansas State Board of nursing (ASBN) to establish Standards for requiring continuing education for all nurses. This conference enabled 3 faculty from the ATU nursing department to obtain continuing education contact hours for maintaining licensure. The knowledge gained from this conference will also allow faculty to disseminate the most current evidenced-based obstetrical nursing practices not only in the classroom but also in the clinical setting.

Conclusion and recommendations

In conclusion, the conference was extremely beneficial in expanding out faculties knowledge base. We plan to share the information gained with the community as well. The conference allows access to some parts of the conference online which we plan to share with the obstetrical unit locally where we attend clinicals. As unit manager, Sherry McClure, also plans on sharing this information with her nursing staff. In addition we hope to present highlights from the conference during an inservice for obstetrical nurses at St. Mary's Regional Medical Center.



Orlando, Florida

OBSTETRIC NURSING

April 16-18, 2009

CERTIFICATE OF ATTENDANCE

Shelly Daily MNSc, APN, CNE

This certificate verifies that this person has successfully completed the course and attendance requirements for this conference. The program is listed on the reverse side.

NURSES AND NURSE PRACTITIONERS - Contemporary Forums is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is approved for 16.5 contact hours.

This course is approved by Contemporary Forums, California Board of Registered Nursing Provider #04516, for 19.8 contact hours. This certificate must be retained by the licensee for a period of four years after the course ends. If not listed above, participant's California RN License #: _____

NURSE-MIDWIVES - This course is approved by the American College of Nurse-Midwives for 16.5 contact hours, Program #2005/021.

PHARMACOLOGY CREDIT FOR PRESCRIPTIVE AUTHORITY - A maximum of 4 hours of pharmacology credit may be earned by attending the Main Conference. *Rx* indicates sessions with pharmacology credit on the schedule on the reverse side. Participants are responsible for documenting pharmacology hours earned.

CASE MANAGERS - The course listed above was completed on 4/18/09 and is approved for 16.5 clock hours. Sponsor Code: CM1006; Approval number: A200. To claim these clock hours, log into your CE Center account at www.cmcertification.org.

Verified By:

Jeannine Strunk, BSN, RN
Program Manager

FULL CREDIT awarded unless
adjusted hours are noted below.

ADJUSTED CREDIT CF Initials

_____ RN Contact Hours (50-minute CA BRN)

_____ RN Contact Hours (60-minute ANCC)

_____ Hours

MAIN CONFERENCE

Thursday, April 16, 2009

- 7:00 a.m. Registration • Check-in • Displays
- 8:00 Program Objectives
- 8:05 High Tech Birthing: A Need for Balance
Elaine Zwilling, PhD, RN, LCCE, FACCE
- 8:50 Maternal Sepsis: Recognition and Management (1x • 25hx)
Suzanne McMurry Baird, MSN, RN
- 9:35 Refreshment Break • Displays
- 10:00 Pregnant and Diabetic (1x • 25hx)
Michael Barfield, MD
- 10:45 When You Don't Have the Luxury of Time: Ethical Decision Making in the Delivery Room
Thomas E. Wiswell, MD, FAAP
- 11:30 Questions and Discussion
Faculty Panel (1x • 25hx)
- 12:00 p.m. Lunch Break
- 1:00 A Look at the Effect of Some Chronic Illnesses in Pregnancy
Mary Ellen Burke Sosa, MS, RNC (1x • 25hx)
- 1:45 Strategies for Improving Communication: What You Think You Said Is Not What I Heard!
Arnold J. Lazar, MD
Anne Q. Meoli, MPH, BSN, RN, LCCE
- 2:30 Refreshment Break • Displays
- 3:00 Doing All We Can to Detect PTL Early and Prevent Preterm Birth (1x • 25hx)
Washington C. Hill, MD, FACOG
- 3:45 Questions and Discussion
Faculty Panel (1x • 25hx)
- 4:30 Adjourn

Friday, April 17, 2009

- 7:00 a.m. Displays
- 8:00 CONCURRENT SESSIONS #1
- #11 Multifetal Gestations: The Multiple Clinical Pitfalls (1x • 25hx)
Washington C. Hill, MD, FACOG
- #12 Thrombophilias and Pregnancy: A Dangerous Pair (1x • 25hx)
Cindy Krenig, MS, RNC
- #13 Critically Thinking Through Case Studies: Don't Just Treat a Symptom! (1x • 25hx)
Suzanne McMurry Baird, MSN, RN
- #14 OB Triage Challenges: Overcoming Obstacles in This Rapidly Changing Environment
Lorraine Parker, RN
- 9:05 Session Change
- 9:20 CONCURRENT SESSIONS #2
- #21 Care Challenges with the Obese Pregnant Patient (1x • 25hx)
Washington C. Hill, MD, FACOG
- #22 Complementary Pain Management Strategies in an Epidural Era
Elaine Zwilling, PhD, RN, LCCE, FACCE
- #23 Late Preterm and Early Induction Babies: Is It Safe to Come Out Yet?
Annapreet S. Bhullar, MD
- #24 OB PACU - From Queen Victoria to Dermatomes: Current Standards, Potential Complications
Elizabeth Hanus, BSN, RN
- 10:25 Refreshment Break • Displays

Friday, April 17, 2009 - continued

- 10:55 CONCURRENT SESSIONS #3
- #31 What to Do About the Pregnant Trauma Patient (1x • 25hx)
Mary Ellen Burke Sosa, MS, RNC
- #32 Forever in Our Hearts: The Bereaved Family
Maedele Green, MSN, RNC-NIC
- #33 Second-Stage Labor: When to Wait, When to Worry!
Sharon P. Hill, MS, RNC-OB, C-EFM
- #34 Update on Perinatal Infections (1x • 25hx)
Amanda Fuentes, MD
- 12:00 p.m. Lunch Break
- 1:00 CONCURRENT SESSIONS #4
- #41 EFM Then and Now: Changes, Reality and Current Standards
Ellen Kopel, MS, RNC-OB, C-EFM
- #42 1-2-3 Response to Maternal Hemorrhage (1x • 25hx)
Sharon P. Hill, MS, RNC-OB, C-EFM
- #43 Bedrest Blues: Tips for Supporting Your High-Risk Antepartum Patient
Cindy Krenig, MS, RNC
- #44 Pulmonary Complications Leading to Critical Illness During Pregnancy (1x • 25hx)
Suzanne McMurry Baird, MSN, RN
- 2:05 Refreshment Break
- 2:20 CONCURRENT SESSIONS #5
- #51 EFM: Case Studies
Ellen Kopel, MS, RNC-OB, C-EFM
- #52 Special Babies, Special Circumstances: What is Important Beyond NRP?
Karen L. Wiglit, MSN, NRP-BC
- #53 Conflict Management: How to Keep From Pulling Your Hair Out!
Barbara Hughes, MS, MBA, CNM, FACNM
- #54 Shoulder Dystocia: Stimulation and Team Training
Anne Q. Meoli, MPH, BSN, RN, LCCE
- 3:25 Adjourn

Saturday, April 18, 2009

- 8:00 a.m. New News! Cesarean Delivery on Maternal Request: Our Reality or Future Shock?
Barbara Hughes, MS, MBA, CNM, FACNM
- 8:45 The Perils of Pitocin (1x • 25hx)
Cindy Krenig, MS, RNC
- 9:30 Beating the Odds: Reducing the Risk of Legal Liability
Elizabeth G. Rudolph, JD, MSN, RN
- 10:15 Refreshment Break
- 10:45 Gestational Hypertension, Preeclampsia and HELLP: An Update (1x • 25hx)
Mary Ellen Burke Sosa, MS, RNC
- 11:30 MRSA: Managing the Perinatal Patient (1x • 25hx)
Sharon P. Hill, MS, RNC-OB, C-EFM
- 12:15 p.m. Questions and Discussion
Faculty Panel (1x • 25hx)
- 12:45 Conference Summary and Evaluation
- 1:00 Adjourn



OBSTETRIC NURSING

Orlando, Florida

April 15-18, 2009

CERTIFICATE OF ATTENDANCE

Preconference: Obstetric Emergencies: Rapid Assessment and Response

Shelly Daily MNSc, APN, CNE

This certificate verifies that this person has successfully completed the course and attendance for this Preconference held on April 15, 2009. The program is listed on the reverse side.

NURSES AND NURSE PRACTITIONERS - Contemporary Forums is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is approved for 6.75 contact hours.

This course is approved by Contemporary Forums, California Board of Registered Nursing Provider #04516, for 8.1 contact hours. This certificate must be retained by the licensee for a period of four years after the course ends. If not listed above, participant's California RN License #: _____

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Preconference

Obstetric Emergencies: Rapid Assessment and Response

Laura Krieger, BS, RN, CCRN

Cyndy Krening, MS, RNC

Wednesday, April 15, 2009

- 7:00 a.m. Preconference Registration • Check-In
- 8:00 **Developing "Rapid Assessment" Techniques [ABCDE Surveys/IAPP]**
- 8:15 **Neurologic Assessment/Identification/Response (R = .25 hr.)**
- Recognizing Changes in Intracranial Pressure from Hypoxia, Hypercapnia, Hypervolemia or Electrolyte Disturbances
 - Understanding the Blood-Brain Barrier, Glycolysis, Electrolytes, Osmolality or Osmolarity
 - Ischemic Stroke
- 9:30 **Neurologic Case Review/Summary**
- 9:45 Refreshment Break
- 10:00 **Pulmonary Assessment/Identification/Response (R = .25 hr.)**
- Respiratory Distress, Failure or Arrest
 - Restrictive/Obstructive Airway Insults: Bronchospasms, Status Asthmaticus, PE or Pulmonary Edema
 - ARDS
- 11:15 **Pulmonary Case Review/Summary**
- 11:30 **Questions and Discussion (R = .25 hr.)**
- 12:00 p.m. Lunch Break
- 1:00 **Cardiovascular Assessment/Identification/Response (R = .25 hr.)**
- Cardiac Dysrhythmias: Bradycardia, Tachycardia or Life-Threatening
 - Hypertensive Crisis
 - Shock: Hypovolemic, Septic or Cardiogenic
 - Cardiac Arrest
- 2:15 **Cardiovascular Case Review/Summary**
- 2:30 Refreshment Break
- 2:45 **Obstetric Documentation: Minimizing Your Liability**
Cyndy Krening, MS, RNC
- 3:45 **Questions and Discussion**
- 4:15 **Adjourn**



CONTEMPORARY
FORUMS

OBSTETRIC NURSING

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Melissa Darnell MSN, APN, CNE

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